

# Ablaze



*The Sibyl*  
2024



St. Joseph's College (Autonomous), Irinjalakuda



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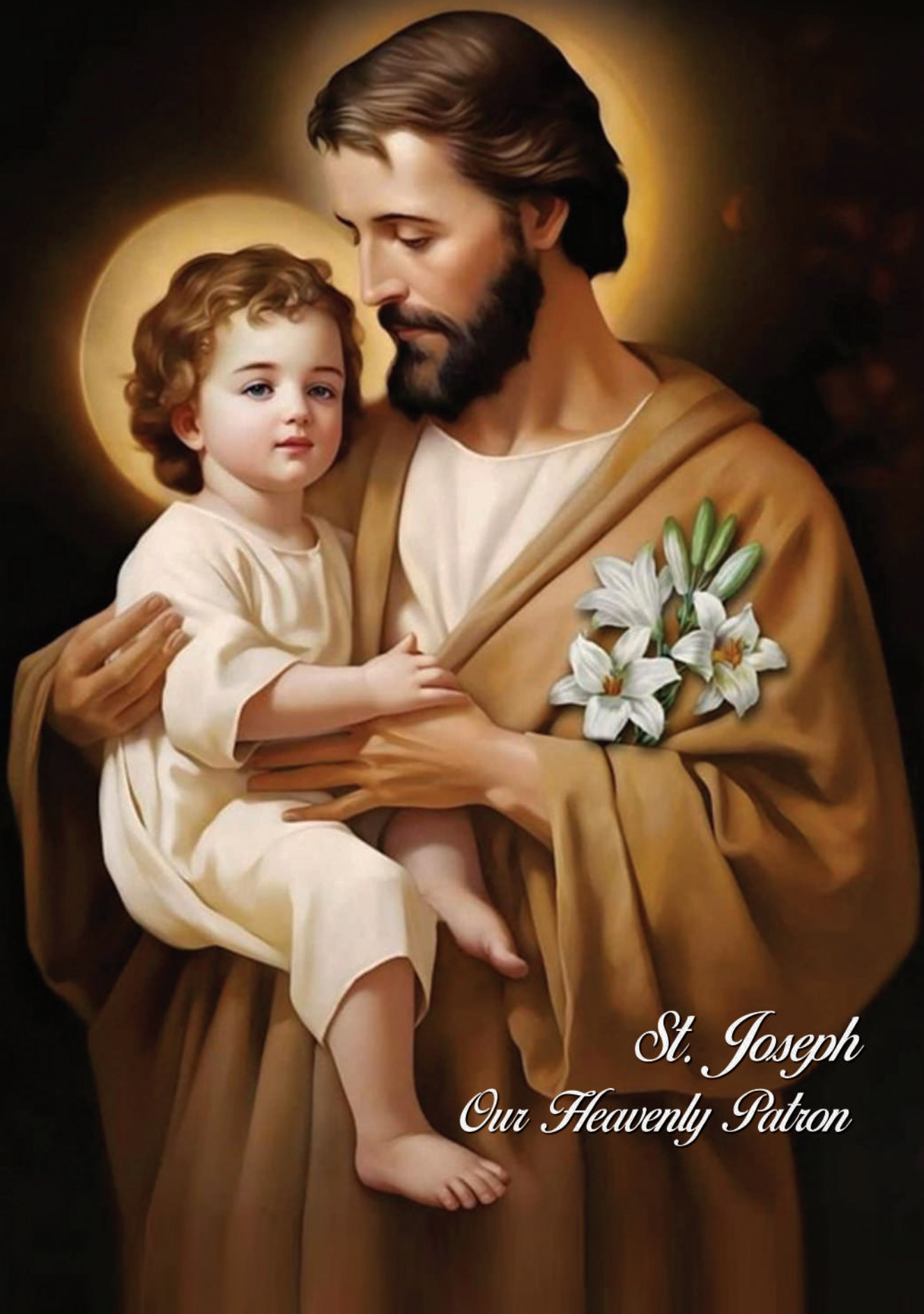


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*St. Joseph  
Our Heavenly Patron*

# Declaration

Magazine of St. Joseph's College (Autonomous), Irinjalakuda statement about ownership and other particulars about "The Sibyl" 2024. Form IV (see rule 8).



Dr. Sr. Blessy  
Principal



Ms. Sameena Thomas  
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Dept. of Commerce (Aided)



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Ms. Maneesha C  
Committee Member  
Dept. of Malayalam (SF)

I, Dr. Sr. Blessy, declare that the above particulars are true to the best of my knowledge.

sd/-  
Dr. Sr. Blessy



## OUR MOTTO

Light Life Love

## OUR VISION

Women empowered and liberated through knowledge for a brave new world of ideal families.

## OUR MISSION

Creating an educational environment for the total development of young women in this globalized e-world through value based holistic instruction across a wide range of disciplines and mainstreaming a gender perspective in the national development process



Saint  
**MARIAM THRESIA**

Patroness of Families

Foundress, Congregation of the Holy Family



Venerable  
**FR. JOSEPH VITHAYATHIL**  
Co - founder, Holy Family Congregation

# PATRON



**MAR PAULY KANNOOKADAN**  
Bishop, Diocese of Irinjalakuda



Rev. Dr. Fr. **KIRAN THATTLA**  
College Chaplain  
Chancellor, Diocese of Irinjalakuda



**Rev. Sr. Dr. Annie Kuriakose CHF**  
Superior General,  
Holy Family Congregation



**Rev. Sr. Elsy Kokkat CHF**  
Provincial Superior, CHF Pavanatma Province  
Manager from 2021 - 2024  
St. Joseph's College (Autonomous), Irinjalakuda



**Rev. Sr. Dr. Treesa Jose CHF**  
Provincial Superior, CHF Pavanatma Province  
Manager (2024 Onwards)  
St. Joseph's College (Autonomous), Irinjalakuda



# In the Loving Memory of



Dr. Sr. Clerisa C.H.F  
Former Head  
Department of History  
(Service Period 1973 - 2002)



Rev. Sr. Cleopatra C.H.F  
Senior Office Superintendent  
(Service Period 1965 - 1992)



Ms. Arya K. N  
I M.A Malayalam



Ms. Parvathy A. M  
II M.Sc Bio Technology



# The Constitution of India

## PREAMBLE

**WE, THE PEOPLE OF INDIA,**  
having solemnly resolved to constitute India into a  
**SOVEREIGN SOCIALIST**  
**SECULAR DEMOCRATIC REPUBLIC**  
and to secure to all its citizens:

**JUSTICE**, social, economic and political;  
**LIBERTY** of thought,  
expression, belief, faith and worship;

**EQUALITY** of status and of opportunity;  
and to promote among them all  
**FRATERNITY** assuring the dignity of the  
individual and the unity and  
integrity of the Nation;

**IN OUR CONSTITUENT ASSEMBLY**  
this twenty-sixth day of November, 1949, do  
**HEREBY ADOPT, ENACT AND GIVE TO**  
**OURSELVES THIS CONSTITUTION.**





**Dr. Sr. Blessy**  
Principal  
(June 2023 Onwards)



## Message from the Principal

Dear Students, Faculty, Alumni, and Friends of St. Joseph's College,

As we celebrate the Diamond Jubilee of St. Joseph's College, Irinjalakuda, it fills my heart with immense pride and joy to extend my warmest greetings to each member of our college community. This milestone marks 60 years of unwavering commitment to academic excellence, holistic development, and service to society.

Our journey began in 1964, driven by a vision to empower young minds through quality education grounded in the values of integrity, compassion, and faith. Over the decades, we have nurtured countless students, helping them to achieve their dreams and contribute meaningfully to the world. Today, as we reflect on our achievements, we also look forward to the future with renewed enthusiasm and dedication.

The Diamond Jubilee is not only a time for celebration but also for reflection and rededication. It is an opportunity to honour the legacy of those who laid the foundation of our esteemed institution and to acknowledge the efforts of our dedicated faculty, staff, students, and alumni who have carried forward our mission with passion and diligence.

As we move ahead, let us continue to embrace the values that define us—academic rigor, ethical leadership, and a deep sense of social responsibility. Let us innovate, inspire, and ignite the minds of future generations, ensuring that St. Joseph's College remains a beacon of excellence in higher education.

I extend my heartfelt gratitude to everyone who has been a part of our journey. Your support and contributions have been invaluable. Together, let us embark on this new chapter with faith and optimism, striving to achieve greater heights.

May God bless our endeavours and guide us in our mission.

With warm regards,

Dr. Sr. Blessy

Principal

St. Joseph's College (Autonomous), Irinjalakuda



## Message from the Manager

Dear Members of the St. Joseph's College Community,

It is with great joy and pride that I extend my heartfelt congratulations to the entire St. Joseph's College family as we celebrate our Diamond Jubilee. This 60-year milestone is a testament to the enduring spirit, dedication, and collective effort of everyone associated with our institution. As we commemorate this significant year, we honour the visionaries who established this college and the countless individuals who have contributed to its growth and success. Our college has not only been a centre of academic excellence but also a nurturing ground for values, character, and holistic development. It is these qualities that have set St. Joseph's College apart and will continue to guide it in the years to come. I would like to extend special congratulations to the magazine committee for their tireless efforts and creativity in bringing out this commemorative edition. The college magazine has always been a vibrant reflection of our institution's life, capturing the spirit, achievements, and aspirations of our students and faculty. This Diamond Jubilee edition, I am sure, will be an extraordinary testament to our rich legacy and dynamic present. To the students, faculty, alumni, and staff, I express my deepest gratitude. Your hard work, dedication, and unwavering commitment have been the pillars upon which our college stands tall today. As we look to the future, let us continue to uphold the values that have brought us this far and strive for even greater excellence and impact. May this Diamond Jubilee year inspire us all to renew our commitment to the mission of St. Joseph's College. Let us work together with faith, hope, and love to build on our legacy and create a brighter future for generations to come. God bless you all.

With warm regards,

Dr. Sr. Treesa Joseph

Manager

St. Joseph's College (Autonomous), Irinjalakuda

# Editorial

A college magazine is more than a recollection of the incredible heights of the achievements we have acquired and the memories we have created. It is an opportunity to express yourself through print and paint – a dedicated platform for the young blood to raise the right questions against structural injustices.

This year, the magazine has been titled ***Ablaze***, which signifies being radiant with light or emotion. The title ***Ablaze***, captures the magazine's core spirit, symbolizing the intense passion that drives one to ask pressing questions and tackle important, often-avoided topics with courage and conviction. It also serves as a milestone publication commemorating the diamond jubilee and honouring 60 glorious years of legacy the college has built. As you flip through these pages, you will find a plethora of articles addressing contemporary and social issues. In this edition, we commit to shed light on the catastrophic reality of wars, the constant battle for gender rights, the harsh truths of poverty, the political scenario within the country and worldwide, environmental concerns, honouring diverse orientations, and the necessity to acknowledge mental health struggles.

***Ablaze***, is more than a magazine; it is a call to awareness. It serves as a wake-up call to amplify the voices of marginalized groups. It's time for us, as the backbone of our nation, to recognise this as our responsibility and take action, rather than merely being a digital generation. The late Dr. Peter L. Benson, a renowned psychologist, rephrased Plutarch's famous saying to "Youth are not vessels to be filled, but fires to be lit."

