

2016-17

ACTIVITY REPORT

1. 21-/06/2016 -Yoga day Celebration –in collaboration with NCC & NSS

In association with International yoga day celebrations we have conducted a workshop on Yoga in collaboration with NCC & NSS in the Indoor stadium. 83 students participated and Mr. Vinu, expert on Yoga delivered classes to the students which included practical sessions.



2. 12/07/2016 - Sports students fresher's day Celebration

Department conducted fresher's day celebration to welcome our I DC students which also included an orientation session. Head of the department Dr Stalin give an introduction about our college and sports culture. Coaches Mr. P C Antony, Mr. Sanjay Baliga give instructions to the students and followed cultural programmes of new comers were conducted.

3. 19/7/16 - Sports convocation

Our college organized a Sports convocation for all sports students. In this ceremony, the college gave cash awards, mementos and trophies for their achievements.



4. 31/08-1/09/2016 - Calicut University D Zone Shuttle badminton

The college hosted the Calicut University D Zone Shuttle Badminton competition. Teams from 24 colleges of D-Zone /Thrissur Dt. participated in this Championship



5. 22/09/2016-24/09/2016 - Inter Zone Shuttle Badminton Championship



Inter-zone shuttle badminton championship was also held at St Joseph's college Irinjalakuda. 16 Colleges in men's category and 12 colleges in women's category participated in this championship, which was inaugurated by Dr.Sr. Christy, Principal. In the closing ceremony, Dr. Sakeer Hussain V.P, Director, Department of Physical Education, University of Calicut distributed the trophies to the winners and also declared the Calicut University Shuttle badminton team.

6. 19/11/2016 Adventure Park Inauguration

New initiative of our department, the Adventure Park was inaugurated by Wg. Cdr Unnikrishnan Palat, Retd. This is the first of its kind in Kerala in an Arts and Science College.



7. 19/11/2016 - Paragliding and parasailing demonstration

The department conducted a paragliding and parasailing demonstration for students. Wg. Cdr Unnikrishnan Palat who retired as Chief Instructor, Paragliding, Indian Air force and Mr. Ratheesh -Adventure sports Instructor demonstrated in detail how to use wind for flight.



7 -11- 2021 - Intramural competitions

Intramural competitions started on 7-11-2021 we organize chess, Shuttle badminton, carroms and Throw ball.

22-12-2016 - Christmas celebration

Department of physical education conducted Christmas celebration with whole sports Student and coaches. Department faculties and Coaches gave Christmas messages.

8. 7-8/01/2017 - Inter collegiate football championship

Inter collegiate Football Championship was conducted by our college at St. Joseph's College Football Stadium, Irinjalakuda. Our Principal Dr. Sr. Christy inaugurated the Championship and 7 Colleges from Calicut University participated in this championship. In the closing ceremony, Dr. Sakeer Hussain V.P, Director, Department of Physical Education, University of Calicut distributed the trophies to the winners and also declared the Calicut University Football team.



9. 7/01/2017 - Reception for All India Inter university Basketball winners

Reception for All India Inter University Basketball winners at Railway station Thrissur. Principal Vice Principal and few teachers and students arrived the railway station and received the students. 7 members of the team were players from St Joseph's college and also were the coach and the manager.



10. 7/01/2017 – Reception at college for All India Inter university Basketball winners

Organized a grand reception at college auditorium for All India Inter University Basketball Winners and the Principal distributed cash award to the winners.



11. 7/01/2017 – Reception at college for All India Inter university Volleyball winners

Organized a grand reception at college auditorium for All India Inter University Volleyball Winners and our chief guest Dr. Manoj T.I who is the Director of Student welfare, Kerala Agriculture University, Mannuthy distributed cash award to the winners and Dr. Sakeer Hussain V.P, felicitated the winning players, the coach and the college management. 8 of the team members were from St Joseph's college.



Annual Sports Day, Spiritus - 17

Annual Sports day –Spiritus ‘17 was inaugurated by Dr. Sr Christy who also received salute in the march past. Oath was taken by General Captain Miss. Aparna, followed by releasing of balloons by retiring faculties.

