

## **ACTIVITY REPORT - 2018-19**

### **Department of Physical Education -**

#### **Fresher's Day Celebrations -2018-19**

Department of physical education organize fresher's day programme to invite new Sports stars to college and head of the department Dr Stalin give introduction about our college and our coaches Mr. P C Antony, Mr. Sanjay Baliga and Mr. Jinu give instructions to the students and followed cultural programmes of new comers were conducted after it II DC students invite newcomers to given lighten candles.



### **14-06-2018 – Penalty shoot out contest**

In Connection with 21<sup>st</sup> FIFA World Cup Football -2018. (14 June to 15<sup>th</sup> July) our department conducted a penalty shootout contest for college students. Our principal Dr. Sr Isabel Inaugurated the penalty shootout contest. 478 students participated in this contest



## **21-06-2018 - International Yoga Day Celebrations**

Yoga Day celebrations inaugurated by our Principal Dr. Sr. Christy and Deliver a Speech about International Yoga Day. After this session conduct a demonstration programme by Mr. Viju. Students follow the demonstrations. Welcome Speech by Dr. Stalin Raphel after this session Ms. Thushara Philip deliver vote of thanks.





### 13-14/08/2018 All Kerala Volleyball and Basketball tournament

Golden Jubilee Memorial Paul T John Tattil Memorial All Kerala Inter collegiate Women Volleyball and E P Janardanan Memorial All Kerala Inter collegiate Basketball Tournament player and Arjuna awardee. 6 teams in Volleyball & 6 teams in Basketball participated in this tournament. In the closing ceremony chief guest Mr. Jomon John (magistrate, Irinjalkuda) Distribute the trophies to the winners.



## **28-08-2018 - National Sports Day**

In connection with national sports day Department of Physical Education conducted Mobile sports quiz and Sports equipment exhibition. 102 participants performed in Mobile quiz.

### **Sports Quiz**



### **Sports equipment's exhibition**





### **18/11/2018 –District Senior and Youth Volleyball championship**

Senior District Volleyball championship conducted by our college Inaugurated by our Vice principal Dr. Sr. Blessy and welcome speech by Vice president of Thrissur District Volleyball Association Mr. Joshi and Felicitated by Dr. Stalin Raphel and Association member Deliver vote of thanks. Dr. Sr Blessy given Ball to Captains and inaugurated the Championship



## **2 – 10 – 2018 Calicut University Intercollegiate Volleyball Championship**

Calicut University Intercollegiate Volleyball Championship organized by our college 7 teams participated from different colleges. This championship inaugurated by our Principal Dr. Sr. Christy

St Joseph's College became the Winners of the championship and St Mary's college Sulthanbathery became the Runner up in the closing ceremony Calicut University Director of Physical Education, Dr. Sakeer Hussain Distribute the trophies and declare the University team list. 8 players from St. Joseph's College.



## **18- 12- 2018 - Sports Merit Day**

The day to give special recognition to National level Sports achievers





## **1-10-2018 - Calicut University Football Championship**

Calicut University Intercollegiate Football Championship organized by our college teams participated from different colleges. This championship inaugurated by our Principal Dr. Sr. Isabel, St Joseph's College became the Winners of the championship in the closing ceremony Calicut University Director of Physical Education, Dr. Sakeer Hussain Distribute the trophies and declare the University team.



## **10-02-2019 –Karate Demo**

Conducted a demonstration on Karate. They demonstrate katas and attacks. This group demonstrated different defensive techniques. It create the importance of self-defense for women and give awareness about it to students. O9





**14 – 02 – 2019 -Annual Sports day - SPIRITUS -19'**

Annual Sports day 2018-19 conducted on 14-02-2019. It was inaugurated by Dr. Sr Christy who also received salute in the march past. Oath was taken by General Captain. Olympic torch lightened by National Medallists of St Joseph's followed by various events for students and faculties.



**8-03-2019      -      Send off function – 2018-19**

Dept. of Physical Education arranged a send off function to the final year sports students. All coaches and Sports students participated in this function and second year students leads the programme