Let us spark meaningful conversation, ignite compassion, and bring in a collective effort. Together, let us set our hearts ablaze and strive to create a better tomorrow.

Angeline Sunny  
Student Editor



# Legatum

Diamond Jubilee Inauguration



# Six Decades of Empowering Women and Enhancing Families



In the quiet town of Puthenchira, Kerala, a young woman named Mariam Thresia dreamed of a world where women could shape their futures and empower their families through education. Driven by her deep compassion and commitment, she emerged as a symbol of hope for those around her, defying traditions and shattering the barriers that limited women's roles in society. In 1914, she established the Congregation of the Holy Family, a religious community dedicated to family-oriented service and social upliftment. Her vision laid the groundwork for a lasting legacy, St. Joseph's College, founded in 1964.

The story of St. Joseph's College starts as a simple undertaking.

A testament to the dedication and dreams of the residents of Irinjalakuda who yearned for better opportunities for their daughters. Under the guidance of Rev. Father Gabriel and with the help of the Sisters of the Holy Family, the college was initially set up as the "Women's Section" of Christ College, operating out of an old post office building. By Christmas of 1964, the college had moved to its permanent campus and adopted its new name, St. Joseph's College.

Over the years, St. Joseph's College flourished, nurtured by leaders who believed in its mission. Mother Josephine, one of the early guiding forces, played a pivotal role in establishing the college's standards of excellence. The college's influence expanded, shaping the lives of countless women who passed through its halls. The institution garnered prestigious NAAC accreditations, achieving a 'B++' in 2007, an 'A' rating in 2013, and an impressive 'A++' with 3.66 points in 2023.

In 2014, the college commemorated its golden jubilee, marking 50 years of empowering young women. The diamond jubilee celebrations in 2023 were blissful, filled with pride and merriment as the college marked six decades of commitment. The UGC Chairman graced the event, inaugurating the celebrations that included a lively carnival, complete with food stalls, games, exhibitions, and competitions showcasing the talents of students, alumni, and faculty.

Today, St. Joseph's College stands as a symbol of hope, resilience, and academic achievement. With its history deeply rooted in the spirit of community and a dedication to social responsibility, the college continues to honour St. Mariam Thresia's vision. It remains true to its mission to boost innovation, excellence, and an enriching educational environment that prepares women to lead with courage and integrity.

As it looks toward the future, St. Joseph's College is more committed than ever to strengthening women and enhancing the community's well-being. Each milestone celebrated is a tribute to the founders, faculty, students, and well wishers who shaped its path. The legacy of St. Mariam Thresia lives on, inspiring generations to come and lighting the way toward a world made better by education and compassion.

- Student Editor

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# Annual Report 2023-24

Esteemed luminaries on and off the dais, warm greetings of 60th College Day.  
"You have crowned the year with your bounty. And your paths drip with fatness"  
(Psalms - 65:11)

With humbled heart and elevated spirit, St. Joseph's College stands at the zenith of sixty dazzling years of academic excellence and a cherished legacy of knowledge and growth. The diamond jubilee celebrations, "Legatum 60" was a special commemoration of six decades of "embracing love, illuminating light, and empowering lives." I humbly bow before God almighty, the visionary zeal of the Congregational Foundress Saint Mariam Thressia and Co-founder Servant of God Rev. Fr. Joseph Vithayathil, and the benevolent blessings of our pioneers for guiding us through all these sixty years of graceful education. On this occasion of our 60<sup>th</sup> College Day, let us pay soulful homage to our former Faculty of the Dept. of Zoology, Ms. Omana Augustian, who was called for eternal bliss. I remember with sorrowful heart the loss of two students, Arya K.N. of First MA Malayalam and Parvathy A. M., Second MSC Biotech. May their souls rest in eternal peace. The college community bids farewell salute to four irreplaceable gems who step out of their professional lives this year.

**Dr. Roselin Alex**, Associate Professor and Head Dept. who is of Botany, who is a paragon of perfection and a visionary leader whose unwavering commitment and passion for academic excellence have left an indelible mark on the department. Her contributions to the institution are multifarious. We hold in high regard her meritorious services rendered in academic and non-academic pursuits of the college.

**Sr. Ally Antony**, Head Accountant is an indispensable financial steward whose meticulous expertise and dedication played a pivotal role in the smooth conduct of the college office over the years.

**Ms. Rosily K.D.**, Lab Assistant, Department of Chemistry is an industrious human being with exemplary strength and perseverance throughout her career.

**Ms. Lucy N.T.**, Lab Assistant, Department of Botany, whose invaluable support was priceless for the department to maintain a meticulous and organised laboratory environment. In a special way, let me salute your priceless services to the college and wish you all good things when you move along newer pastures. St. Joseph's wishes you all happiness, contentment, and health in your retired life. With my heart brimming with gratitude and joy, I stand before this august assembly for the formal presentation of the Annual Report of the College to highlight the manifold academic activities of 2023-24. May I now present the annals of the bygone academic year.

## MILESTONES AT A GLANCE

- The autonomy extension for the next 10 years has been approved by both the University Grants Commission (UGC) and the University of Calicut.
- The Department of Science and Technology has approved the CURI Fund and FIST Fund for the college.
- As part of National Education Policy, the college has implemented the Academic Bank of Credit System from 2021 admission onwards, and semester mark cards are available through Digilocker. Our college stands first in providing transcripts through Digilocker among the autonomous colleges in Kerala.
- The institution's Innovation Council has achieved three-star grading in the annual performance ranking.
- St. Joseph's College has secured top position, as per the India Today Ranking.
- The Honourable Chairperson of the University Grants Commission (UGC), Prof.

M. Jagadesh Kumar, visited the college and interacted with the students and faculty in connection with the Diamond Jubilee Celebrations

- Sr. Blessy, Ms. Litty Chacko, and Dr. Sr. Anjana from the college participated in the exhibition at the UGC pavilion in New Delhi conducted by the Ministry of Education. Our college was the only college from Kerala selected for the exhibition.
- Received State Level Award for Best NSS Units for the Flagship Programme—No To Drugs.
- Sr. Floweret, Assistant Professor, Department of Biotechnology, secured SERB TARE Grant.
- Ajeesha A of First MA English represented the Indian University powerlifting team in the World University Championship held in Slovenia.
- Our College was honored with the Chief Minister's Prathibha Award, recognizing the achievements of 12 students; each received a grant of Rs. 1 lakh and a certificate of appreciation.
- The Water Quality Analysis initiative of the Department of Biotechnology has been officially recognized by the Kerala State Pollution Control Board.
- Three students from the college have been selected as NEP Saarthi—Student Ambassador for Academic Reform in Transforming Higher Education in India.

## I. FACULTY OF ARTS English(Aided)

The Research and Postgraduate Department of English commenced the activities for the academic year 2023-24, with the inauguration of Research Forum and a One Day Workshop on Research Methodology on 20/07/2023. The Resource person was Dr. Binil Kumar M.R, Assistant professor, Department of English, St. Paul's College, Kalamassery. The Inauguration of the Association 'Literaria' was held on 06/10/2023 by Dr. Kavitha Balakrishnan, Dean, Fine Arts, Calicut University. Dr. Kavitha Balakrishnan delivered a lecture on the topic "Musings on the Female Genealogies of Artistic Thinking in History". An academic extension programme CONNECTTE was organised at CMSLP School Irinjalakuda. As part of this extension activity, students from different batches took classes for the school students and organized Onam and Christmas celebrations at the school. The Commemoration Day of late Ms. Sheena P.C, Assistant Professor, Department of English, St. Josephs College was conducted on 4<sup>th</sup> October 2023. A National Seminar on "Dynamic Interfaces of Human Rights: Evolving Perspectives in Culture, Ecology and Media" sponsored by the Institute of Parliamentary Affairs, Govt. of Kerala in collaboration with Department of History, St. Joseph's College, Irinjalakuda was organised on 6/12/2023 and 7/12/2023. A Faculty and Student Exchange Programme in collaboration with Jayaraj Annapackiam College for Women, Theni, Tamil Nadu was conducted on 20/01/2024. 'Poet's Day' was conducted on 09/02/2024. The Resource Person was the renowned Malayalam writer Ms. Sheela Tomy. Kritikose: An Intercollegiate Best Research Paper Competition was conducted in honour of late Ms. Sheena P.C. Rupees 5000 was given as the first prize and Rs. 2000 as the second Prize. Ms. Sheena P.C Endowment lecture on the topic "The Culinary Exodus: Understanding our Platter" was held on 23/02/2024 by Dr. Gigy J Alex,

Associate Professor, Dept. of Humanities & Social Sciences, Indian Institute of Science and Technology, Trivandrum. Dr. Deepa Roy was recognised as Research Guid and Dr. Sonima K.K was awarded Phd in English by the University of Calicut.

### Economics

In connection with World Environment Day, the Department of Economics conducted an inter-departmental collage-making competition on 5th June 2023. Students from various departments enthusiastically participated and won the prizes. An International Conference was conducted in association with IEDC & IIC on 8th August 2023, with an eminent resource person, Dr. Justin Paul, Professor, University of Puerto Rico, USA, and the Editor-in-Chief, International Journal of Consumer Studies, on the topic "New Business Environment and the Strategies for Success." Reading Day was celebrated by reading the ancient economist Chanakya's book Chanakya Sutra on 19 June 2023. The book was read by the students, and a quiz was conducted on the readings. Our proud alumna, Dr. Valsa John C., former head and PG self-financing coordinator of the Department of Economics, St. Joseph's College, addressed students on 30th June 2023. The PG Department of Economics celebrated World Population Day on 11th July 2023. The talk was initiated by PG student Angel Calfinito Simethy on the theme "Unleashing the Power of Gender Equality: Uplifting the Voices of Women and Girls to Unlock our World's Infinite Possibilities." The Independence Day Celebration "Patriotic Palooza: Celebrating Independence Day 2023 @ Anganwadies" was celebrated by visiting the nearby Anganwadies on 15th August 2023. The students performed various programme for the Anganwady students and spent a day with them. C. Achutha Menon Study and Research Centre, Costford, Ayyanthole, Thrissur organised a memorial lecture on the topic "Indian Women-Silencing Their Voices" by Ms. Annie Raja (General Secretary, Desiya Mahila Federation). 81 students and 2 faculty members from the Department of Economics of St. Joseph's College (Autonomous) Irinjalakuda participated in the event on 16th August 2023. The Economics Association-Arthashathra was inaugurated by Dr. Liji K.T., Assistant Professor and Head, Department of Economics, Mercy College, Palakkad, on 15th September 2023. An invited talk on the topic 'Economics of Women Entrepreneurship' was delivered by the Chief Guest in connection with the association inauguration, and cultural programmes were conducted by the students. Senior-Junior Learning Exchange Program was conducted on September 21, 2023, in which second-year students presented a seminar for first-year students.

The Joy of Giving : Library Revamp on Gandhi Jayanti— PG students of the Department of Economics visited the Mahatma Gandhi Reading Room and Library, Irinjalakuda, and helped in rearranging the shelves and books in association with Gandhi Jayanti on 29th September 2023.

The Department of Economics, in association with the Research Department of Commerce, conducted a financial education programme for young citizens, 'Kona Kona Shiksha', on 17th and 18th October 2023, in association with the National Institute of Securities Markets. The topics included mutual funds, career opportunities in securities markets, precautions for investing, and importance of investments. As part of Poverty Day on October 17, 60 students of the department along with 2 faculty members visited Ashasadan, Irinjalakuda, and handed over collected products to the authority. They spent 2 hours with the inmates of the Ashasadhan and presented various cultural activities for them. The department conducted a condolence

meeting on the sad demise of Dr. M.S. Swaminathan on October 30, 2023. Teachers and students remembered his contributions during the meeting. The Department of Economics, in association with IIC, conducted a poster-making competition in connection with National Pollution Control Day on 5th December 2023. The theme was 'sustainable development for a clean and healthy planet'. PG students participated in the regional seminar on 'Kerala Economy' on 8th December 2023, conducted by St. Thomas College, Thrissur, as part of the Xavier Board MOU. An ISBN book numbered 978-81-19337-34-7 titled '*Indian Economy@75*' was published in December 2023. The editors were Ms. Daisy P.K., Ms. Jomol Thomas, and Ms. Anisha NG. Career Awareness Programme- Dream Career Discovery. The first part was conducted on 21st September 2021 in association with Rise Academy. The second part was conducted on 9th January 2024 in association with Navalok Academy. On 2nd February 2024, the Department observed 'World Wetlands Day' in association with 'Unnat Bharat Abhiyan'. A talk on the topic 'Wetlands and Human Wellbeing' was organised and nearby biodiversity sites were visited. Dr. Binu T.V., IQAC Coordinator and Assistant Professor, Department of Botany, St. Joseph's College (Autonomous), Irinjalakuda, served as the resource person. As part of the Village Placement Programme, 12 students accompanied senior citizens from the Irinjalakuda Municipality on a one-day trip to Ernakulam on 6th February 2024. It was a new experience for them as they explored life together. A panel discussion on Budget 2024 was organised on 19th February 2024. Ms. Ann Mary Cherian, Assistant Professor, Department of Economics, Christ College, Irinjalakuda served as the Moderator. Twelve students from first UG to second PG participated in the discussion as panelists. On 20th February 2024, the Department organised an invited talk on 'Work Together on Issues' in connection with World Day of Social Justice. Ms. Devikrishna TS, MSW in Medical and Psychiatry served as the resource person.

In association with Department of Zoology, the Department of Economics organised second part of the Village Placement Programme on 22nd February 2024. Students visited nearby Anganwadi and spent a day with children and senior citizens of Ward No. 21, Irinjalakuda Municipality. The department organised a workshop on 'Dream, Create, Inspire: Student Entrepreneurs Workshop' on 23 February 2024. Eleven budding entrepreneurs of the department presented their products, including their marketing and production strategies. The workshop was organised in association with the ED Club, IIC, and IEDC. Eight students and two teachers participated in the K.N. Raj Memorial Lecture organised by C. Achutha Menon Study Centre, Costford-Ayyanthole, on 23rd February 2024. Prof. K.P. Kannan was the resource person. Four budding entrepreneurs of the department participated in the exhibition 'Narisakthi 2024' organised by the SBI Regional Business Office, Irinjalakuda, in connection with International Women's Day. To create capital market awareness among the students, the department organised various programmes. The BSE Capital Market Awareness programme was organised on February 15, 2024, in association with LKW. Mr. Venugopal Rayirath was the resource person. The programme was sponsored by BSE. On March 15th, 2024, 'Investor Awareness Programme for Women' was organised in association with BIAP Mumbai and Apex Academy, Kochi. The programme was sponsored by BSE. SEBI-certified trainer Mr. Manoj T. Neelakantan, was the resource person.

## Hindi

On 1<sup>st</sup> August 2023, the Department of Hindi organized 'Premchand Jayanthi Samaroh' in association with HDP Samajam School, Edathirinjil. The programme started at 1.45pm. Mr. Sreejith (principal of Panambilly School) inaugurated the function. 20 students from our college and students from HDP School participated in various cultural and educational activities like quizzes, recitations, patriotic songs, etc. On 14<sup>th</sup> September 2023, the Department of Hindi organized an e-quiz competition and a speech competition in connection with Hindi Day Celebration. In speech competition, Gayathri Manoj (2<sup>nd</sup> dc History) and Sahithya K S (2<sup>nd</sup> dc English) secured first and second positions, respectively. On 18<sup>th</sup> September 2023, the Department of Hindi organized a recitation competition in connection with Hindi Day Celebration at IEDC Hall. Neehara CV (2<sup>nd</sup> dc Chemistry) and Cymantha Jinto (1<sup>st</sup> dc Economics) secured first and second positions, respectively. On 19<sup>th</sup> September 2023, the department of Hindi organized a poster-making competition in connection with Hindi Day Celebration at IEDC Hall. Evania Jeralt (1<sup>st</sup> dc Biotech) & Meenakshi Manoj (2<sup>nd</sup> dc Physics) secured first and second positions, respectively. On 20<sup>th</sup> September 2023, the association of Hindi, "Dhwani," was inaugurated.

Dr. Lisamma John, former HOD, Dept. of Hindi, St. Joseph's College (Autonomous), Irinjalakuda, inaugurated the function. All Hindi students attended the function and participated in various cultural activities. Prizes were given to the winners of the competitions conducted on Hindi Divas by the chief guest. The programme ended at 4.00 pm with the vote of thanks by one of the students. On 12<sup>th</sup> March 2024, the department of Hindi organized an awareness programme in connection with National Youth Day. The programme started at 9.30 AM. Mr. Afsal Ali (Joint RTO, Vadakkanchery, Thrissur) inaugurated the function. The programme ended at 11 a.m. with a vote of thanks by Hindi association secretary, Ms. Donna Dileep.

## History

Activities for the academic year 2023-24 of the History department began with the National Seminar on Environmental Day on 5<sup>th</sup> June 2023. A talk on the topic 'Go Green, Breathe Clean' was conducted. Dr. Manoj Lazar, the Dean of Science, was the Resource Person. The programme also included a quiz competition on the topic "Clean and Green," providing an interactive platform for participants to test their knowledge and raise awareness about environmental issues. The Department of History organised a programme on Hiroshima Day to commemorate the tragic bombings that happened in the cities of Hiroshima and Nagasaki on the 6<sup>th</sup> and 9<sup>th</sup> of August 1945. On 7<sup>th</sup> of August 2023, the department commemorated the lost lives by lighting up the candles. The Department of History commemorated Quit India Day on August 8 at St. Joseph's College, Irinjalakuda. The department conducted digital poster designing and a pledge taking ceremony to honour the sacrifices and struggles of freedom fighters. The day was to awaken a sense of responsibility and patriotism among the students.

On August 14<sup>th</sup>, 2023, the Department of History celebrated the 77<sup>th</sup> Independence Day. The programme was held in the college garden with Dr. Sr. Eliza, Vice Principal, and Dr. Manoj Lazar, Dean of Science, as the chief guests. The programme began at 10 a.m. with the prayer. Head of the Department, Dr. Jose Kuriakose, voiced the welcome address, followed by the talks of the esteemed guests. The cultural programme of students were showcased. Both patriotic song and patriotic dance were one of the highlights

of the day. The programme ignited the flames of patriotism and the sense of responsibility that freedom brings with it among the students. The day was ended by sharing sweets among the students and the faculty. The department also conducted many events, such as a collage-making competition, a flag-making competition, and a quiz competition.

Kerala Piravi was celebrated on 1/11/2023. As part of Kerala Piravi, the department wove the flower carpet to commemorate the state. The throne of Cochin Raja was inaugurated by Dr. Sr. Blessy, Principal of St. Joseph's College, Irinjalakuda. The department organised an inter-school Constitution Quiz on November 18, 2023, as part of Constitution Day. High school students were invited as part of a huge quest to sow the seeds of understanding our constitution. The quiz was inaugurated by Dr. V. Vijayakumar, Rtd. District, and Sessions Judge.

The Department of History and the Department of English jointly organised a national seminar on the topic 'Dynamic Interfaces of Human Rights: Evolving Perspectives in Culture, Ecology And Media' on 6<sup>th</sup> and 7<sup>th</sup> December. The programme was sponsored by the Institute of Parliamentary Affairs, Government of Kerala. The chief guest of the event was Shri. E.T. Taison, MLA, Kaipamangalam Constituency. The valedictory session was handled by Shri. Abhilash Mohanan, Deputy Editor at Mathrubhumi News. The seminar sessions were handled by Dr. Mathew A. Varghese, Asst. Professor, Dept. Of International Relations, MG University, Kottayam; Dr. Nisar Kannangara, Post Doctoral Associate, Inequality and Human Development Programme National Institute of Advanced Studies, Indian Institute of Science, Bengaluru; Dr. Geethika G., Asst. Professor, Dept. of Political Science, UC College, Aluva; and Dr. Sanandh Sadanandan, Asst. Professor, Dept. of Political Science, MES Asmabi College, Kodungallur.

## Journalism and Mass Communication

The students of Journalism and Mass Communication served as Media Cell members for various events such as Convocation Day and Legatum, the diamond jubilee celebration within the campus, and 'P T Kalayum Kalavum', a programme conducted by Kerala Sahitya Academy. The department launched a campus radio 'Journos FM', on 24<sup>th</sup> July 2023. In connection with World Photography Day, the Department of Journalism and Mass Communication organized a 'Photo Walk and Vlog Making Competition' through Malakkappara on 12<sup>th</sup> August 2023. As part of hands-on training for court reporting, the department organised a court visit to Munciff Court, Chalakudy, on September 19, 2023. On September 21, 2023, the department organised a one-day workshop on video production and editing. It equipped the students with insights into the expert media approaches of video production. To commemorate the great Malayalam director K G George, the Department of Journalism and Mass Communication organised a movie screening on 27<sup>th</sup> September 2023. As part of hands-on training, the department organised an industrial visit to Deepika Daily, Thrissur, on 5<sup>th</sup> October 2023. On November 2, 2023, the Department of Journalism and Mass Communication conducted a 'point blank' association inauguration. The event witnessed the union of 19 journalists and conducted discussion on the topic 'Media in Coming Decades'. The faculty and students of the department attended and presented research papers in various international and national seminars. On 17<sup>th</sup> March 2023, the faculty members presented papers in an international media conclave conducted by Mar Ivanios College, Trivandrum. On August 18, 2024, the students and faculty presented papers in an

international seminar conducted by Carmel College, Mala. On 21<sup>st</sup> November, the faculty members attended the 6th international Mass Communication Research Conclave and Communication Faculty Conclave as special invitees.

### Malayalam

The Department of Malayalam conducted an intercollegiate competition, 'Poovukalk Punyakalam', on 18th August 2023. Twelve teams participated in the event, which featured a collection and display of different and diverse native flowers. Around 400 native flowers were displayed in the programme. Second-year BA History students won the first position by collecting and displaying 304 native flowers. A school-level competition was conducted on 14 August 2023, in which 10 teams from various schools participated. The students of Irinjalakuda Government Boys School won the first position. Second and third positions were won by Little Flower School, Irinjalakuda. The Department of Malayalam signed an MoU with Sri Neelakanda Govt. Sanskrit College, Pattambi, on September 18, 2023. In this event, the department launched a certificate course on NET coaching and an add-on course on Multilingual DTP. Dr. H.K. Santhosh, Professor, Sri Neelakanda Govt. Sanskrit College, Pattambi, inaugurated the event and presented a paper on "Malayali and Malayalam in the Post-Digital Era." Thudi Malayalavedhi, the association of Malayalam Department, was also inaugurated along with the event. In association with Keralapiravi celebration, the department conducted a seminar on "Mathrubhasha Vicharangal, Vinimayangal" by Dr.S. Girish Kumar, Assistant Professor, Sri Vivekanandha College, Kunnankulam, on 1<sup>st</sup> November 2023. After that, an intercollegiate Malayalam talk show competition 'Malayalinimisham' was conducted in association with the college union, 'Yuktha'. In association with Vyloppilly Sreedhara Menon Commemoration Day organised by Vyloppilly Smarakasamithi, the students of MA Malayalam presented a representation of Vyloppilly's poetical works named 'Ekajeevithanaswaraganam' on 22<sup>nd</sup> December 2023 at Kerala Sahithya Academy. In this academic year, two faculty from the department, Dr. Neenu K.R. (Sanskrit) and Dr. Shahana P.R. (Malayalam), were awarded doctoral degrees.

### Physical Education

The department of physical education witnessed outstanding achievements in various sports competitions at the international, national, state, and intercollegiate levels. The teams and individuals had won championships and achieved personal bests that set new benchmarks for the department. The college was awarded with the title of the third-best women's college in sports category during the academic year 2023-24 for overall performance under the University of Calicut. Ms. Ajeesha A, I M.A. English, represented Indian Universities for the World University Powerlifting Championship held at Kranjska Gora, Slovenia, Europe. Three of our players represented Kerala at the National Games held in Goa. Ms. Ann Mariya Johny and Ms. Lashlin Shiju secured gold medals in basketball, and Ms. Athira M.S. got a silver medal in Penkaksilat. Ms. Aneesha M, I BSW, secured gold medals in the Senior National Powerlifting Championship and All India Inter University Powerlifting Championship. Ms. Lakshmi Raj won the silver medal in the Senior National Basketball Championship held at Ludhiana, Punjab. Dr. Stalin Raphel was elected as the Joint Secretary of the Kerala State Olympic Association; as the executive member of the Sports Psychology Association of India; and as the Assistant Coach of the Calicut University volleyball team for the Khelo India University Games held at Guwahati, Assam. Ms. Thushara Philip accompanied as the team manager of Calicut University (W)

Volleyball team, and the team qualified for the All India Inter University held at KISS Bhuvaneswar and the Khelo India University games held at Guwahati, Assam.

The department conducted various programmes under the 'Fit 4 Life' project to create a health and fitness culture among students as well as staff members. Special exercise programmes for PCOS students were introduced and effectively conducted. International Yoga Day was celebrated on June 21, 2023. The department conducted a psychological session on 'Goal Setting' for sports students by Dr. Stalin Raphel and Strength Training for High Performance Talk by Dr. Bintu T. Kalyan, Head of the Dept., Christ College Irinjalakuda. The department also conducted a workshop on injury and preventive exercises by Mr. Kishor Kumar, an international volleyball player. The volleyball team won first place in the Calicut University interzone championship held at St. Joseph's College, Irinjalakuda. Our team won 3 first places and 2 second places in the All Kerala Tournament. Seven volleyball players: Ms. Aiswarya V.S. II MCA, Ms. Anusree H.V. II BSW, Ms. Aleena Biju I M.Com, Miss. Rosemary Titus I M.A. Economics, Miss. Shilpa Shaji I M.A. Economics, Ms. Navami V.S. I MA, Ms. Rebitty Joseph, III B.A. History, Ms. Aathira Radhakrishnan, and Ms. Sonu Simon, both from II B.Sc. Psychology represented the Calicut University team for the All India Inter University championship held at KISS Bhuvaneswar. Calicut University team qualified first time for Khelo India University Games. The basketball team won first place in the Calicut University interzone championship held at St. Joseph's College, Irinjalakuda. Our team secured 1 first place and 2 second places in the all-Kerala Tournament. Ms. Akla P.A. II. B.A. English represented Kerala Junior Team held at Hathras, Uttar Pradesh. Six of our basketball players—Ms. Ann Mariya Johny and Ms. Abhika Jayaraj—II MA Economics, Ms. Aleena Antony II BA Economics, and Ms. Akla P A—II B A English, Ms. Lakshmi Raj and Miss. Ashlin Shiju—II BA Economics, Ms. Samiya T. S.—III, B.Sc. Chemistry—represented the Calicut University team at the All India Inter University championship held at Jain University, Bangalore.

The college football team won the first runner-up in the Calicut University interzone championship held at St. Joseph's College, Devagiri. Our seven students, Ms. Abhirami A, I MA Journalism and Mass Communication, Ms. Arathi V, Ms. Santhra K, Ms. Aneena P, III BA History, Ms. Jennifer Dorde, II BA History, Ms. Adithi Parmar, and Ms. Pallavi Rawat, I B.A. English, represented the Calicut University team in the All India Inter University and Khelo India University games. Six players represented the Kerala team in the Senior National Championship: Ms. Soniya Jose, Ms. Arathi V, Ms. Santhra K, III B.A. History, Ms. Abhirami R, II MA Journalism and Mass Communication. Aditi Parmar, I BA English, and Pallavi Rawath, I BA English, represented Utharkhand Senior State Team for the Senior National Football Championship. The college boxing team won the first runner-up in the Calicut University interzone boxing championship held at St. Aloysious College, Elthuruth. Ms. Anaswara P.M. III BA History, Ms. Parvathi. P. III BA History, Ms. Anet V. Rajan I MA Journalism and Mass Communication, Aswathy P.I. B.A. History won the gold medal, Ms. Prathana Shaju got the silver medal, and Ms. Ashly III B Com and Ms. Anjitha Antony I B.A. History won the bronze medal in the Calicut University interzone championship. Four players, Ms. Anaswara P.M. III BA History, Ms. Parvathi. P. III BA History, and Ms. Anet V. Rajan I M.A. Journalism and Mass Communication Ms. Aswathy,P. I.B.A. History represented the Calicut University boxing team in the all-India interuniversity championship held in Punjab. The college rugby team won the second

runner-up in the Calicut University interzone championship held at Calicut University Stadium. Manny C II BA History, Athulya Bhai III BA History, and Karthika E.R. I M S W represented Calicut University Rugby 15ns team and won the fourth place.

The College Sepaktakraw team won second place in the team championship and third place in the quadrant championship in the Calicut University interzone. In the Sepaktakraw championship held at St. Joseph's College, Irinjalakuda, Aneena P III BA History represented the Calicut University team and won the third place in all India Inter University championship. The college Kabaddi team won second place in the Calicut University interzone championship held at MES College Ponnani. Lakshmi Priya I, M.Sc. Psychology, and Sariga D, III BA History represented the Calicut University team for the All India Inter University championship. The college handball team won third place in the Calicut University interzone championship held at Sahridaya College Kodakara. Anagha Wilson III B.Com. and Ayilin M.J. II BSc Psychology got selection to the Calicut University team. Ayilin M J II BSc Psychology, Anna Benny and Linet Lawrence, I B.Sc Psychology, Ardra Ashokan and Sreya Surendran, I BBA, Theja Priya Babu, and Binsiya K K I B.Com. got selection to the Junior Kerala team for the Junior National Championship held at Varanasi, Uttar Pradesh. Midhuna III B.Com., Anna Benny and Linet Lawrence, I B Sc Psychology, Ardra Ashokan, I BBA, and Theja Priya Babu, I B.Com. represented the Senior Nationals, held at Hatras, Uttar Pradesh. Ayilin M. J., Anna Benny, Linet Lawrence, Ardra Ashokan, Theja Priya Babu, and Ananya III Psychology represented Thrissur district and won the Junior State Championship. Our handball team won first runner-up in the Thrissur District Senior Championship. In Lawn Tennis, Soorya Krishna E, M.A. Journalism and Mass Communication, secured a bronze medal in the Calicut University Intercollegiate Tennis Individual Championship. And she also got a bronze medal in the Calicut University soft tennis individual championship.

Soorya Krishna E I M.C. J participated in the Senior National Soft Tennis Championship. Our powerlifters, Seeya Metilda Baiju and Anjali S, I. M.A. English, won the gold medal in the Calicut University intercollegiate powerlifting championship. Aneesha M, I B S W, Anjali S, and Seeya Metilda Baiju I M.A. English represented the Calicut University team, and Aneesha M won the gold in the said championship. Aneesha M.I. B.B.A. secured a gold medal in the Kerala Senior State Powerlifting Championship.

In the Calicut University interzone wrestling championship, Prarthana Shaiju, I B.A. History, secured a silver medal, and Harshitha A.S., III B.Com., and Anjitha Antony, I B.A. History, secured bronze medals. Prarthana Shaiju, I B.A. History, won a silver medal in the Kerala Senior State Wrestling Championship and Junior State Wrestling Championship, and Anjitha Antony, I B.A. History, secured a bronze medal in the U-23 Championship. In the Calicut University interzone kickboxing championship, Parvathi. P, III B.A. History, and Aiswarya M.S., I B.A. Economics won the gold medal. Athira M. S, I. Zoology Secured National Games-Goa Silver Medal and represented Penkac Silat Calicut University team and secured silver medal in the All India Inter University Pencak Silat championship held at GNDU Amritsar. She also secured a gold medal in the Penkac silat South India championship and a silver medal in the Junior National Championship. Aiswarya M S II BA Economics won the bronze in the Calicut University interzone Taekwondo championship held at the University of Calicut. The Karate team participated in the interzone Karate

championship held at Sahridaya College, Kodakara. Jyothilakshmi, M.Sc. Chemistry, won a silver medal in the championship. Avandhika V.B., I.B.A. History represented the Kerala Youth team for the national championship and won the title. The department organised Calicut University Inter Zone Volleyball (W) and Basketball (W) championships and district basketball championship. The college hosted Calicut University basketball, rugby, and volleyball coaching and also hosted state junior women basketball coaching camps.

### Social Work

The Department of Social Work published a newsletter, '*Voice of Social Work @ SJC*' to commemorate its 20 years of inception. On July 5, 2023, MSW (II Sem) students Ms. Abina P.S., Ms. Agile Mary, Ms. Aleena Mathew, Ms. Sreesavitha C.B., and Ms. Suhana P.S. conducted a medical camp at Pakalveedu, South Kalamasery, in collaboration with Rajagiri Outreach, a service provided by Ms. Ayana, a medical student from Spain. '*INSPIRE*'—an induction programme of the Department of Social Work was arranged for first-year MSW students. The invited sessions were led by Ms. Sruthy Menon, District Coordinator of Kerala Interstate Migrant Alliance for Transformation (KISMAT) on "*Social Work Intervention among Interstate Migrants*", on 13<sup>th</sup> July 2023; Dr. Ashifa K.M, Assistant Professor, Istanbul University, Turkey and alumnae of the department spoke on "*Journey of Social Work Profession*" on 14th July 2023; Ms. Reji Thomas, District Programme Manager, Kudumbashree Mission, Thrissur on "*Role of Social Worker in the Government Setting and Among Women*" and Dr. Reshma Bharadwaj, Assistant Professor, Department of Social Work, Sree Sankaracharya University of Sanskrit, Kalady, shared her knowledge and helped the students to understand the area of social work much more.

An induction programme named '*Enthuse -2023*' for the fresh batch of BSW was conducted on July 13, 2023. The session was handled by Ms. Nisma, alumnae of the Department of Social Work and an M.Phil. Scholar of the Institute of Mental Health and Neurosciences (IMHANS), Kozhikode, who handled the topic '*Introduction to the Social Work Profession*'. On July 10 to 12, 2023, first-year MSW and BSW students and faculty visited Pope Paul Mercy Home, Ambalapuram, Peringadoor, Thrissur; the Association for Mentally Handicapped Adults (AMHA) Autism Centre, Nedupuzha, Thrissur; the National Institute of Physical Medicine and Rehabilitation, Kallettumkara; Kottappuram Integrated Development Society, Kottappuram; Dharsana Family Counselling Centre, Irinjalakuda; and Providence Home, Irinjalakuda. The visit helped the students learn about the social services rendered by them for the welfare of the community.

MSW students visited the National Institute of Physical Medicine and Rehabilitation (NIPMR), an autonomous institution under the Social Justice Department. Ms. Shahana Sanam, a social worker, provided a session to the students. A one-month block placement was conducted for the first and second year MSW students. To enhance leadership skills and team spirit among students of Government Mapila UP School, Kaithapoyil, Kozhikode, MSW (II Sem) students Ms. Sivanidas C. B. and Ms. Arunima O.S. organised a training programme on July 20, 2023, with the support of Tender Leaf (NGO) Adivaram, Kozhikode. To develop the knowledge of Panchayathi Raj Institutions, MSW (I Sem) students were placed from June to October in various panchayats like Vellangallur, Aloor, Padiyoor, Kodakara, Paralam, Pananchery, S. N. Puram, and the Municipalities of Chalakudy and Irinjalakuda. It helped the students to

identify the functions of local self-government institutions and the needs and problems of nearby communities.

Ms. Reshma Paul, Ms. Sruthy S, and 28 MSW students (IV Sem) visited Peechi Forest Division, Aakasahaparavakal Orphanage, and Snehatheeram Beach on August 12, 2023, and performed cultural programmes for the inmates at the orphanage. On July 28, 2023, MSW (II Sem) students Ms. Sneha Jayaprakash, Ms. Devika P.P., Ms. Niya K.M., Ms. Nandhana T.S., and Ms. Sona E.S. made an effort to help a needy person in his helpless situation at the roadside. The students transferred him to Theruvoram (an NGO), Aluva, and a psychiatric patient to Maher Snehathuram, Aluva, by receiving the proper guidance of the District Collector, Ernakulam. MSW (II Sem) students Ms. Aswathy Ashokan, Ms. Jesmi Mathew, Ms. Mitra Manoj, Ms. Rose Mary Johnson, and Ms. Krishna C. Girijan conducted a *street play* as part of the 'Sajeevam' project of Kottapuram Integrated Development Society at Keetholi on awareness of *drug abuse* with the support of the Excise Department, Kodungallore, on July 29, 2023.

BSW (I Year) students attended a 3-day training program conducted by MC2 named *Success Fusion*. As part of this, they conducted Success Bazar on August 17, 2023, to increase leadership quality, self-confidence, and self-earning. The students were introduced to different groups for self-learning. On September 2, 2023, MSW (I Sem) students Ms. Ann Maria Jose and Sabna Basher conducted an awareness programme on the topic of *child abuse*. The session was led by Sr. Salin, Darsana Family Counselling Centre, Irinjalakuda. The classes were arranged at L. F. School, Irinjalakuda. MSW (I Sem) students Ms. Vishnai P. and Sr. Tincy Mathew have arranged a campaign named 'Help Us to Help Others: Scrap Challenge' at Vellangalore Grama Panchayath for fundraising to contribute medical equipment to the Pain Palliative Centre on September 2, 2023. On September 8, 2023, 78 BSW (III Sem and V Sem) students and faculty members visited Forest Division, Vazhachal, as part of the academic curriculum. It helped the students understand organizations primarily working for the development and welfare of tribal populations. Ms. Aiswarya V. Vijayan, the Beat Forest Officer, gave guidance to the teachers and students. A session titled *Fighting the Big 'C'—Cancer Awareness Programme* was organised on September 21, 2023, in collaboration with Apollo Adlux Hospital, Karukutty, Angamaly. The session was led by Dr. Philip George Kuttikat, a consulting Medical Oncologist.

A tribal camp named *Snehatheeram-2023* was organised in collaboration with the Aashrayam Rural Development Society, Kollengode, Palakad. It was a 5-day programme from September 22 to September 26, 2023. Faculty members Ms. Ragi, Ms. Delia, and 20 students participated in the camp. Mr. B. Manikandan, Ward Member, Kalliyampara, inaugurated the camp. The camp was an eye-opener for the students on the situations in tribal life and cultural differences. The college principal, Dr. Sr. Siji P.D., and HOD, Dr. Sr. Jessy K.C., visited the camp to interact with students and monitor the camp days. MSW (I Sem) students attended PRA training at Aashrayam Rural Development Society, Palakad. The students practiced various tools of PRA, like social mapping, seasonal calendar, resource mapping, Venn diagrams, linkage mapping, and matrix ranking, at Kalliyampara tribal colony under the guidance of Mr. Gurusvayoorappan, a social scientist. The students submitted a study report based on their findings and suggestions to the Aashrayam Rural Development Society and Muthalamada Grama Panchayath at the end of the programme. The trekking on 25<sup>th</sup> September was a memorable experience for MSW (I Sem) students. MSW (I

Sem) students Sr. Tincy Mathew and Ms. Vishnavi conducted a '*Sex Education Campaign*' in collaboration with Vellangallor Grama Panchayat on September 14-26, 2023, under the guidance of Ms. Lakshmi Vijayan (Community Women Facilitator-Jagrathasamithi, Vellangallor Grama Panchayath). The campaign focused on Govt. U.P. School students in Karuppadanna, Pingode, Konathukunnu, and Kuttipuram. As part of the slogan '*Drug-Free New Kerala*,' the government implemented many programmes to create awareness of the ills of substance abuse among students. Following the same, on October 10, 2023, MSW (I Sem) students Ms. Ann Maria Jose and Ms. Sabna Basher conducted an awareness class on 'Drug Addiction' by inviting the Chief Guest, Mr. Sudakaran, Sub Inspector of Police, Irinjalakuda, for students of L.F. School, Irinjalakuda, in collaboration with Lions Club, Irinjalakuda. On October 19, 2023, Ms. Smrithi K S and Ms. Anupama K.V MSW (1Sem) organised a session on the "*Dowry Prohibition Act, 1986*" for commerce students of HSS Panangad. The session was handled by Ms. Smrithi K S and focused on the harmful tradition of dowry.

Ms. Anupama K V and Ms. Smrithi K, MSW (1Sem), organised a seminar, flash mob, and street play based on the theme of 'Build-Up A New World Without Waste' titled *Mukti 2023* on 5th October 2023 in collaboration with Sreenarayanapuram Grama Panchayat and NSS unit of MES Asmabi College, Vemballur. On October 26, 2023, Ms. Hariet Shajan and Ms. Dona Francis, the students of MSW (1Sem), organised a class on "Leadership Qualities "at Kodakara GGHS. On October 28, 2023, Sr. Tincy Mathew, Ms. Vaishnavi.P., MSW (1Sem) students, organised a Scrap Challenge and raised fund for patients at Palliative Care, Vellangallor Grama Panchayat. An awareness class on 'Good Touch and Bad Touch' was conducted by first-semester MSW students Ms. Sandra Vargese, Ms. Hriday Haridas, and Ms. Angel James for grade 3 students at Infant Jesus LP School, Thazhekad, on 12<sup>th</sup> October 2023. On 30 October 2023, a session based on menstrual hygiene was conducted at Model Polytechnic College, Kallettumkara, by Dr. Manasa, Medical Officer, Govt. Homeo Hospital, Aloor. On 26 October 2023, first semester MSW students Ms. Ashitha V.R., Ms. Mereena A.S., and Ms. Angel Paul organised a session on "*Road Safety*" for the students of Govt. ITI, Chalakudy.

First-semester MSW students Ms. Angel Paul, Ms. Ashitha V.R., and Ms. Mereena A.S. organised a session on "Suicide Prevention" for plus one and plus two students of G.V.H.S.S.SVijayaraghavapuram on 26 October 2023. First-semester MSW students Ms. Ashitha V.R., Ms. Angel Paul, and Ms. Mereena A.S. conducted an awareness class on "Anti-Drugs" for students at Boys Higher Secondary School Chalakudy on 12<sup>th</sup> October 2023. First semester MSW students Ms. Mereena A.S., Ms. Angel Paul, and Ms. Ashitha V.R. organised an awareness class on "Menstrual Hygiene" for the students from grade 7 to grade 10 of G.V.H.S.S. Vijayaraghavapuram, Chalakudy, on 19 October 2023. This class was handled by Ms. Remya Chitharan, HOD of Psychology, St. Joseph's College (Autonomous) Irinjalakuda. Sr. Tincy Mathew and Ms. Vaishnavi. P, 1st year MSW students, conducted a class for senior citizens on "5 Tips to Make our Life Happy" at Thara Anganawadi in Vellangallur Grama Panchayat on 8 October 2023.

On October 2 and 19, 2023, MSW students (1Sem) Ms. Anna Peter, Ms. Elna Jose, Ms. Rani Mary Jose, Ms. Richa Joseph, and Ms. Thasneem Sulthana organised and handled a training programme for adolescents on "Life Skills" at Kuraganpara Anganwadi and St. Sebastian Anglo Indian School, Vellangallur, at Padiyur Grama Panchayat. Ms. Rani

Mary Jose and Ms. Richa Joseph (1 MSW students) observed "World Postal Day" and conducted a class on the postal history and how to post a letter for the students of St. Sebastian Anglo Indian UP school, Vellangallur, on 12, October 2023. On 15<sup>th</sup> October, students (3<sup>rd</sup> Sem MSW) and faculty visited Psychology Park Velland, Trivandrum, Abhayagram, and Kerala State Council for Child Welfare as part of their study tour.

Ms. Thasneem Sulthana, Ms. Richa Joseph, and Ms. Rani Mary Jose (1st year MSW students) conducted a Medical Camp- " Blood Sugar and Kidney Function Test " at Padiyur Grama Panchayath. Medical Camp Coordinator Mr. Johnson Kollankanni (Lions Club, Kombodinjammakkal) presided over the function. The programme was conducted in collaboration with Metro Health Care Hospital at Padiyur Grama Panchayat on the 22<sup>nd</sup> of October 2023. On 5<sup>th</sup> October 2023, BSW students Ms. Rosemary Antu, Ms. Anusree Deepan, Ms. Giftiya Joy, and Ms. Amani K A of 2-year BSW, along with the teaching faculty Ms. Sruthy S and Ms. Deliya organised an exhibition and sale of the products made by individuals with locomotor disabilities collected under the programme of Sanjo Crafts at Don Bosco School, Irinjalakuda. On October 29, 2023, BSW first-year students visited Kottapuram Integrated Development Society (KIDS) Kodungallur, and Pratheeksha Training Centre, Irinjalakuda.

In accordance with the Diamond Jubilee of the college, a Mega Exhibition was held on the campus on November 17-18, where the Department of Social Work put forth a hand by organising an exhibition that focused on helping individuals with locomotor disabilities. Exhibition and sales of products were made by the students of various agencies like Cyrene Special School Annamanada, Ashabhavan Vocational Training School for People with Disabilities of Santhi Bhavan Chalakkudy, and KIDS Kottapuram. The social work students also contributed their craft works for the exhibition in the students' corner. Various products like paper crafts, woven handbags and files, pickles, and many other handicrafts were exhibited in the stalls. The exhibition provided a platform for the beneficiaries of the programme to sell their products.

MSW first-year students participated in a study on the suicide deaths of youth in Kerala by collaborating with the Kerala State Youth Commission covering all police stations in Thrissur. They collected the data from the families of the victims. St. Joseph's College (Autonomous) Irinjalakuda was the first college in Kerala to complete this survey. After the completion of the survey, the Kerala State Youth Commission distributed certificates and conducted a session by Mr. Sanlin T. R., Retd. Health Inspector, Irinjalakuda. MSW students participated in the Speak for India competition at Christ College (Autonomous) Irinjalakuda on 2<sup>nd</sup> January 2023 on "Women Reservation Must for Women Empowerment." BSW students participated in the National Conference at St. Albert's College (Autonomous), Ernakulam and organised a Social Work Meet "ASWAS'24" on January 24, 2024. The main theme of the National Conference was "Geriatric Social Work: Family Migration Dynamics, Healthy Aging, and Palliative Care".

MSW students participated in the National Conference on "Advanced Approaches and Emerging Trends in Medical Social Work: An Overview." The class was taken by Dr. Sojan Antony, Associate Professor NIMHANS, Bangalore, and conducted by the Department of Medical Social Work, AIMS, Thrissur, on 13<sup>th</sup> January 2024. Ms. Suhana P. S. from second year MSW presented a research paper on 'Disasters and Marginalized Communities: Understanding Vulnerabilities and Building Resilience'. Ms. Agile Mary, MSW second year, qualified the NET examination and was

awarded Rs. 1 lakh from the Chief Minister of Kerala as a Merit Scholarship. MSW second-year students Ms. Agile Mary and Ms. Niya K M were selected in the placement drive of Accenta Education and Ms. Sina K S, an MSW second-year student, was selected in the placement drive as an Executive Trainee at ESAF Bank. MSW students, Ms. Mareena Paulose, Ms. Keerthana K. A, and Ms. Jigitha Sajan, participated in the National Conference, BHARATHION 2K24, at Bharata Mata College, Thrikkakara, on 1st February 2024. BSW and MSW students participated in the ZRAVAS 2024-National Conference and Students Meet on the topic 'Tribal Welfare: Rejuvenating Social Work Practice' held at Christ College (Autonomous), Irinjalakuda on 16<sup>th</sup> and 17<sup>th</sup> February. First-year MSW students, Ms. Aiswarya Anil, Ms. Ann Maria Jose, and Ms. Smrithi K S, presented papers at this conference.

The department organised INICIO-2024, an international conference on the 27<sup>th</sup> and 28<sup>th</sup> of February 2024 on the theme of "Enhancing the Efficiency of Disaster Management through Social Work Innovations, Collaborations, and Resilience Building." This significant event was organised in collaboration with the Kerala State Disaster Management Authority (KSDMA) and Rhodes University in Makhanda, Eastern Cape, South Africa. Dr. Sekhar Lukose Kuriakose, Member Secretary of the Kerala State Disaster Management Authority and Head (Scientist) of the State Emergency Operations Centre in Trivandrum, inaugurated the conference by lighting the lamp. The guest of honor for the event was the Asst. Collector Sri. Karthik Panigrahi, who inaugurated the event. The distinguished gathering at the inaugural function of INICIO-2024 was honored by the presence of several eminent personalities- Mr. Gopinath T Menon, retired Chief of UNICEF Maharashtra State Office, Prof. N. Vinod Chandra Menon, founder Member of the National Disaster Management Authority (NDMA), Government of India, Mr. Tobias Nauruki, Deputy Director of TEAM Environment Kenya and Regional Coordinator at the UN Family Caucus Nairobi, Mr. Akmal Ali, coordinator FALE, Pacific Region, Fiji, Dr. Basil Leodoro, Consultant General Surgeon at the Northern Provincial Hospital, University of South Pacific, Vanuatu, Mr. Suman Ahsanul Islam, Advisor and Co-founder of Insights Institute of Innovations for Gender and Humanitarian Transformations in Dhaka, Bangladesh, and Ms. Adi Vutevute Emi, Deputy Chair of the Ra District Council of Social Services in the Pacific Region, Fiji, were instrumental in facilitating the event. Mr. Gopinath T Menon, Retired Chief of UNICEF Maharashtra State Office, Prof. N. Vinod Chandra Menon, Founder Member of the National Disaster Management Authority (NDMA), Government of India, Dr. Maureen Fordham, Professorial Research Associate specialising in Gender and Disaster at University College London, Dr. Roman Tandlich, Associate Professor Rhodes University, South Africa, Dr. S. Sreekumar Disaster Risk Management Expert, KILA, Thrissur, Mr. Roy Alex, an expert in the field of Disaster Management Initiated Dehradun, ESAF, Dr. Jyothi Krishna, Associate Professor, Department of Disaster Management, Loyola College Trivandrum, Ms. Susmi Sunny, Hazard Analyst KSDMA, Thrissur and Mr. Shailendra Yashwanth, an Independent Environmental Photo Journalist and Climate Communications, Consultant Senior Advisor to Climate Action Network South Asia delivered different sessions. Dr. Joy Elamon, Director General of KILA, was the Chief Guest for the valedictory function.

First-year MSW students attended a seminar on the topic "Social work with women" was conducted at Vimala College (Autonomous), Thrissur, on the 5<sup>th</sup> and 6<sup>th</sup> of March 2024 as part of International Women's Day. The department conducted a defense lesson for the students on 6<sup>th</sup> March

2024 in collaboration with Sakhi One Stop Centre. The BSW Fourth semester students were placed for their concurrent field work at Panchayaths of Vellangallur, Poomangalam, Padiyoor, Kodakara, Pariyaram, and Irinjalakuda.

### English (Self-financing)

On June 5th, 2023, the Department celebrated World Environment Day. At the heart of this celebration was a poster-making competition that exhibited the creative flair and commitment of the students towards environmental conservation. On 19th June 2023, the department organised a "Reading Reels Competition." The competition was open to all students of the college. The evaluation of the reels was determined by the number of likes received by each video on a designated online platform (Instagram). Participants were encouraged to share their reels with friends, family, and peers to garner as many likes as possible. The competition period lasted from 19th June 2023, the day of the event's launch, until 23rd June 2023, which was celebrated as the Reading Week. The much-anticipated Association Day Gala 2k23 was conducted on the 18th of August 2023. The inaugural ceremony was graced by Dr. Shali Anthappan, the Head of the Department, and unveiled a remarkable literary work—the handwritten manuscript titled "Bloom."

On September 5th, 2023, the department undertook a unique approach to commemorate Teachers' Day. Departing from conventional celebrations, the department orchestrated an event where third-year B.A. English students willingly assumed the roles of teachers for the day, imparting knowledge to their junior peers. The department organised a career guidance talk on November 2nd, 2023. The distinguished guest speaker for the event was our esteemed alumna, Miss Abna Taj, a seasoned journalist at Manorama. A national webinar was conducted on the topic, *Translation: Approaches and Practices*, on January 18, 2023. The event, held at Marian Hall, witnessed the active participation of students and teachers. The students visited Santhi Sadanam, an old age home located in Irinjalakuda, as part of their outreach program on 30 March 2023. The purpose of this program was to provide students with a practical learning experience and an opportunity to engage with the elderly residents of the home.

## II.FACULTY OF SCIENCE

### Biotechnology

The Department of Biotechnology underwent significant infrastructure modifications aimed at enhancing its facilities and capabilities. One notable improvement was the establishment of a new staff room dedicated to departmental faculty and staff, providing a conducive environment for collaboration and discussion. Furthermore, there was an overhaul of the gas pipeline system, including replacement and reorganization to ensure optimal functionality and safety within the department's laboratories. The department purchased weighing balances, a multiparameter reader for water quality analysis, pH meters, water baths, and a colorimeter. On September 29, 2023, the Department of Biotechnology celebrated "Bioconsortia '23" as part of its association day activities. Dr. K G Raghu, former Chief Scientist at CSIR NIIIST, graced the occasion as the chief guest. His session, titled 'Impact of Biotechnology on Society,' proved to be highly inspirational, delving into the transformative role of biotechnology and the myriad opportunities it presents for professionals both in India and abroad. The Department of Biotechnology got approval from the Kerala State Pollution Control Board as a C-grade commercial purpose category for the analysis of water and wastewater. Dr. Sr. Viji M. O. presented a paper in an

international journal, contributing to the dissemination of research findings on a global scale. Naijil George, Dr. Viji Mary Varghese, and Dr. Kavitha O. authored a book chapter published in Springer, showcasing their expertise and making valuable contributions to the academic literature. Faculty members along with students from our department published 3 full papers in seminar proceedings, reflecting the depth and breadth of our research endeavors. Paper Presentations in National Seminar: Our faculty and students actively participated in national seminars, with a total of 22 paper presentations, demonstrating their engagement with contemporary issues and advancements in biotechnology. Abstracts Published in Seminar Proceedings: 14 abstracts authored by our department members were published in seminar proceedings. Chaired Session in National Seminar: Dr. Naijil George chaired a session in a national seminar, showcasing their leadership and expertise in their respective field of study. First Prize for Paper Presentation: The students from our department secured the first prize for paper presentation in a national seminar organised by St. Mary's College, Thrissur.

The one-day seminar "Biotech Quest," held on February 29th, 2024, at the Padmabhooshan Father Gabriel Memorial Research Seminar Hall, marked the celebration of National Science Day. Organised by the Department of Biotechnology in collaboration with the Kerala Academy of Sciences, the event aimed to ignite curiosity, foster innovation, and promote awareness about the latest advancements and opportunities in the field of sciences. Dr. Reghu K.G., Vice President of the Kerala Academy of Sciences, honoured the occasion as the chief guest.

### Botany

The Department of Botany initiated the "Forum Phyta" activities by celebrating World Environment Day in association with the Institution's Innovation Council (IIC). In connection with the same, an invited talk on "Human Wildlife Interaction: A New Perspective" was given by Dr. Jain J. Therattil, Expert Member, Technical Support Team, Kerala State Biodiversity Board, on 30<sup>th</sup> June 2023. The talk was on the importance of shared thriving between humans and wildlife, which helps to enhance biodiversity and ecosystem resilience, reduce conflict and improve human-wildlife coexistence, and increase human well-being and connection to nature. He also spoke about innovative solutions for sustainable development.

The Village Placement Programme was conducted in association with the Social Forestry Department, Government of Kerala, Vazhachal. The teachers and students from the Department of Botany visited Vazhachal Forest Division on 28th and 29th September 2023. On 28th September, the team visited the local communities of Vazhachal. On 29th September, teachers and students visited GWLPS, Vazhachal, and had an interaction with school students regarding microscopic techniques. The Village Placement Programme significantly enabled the students to come to understand the community in which they live and recognize themselves in relation to their community. A floral tribute was offered to the evergreen hero of the Indian Green Revolution, Dr. M. S. Swaminathan, on September 29, 2023. Dr. Sr. Blessy, Principal, St. Joseph's College (Autonomous), Irinjalakuda, addressed the condolence meet and paid homage to the versatile man behind the Indian agricultural prosperity.

The Botany Association 'Forum Phyta 2023' was inaugurated on 3rd October, 2023, by Dr. Maya Raman, our proud alumna, Associate Professor, Food Science and Technology, Kerala University of Fisheries and Ocean Studies. A session

on 'Edible Food Packaging System' was led by her for students. To acknowledge the brilliance of the students and their achievements, Merit Day celebrations were also conducted on the same day. A National Seminar on 'Climate Change and its Impact on Biodiversity' was organized in association with the EKN Centre, Irinjalakuda, and the Kerala State Biodiversity Board, Thiruvananthapuram, on Tuesday, 5th December 2023. Over 100 students in and outside Kerala and several research students and teachers attended the event. Dr. C. George Thomas, Chairman of the Kerala State Biodiversity Board, inaugurated the event.

### Chemistry

The Chemistry Association Quimica 2K23 was inaugurated by Dr. Jorphin Joseph, Assistant Professor, Department of Chemical Oceanography, CUSAT, on 18th August 2023. On the same day, 'Merit Day' was conducted and honoured UG and PG students who had secured 'O' grade and also the NET awardee, Ms. Diana Davis of the PG 2020 Batch. The department organised a quiz competition in association with 'Ozone Day' on 18th September 2023 for the students of all departments. Our department students actively participated in the mega exhibition organised by Don Bosco School on 5th October 2023. Dr. Sr. Mini Thomas, Faculty of our department, delivered a research talk on "Project to Publication Using Research AI Tools" for all the PG students and Research Scholars of Life Science, Chemistry, and Physics departments on 17th October 2023.

In collaboration with the Kerala Water Authority, a Village Placement Programme was organised at HDPS HSS Edathirinji from October 26<sup>th</sup> to 27<sup>th</sup>, 2023, to blend academia with community service, and an initiative showcased a multifaceted approach to empowerment and education. The department organised an exhibition "CHEM MANIA" on 17<sup>th</sup> and 18<sup>th</sup> November 2023 as part of the Diamond Jubilee celebration of the college. The Department organized a KSCSTE-sponsored National Seminar on "Recent Trends in Polymer Nanocomposites" on 14<sup>th</sup> and 15<sup>th</sup> December 2023.

### Computer Science

In connection with the inauguration of ACER, Department of Computer Science organised an invited talk on "Why is AI Usage Reaching Critical Mass Today" on 2nd August, 2023 by Dr. Suchithra M. S, Assistant Professor, Department of CSE, IIT Kottayam. Ms. Reesha P.U, Assistant Professor, and students Devika P Shaju and Nazrin K. A from the III B.Voc. Software Development programme, participated in the Social Ideathon organised by Sreelakam Life Long Learning Institute. Department of Computer Science organised an international seminar on Cyber security and Ethical hacking on 18th August, 2023. The Department of organised an exciting and intellectually stimulating event – the Internal Ideathon in collaboration with IEDC and IIC . The department also organised an inter collegiate tech fest Celesta Zest on 18<sup>th</sup> and 20<sup>th</sup> November, 2023.

### Mathematics

The activities of the Mathematics Association "Search In Mathematics" for the academic year 2022–24 were inaugurated by Dr. Savitha K. S., Principal of St. Paul's College, Kalamassery, on 27<sup>th</sup> July with a lecture on the topic 'Linear Algebra'. Student manuscript *Mathzianna* Vol. 15 by postgraduate students was released and toppers of every semester were awarded. The 28<sup>th</sup> intercollegiate/interschool mathematics quiz competition was organized on September 15, 2023, in which 54 teams

from all over Kerala participated. Dr. Yogesh Prasad, Assistant Professor, Department of Mathematics, Bishop Moore College, Mavelikkara, Alappuzha, was the quiz master. Mr. Jerald Napoleon, the founder of Grapes Innovative Solutions, delivered a talk on "Emerging Tech Trends 2K23" to boost students of B. Voc. Mathematics and Artificial Intelligence on 14th August 2023. The Postgraduate and Research Department of Mathematics organised an endowment lecture by Dr. P.B. Ramkumar, Associate Professor and Head in Mathematics, Department of Basic Sciences and Humanities, in honour of Dr. Mangalambal N. R., instituted by research scholars on 29/03/23. One-week NET/JRF coaching was given by Research Scholars of Cochin University of Science and Technology in the month of April. National Statistics Day and World Environment Day were celebrated by organizing online quizzes 'SYSTAT' and 'Save Environment Campaign' respectively. Orientation programmes were conducted for the first-year degree students on 30-06-2023 by Divya P. Menon, alumnae, and Dr. Geetha K.V., retired faculty of the Department of Mathematics. 20 students of B. Voc Mathematics and Artificial Intelligence went to Don Bosco Higher Secondary School, Irinjalakuda, for an exhibition on October 5, 2023, to showcase their talent and innovation. On November 17<sup>th</sup>, the department organised an Interschool Mathematics Exhibition Competition in which 12 teams from higher secondary schools participated. As part of open day, the department conducted a Mathematics Exhibition on November 17<sup>th</sup> and 18<sup>th</sup>, inaugurated by esteemed guest Sri. Vineeth Kumar, an actor and dancer. An Initiation into Mathematics (InitMath) Programme, under the aegis of MTTs funded by NBHM, was organised during March 11–16, 2024. A seminar was organised on sustainable environment goals in association with the We for Women Club of St. Joseph's College (Autonomous) on International Women's Day. Ms Smitha V, Client Director and Management Consultant, Energy and Utility Sector, Melbourne, Australia, was the resource person.

### Physics

On August 17<sup>th</sup>, 2023, the Research Seminar Hall at St. Joseph's College witnessed the grand inauguration of the Physics Association "Spectra" and the Energy Conservation Club. The event, graced by Dr. Soman K, President of the Energy Conservation Society, aimed to instill a sense of enthusiasm and commitment among students towards physics and energy conservation. The Department organised an industrial visit to Vajra Rubber Products (P) Ltd. on the 29<sup>th</sup> of July 2023. The visit was attended by a group of thirty final-year Physics students who were eager to gain practical insights into the manufacturing processes and applications of rubber, plastic, and composite materials.

The Department organised a live broadcast of the Chandrayaan-3 mission landing on 23 August 2023. The event was held in the prestigious Padmabhushan Fr. Gabriel Research Seminar Hall and was attended by faculty, students, and members of the nearby public. The Department of Physics at St. Joseph's College hosted the 9<sup>th</sup> Intercollegiate Energy Quiz Competition, featuring students from numerous colleges (23 teams) on 29<sup>th</sup> September 2023 at the Research Seminar Hall. This event was a collaborative effort between the Energy Conservation Society and the Energy Management Center, aiming to raise awareness and knowledge about energy-related issues. Dr. KP Vijayakumar oversaw the proceedings, and both teachers and students pledged their commitment to a waste-free Kerala and energy conservation. The Energy Conservation Society's General Secretary, Mr. Baby Kuriakose, was the quiz master.

On October 5th, 2023, the Department organised an exhibition at Don Bosco School, Irinjalakuda, showcasing various experiments and demonstrations in the field of physics. On October 10th, 2023, the department organised a Career Guidance Class focusing on Air Traffic Control (ATC). On the 13th of October 2023, the Department had the privilege of hosting an insightful and informative invited talk on the topic of "Career Guidance on IT Placements." The session was specifically organized for the benefit of first-year undergraduate students who were eager to learn about career opportunities in the Information Technology sector. The session was conducted by Ms. Ansila N.A., an accomplished alumna of the Department of Physics at St. Joseph's College. Ms. Ansila began the session by introducing the students to the Information Technology industry, highlighting its significance and growth in today's world. She explained how IT has become an integral part of almost every aspect of our lives, from business to healthcare and from entertainment to education.

On October 16, 2023, the Department of Physics at St. Joseph's College (Autonomous), Irinjalakuda, celebrated the 92nd birth anniversary of the beloved and revered Dr. APJ Abdul Kalam. The event, aptly named "Filming Dreams," was organised to pay tribute to the visionary scientist and former President of India, Dr. Kalam, and to inspire the young minds of the first and second-year undergraduate students in attendance. The Department of Physics at St. Joseph's College organised the much-anticipated Chandrayaan 3 Maha Quiz on October 20, 2023, in Room No. 116. The event was aimed at engaging undergraduate Physics students in an informative and challenging quiz session focused on space exploration and, in particular, India's remarkable Chandrayaan 3 mission.

On November 11th, 2023, undergraduate students from the Department of Physics at St. Joseph's College (Autonomous), Irinjalakuda, embarked on an educational visit to Vigyan Sagar Science and Technology Park situated in Ramavarnapuram, Thrissur. In connection with National Energy Conservation Day, the Department of Physics at St. Joseph's College (Autonomous), Irinjalakuda, organised a Green Energy Workshop on December 8th, 2023. The event featured Dr. Dhanya N P as the primary resource person, along with student trainers Ajmalsha, Akram P.S., and Amjith from KKTU Govt. College, Pullut.

### Psychology

As a part of Anti-Drug Day, faculty members and students of the department went on an institutional visit to Sanjo Sadan, Anandhpuram, on 27/6/2023. The Department of Psychology organised a one-day induction program for first UG Psychology students on 30 June 2023. As part of International Selfcare Day, an awareness programme was conducted. The programme was led by Dr. Unni Mol K K, counsellor of Snehitha Gender Help Desk, Kudumbasree Mission Kottayam. Along with the Association Day 'Titiksha', the department celebrated its decennial year on August 7, 2023.

An awareness class on "Mental Health Among Adolescence" was arranged for higher secondary students of Cherpu Government School on 23 August 2023. In association with the Souhrada Club and GHSS Cherpu, conducted a class on effective parenting on 23/08/2023. The faculty and students of the Department of Psychology went on an institutional visit to Psychopark at Velland, Thiruvananthapuram, on 22/8/2023. A hypnotherapy session for psychology students of St. Joseph's College Autonomous Irinjalakuda was conducted on October 10, 2023. Mr. Shibu Damodar, a renowned expert in the field of hypnotherapy, was the

resource person. An intercollegiate psychology festival, 'Psyche Fest 2023', was hosted by the Department of Psychology on October 13th. The faculty members of the department were the resource persons at various institutions. An awareness class on "Social Media Addiction and Time Management" was delivered by Ms. Sreelakshmi K. at Bharathiya Vidya Bhavan Kanjani on October 17, 2023. Ms. Mariya Gifty Thomas initiated a suicide prevention class on October 26, 2023, at GHSS Vijayaragavapuram, Chalakudy, in connection with the Ujjivanam programme conducted by the NSS Unit of GHSS Vijayaragavapuram and MSW St. Joseph's College Autonomous Community Center. Ms. Abigail Mathew delivered a talk at Mother Arts and Science College on December 8, 2023. Ms. Sreelakshmi delivered a session on mental health awareness at Govt. Model Technical High School in Kaloor. On February 13, 2024, a learning disability training class was conducted by Mr. Sreejith, aimed at providing participants an introduction to different assessment techniques—the Vineland social maturity scale and the NIMHANS index for specific learning disabilities for identifying and assessing learning disabilities (LD). On February 19, 2024, the Department of Psychology hosted an enlightening international seminar focused on autism and its management strategies. The seminar, held from 11:00 AM to 1:00 PM, featured esteemed speaker Marimol Chacko, a distinguished Autism and Behavioral Therapist from Kidzz Autism and Speech Clinic in Canada.

On March 7, 2024, the 1st Year PG students embarked on an insightful field visit to St. Xavier's School, Pullur. Through interactive training sessions and meaningful engagement with the 7th standard students, the participants acquired valuable knowledge and skills in the field of sign language.

### Microbiology And Forensic Science

The Department of Microbiology and Forensic Science organised an orientation class on 'Forensic Science' for the newly admitted students of the year on 30th June 2023. The resource person for the programme was Mr. Mahesh B, Scientific Officer (Biology), Thrissur City.

The Association of the Department of Microbiology and Forensic Science was inaugurated on August 21st by the honourable Deputy Superintendent of Police, Shri Shaiju. T.K., Irinjalakuda Subdivision, Thrissur Rural. Organised a workshop on "Fingerprint and Document Examination" on 21st August 2023 from 1 pm to 3.30 pm. The resource person for the programme was Ms Litty Jose, Assistant Professor in Forensic Science, St. Thomas College (Autonomous), Thrissur. The Department of Microbiology and Forensic Science in association with Kerala Police Academy organised Dog Squad Training Demonstration Programme as part of the Diamond Jubilee year celebrations on August 22nd, 2023, in front of the Research Block. National Forensic Science Week was celebrated from 18th to 22nd September. Conducted Poster-making competition, crime story writing, and blood group detection camp under the caption "ASSASSINATO MYSTERIO" on 20th and 21st of September, 2023. On 20th September 2023, a blood group detection camp and poster-making competition were conducted. As part of the diamond jubilee celebration of the college, the department of Microbiology and Forensic Science conducted an exhibition "Invisible Enigma 2.0" on November 16 and 17, 2023. The highlights included simulated crime scenes, fingerprint analysis, bribery detection, and microscopic views of microorganisms. The Department of Microbiology and Forensic Science organized an exhibition on Microbiology and Forensic Science at Don Bosco School, Irinjalakuda, and Shantiniketan International School, Irinjalakuda, on October

5 and November 30, 2023, respectively. Organized a one day workshop on "Cyber Security" in association with TechbyHeart on 20th February 2024. The resource persons for the programme were Ms. Anjali S. and Mr. Dhanesu Krishna V. S.

### Zoology

The Department of Zoology organised various programmes in the academic year 2023-2024. MoUs were signed with the NGO's like Thanal and Wildlife Trust of India (WTI) on 30<sup>th</sup> May and 5<sup>th</sup> June, 2023 respectively. Final year UG Zoology students visited the old age home 'Shantisadanam' at Irinjalakuda on 14<sup>th</sup> July, 2023, in commemoration of the death anniversary of Ms. Baby J. Alappat. The activities of the Zoology Association 'Sapiens' for the academic year 2023-2024 were inaugurated by Mr. Sajan John, Co-PI, Marine Projects, WTI, and an orientation programme for Zoology students 'Journey of a Zoologist' was done on 27<sup>th</sup> July, 2023. As part of activities associated with the UN Decade on Ecosystem Restoration, on September 5, 2023, second-year UG students undertook a field study to assess the biodiversity at the mangroves of the Kannur Kandal Project at Payyanur, which is a part of the Wildlife Trust of India's (WTI) mangrove restoration in Kerala.

For the Science Talent Enhancement Programme (STEP), the Department in association with EKN Centre, Irinjalakuda, organised a seminar on the theme 'From Amoeba to Homo sapiens' on 16<sup>th</sup> September 2023 with faculty members, Ms. P.D Deepthi and Mr. Jithin Johnson, as resource persons. A value-added course in Science communication in association with Kerala Media Academy was inaugurated by Dr. TV Sajeew, Chief Scientist, KSCSTE-Kerala Forest Research Institute, Peechi on 30<sup>th</sup> September 2023. In association with Wildlife Trust of India, an inter-departmental paper presentation competition on the theme 'Wildlife Conservation in India' was organised on October 4, 2023. The Department organised an exhibition for the students at Don Bosco School, Irinjalakuda, on 5<sup>th</sup> October 2023. In connection with the National Bird Watching Day, the Department in association with the Biodiversity Club and Birders sans Borders, organised a workshop on Avian Surveillance in the Kole wetlands of Konthipulam on 8<sup>th</sup> & 11<sup>th</sup> November 2023. In association with the Diamond Jubilee Carnival, the Department organised a two-day Open Day with the theme 'Zooscape' for the public on 17<sup>th</sup> & 18<sup>th</sup> November, 2023. As part of MoU signed with 'Thanal', one week workshop was organised for UG students on the topic 'Wetland Conservation' during the first week of December. Four international publications, indexed in SCOPUS and WoS, two each by the faculty members Dr. Gigi Poullose and Dr. Vidya G, were published.

A study trip for final year UG was organised from 12<sup>th</sup> - 14<sup>th</sup> December, 2023, to Netravalli Wildlife Sanctuary, National Institute of Oceanography, Salim Ali Bird Sanctuary, and various types of beaches in Goa. A national-level lecture workshop on Unveiling Diversity: Exploring Varied Dimensions in Life Science was organized on 5<sup>th</sup> and 6<sup>th</sup> January 2024. The workshop was inaugurated by Prof. Dr. M. Nasser, Pro Vice Chancellor of the University of Calicut, and the speakers were Prof. Dr. Satheesh C. Raghavan, IISc, Bengaluru; Prof. Dr. Rajendran Kooloth Valappil, Central University of Kerala; Prof. Dr. Bibha Choudhary, IBAB, Bengaluru; and Dr. Mridula Nambiar, IISER, Pune. A visit to Pratheeksha Bhavan as part of the 'outreach program', was done by final-year UG students, where they interacted and spent time with specially abled children. Department organised an alumni meet of the 1984 Zoology batch on 27<sup>th</sup> February, 2024.

### Costume and Fashion Designing

In connection with National Fashion Day, the Department of Costume & Fashion Designing organised a captivating exhibition titled "The Clothing of Jewel Land." The event took place at the Research Block on the 13<sup>th</sup> of July 2023 and featured a stunning display of five different clothing styles of Manipur, creatively showcased using the draping technique on dress forms. The Curricular Record Exhibition held on July 13, 2023, at the Research Block, was a remarkable showcase of the academic journey of students, featuring their diverse accomplishments in various fields. The event encompassed a wide array of records, including embroidery, illustration, and garments, each reflecting the students' dedication and creativity throughout their educational tenure. The much-awaited event, "Model Hunt 2k23," took place on July 31, 2023, at the Holy Family Block. The event was organised with the aim of identifying and selecting talented students suitable for modeling, thereby providing them with an opportunity to participate in future fashion shows organised by the Department of Costume and Fashion Designing.

The event Chandham 2K23, the inter-departmental Malayali Manka contest, was conducted on the 22<sup>nd</sup> of August 2023 at 2.00 pm in the college auditorium. The programme was the floor for many talented beauties who were part of the event. "The 'Let's Cook Delicious' cooking contest, organized by KPL Oil Mills in association with Costume and Fashion Designing at St. Joseph's College (Autonomous), Irinjalakuda, was a culinary extravaganza that brought together a blend of traditional flavours and creative cooking. Echo 2K23 Graduation Show for the 2023 passout students from the Costume and Fashion Design department, St. Joseph's College (Autonomous), Irinjalakuda showcased an impressive array of final collection garments in a dazzling fashion show. The event, held in the college auditorium, marked the culmination of years of hard work and creative exploration by the graduating students in the Department of Costume and Fashion Designing. On February 27, 2024, a group of 36 students along with 5 faculty members from our institution embarked on an industrial visit to W. F. B. Baird and Co., a prominent linen fabric manufacturer situated at Kalamassery, Ernakulam.

The Fashion Choreography and Styling Value Added Course, tutored by Mr. Dev Bin Raj, was concluded with the graduation of 30 students. The course, spanning 30 hours, aimed to equip students with essential skills and knowledge in fashion choreography and styling, essential for navigating the dynamic fashion industry. The Department enthusiastically participated in the Philocalie Fashion Show conducted by Christ College (Autonomous), Irinjalakuda, on 5 August 2023, showcasing the exceptional talent and creativity of the students in the field of fashion design. The Department of Costume and Fashion Designing secured the Second Runner-up position in the Philocalie Fashion Show. Winning the third prize and a cash award of ₹2000 in the fashion show was a testament to the outstanding capabilities within the Department of Costume and Fashion Designing. The Department of Costume and Fashion Designing enthusiastically participated in the Encanto Fashion Show at St. Mary's College, Thrissur, on 22 August 2023, demonstrating the department's commitment to excellence in the field of fashion design. The theme chosen for this event was "Medusa," and the department's interpretation was nothing short of spectacular. The First Runner-up position and a cash award of ₹15,000 were secured in the event. The department enthusiastically participated in the Astra 23 GLITZ Fashion Show conducted by ICCS College,

Mupliyam, on 8 December 2023 and won the first prize and a cash award of ₹25,000.

### III. FACULTY OF COMMERCE

#### Commerce (Aided)

The Research Department of Commerce, St. Joseph's College (Autonomous) Irinjalakuda, organised a student and faculty exchange programme with Christ College (Autonomous) Irinjalakuda on August 16-18, 2023. The event aimed to foster cultural exchange, academic enrichment, and networking skills among participants, promoting camaraderie and future collaborations. The Inauguration of Association of Commerce Talents (ACT) 2K23 was held on 14<sup>th</sup> December 2023 by Ms. Vardhini Prakash, Executive Director, Kalyan Hyper Market Chain. On November 18, 2023, as part of the college's Diamond Jubilee Celebrations, the Research Department of Commerce organized a Demo Day showcasing diverse commerce models and games. The event aimed to enhance participants' understanding and skills in commerce, featuring various models and games that highlighted different facets of the field. Students from various institutions participated, enriching their knowledge through interactive experiences and activities.

The Research Department of Commerce organised an exhibition and sale of 'Y WE COM Products' on November 17, 2023. Featuring stalls with eco-friendly coconut shell items, herbal cosmetics, bottle art, cakes, embroidery, and glass paintings, the event showcased the talents of department students and attracted a diverse audience. Visitors appreciated the creativity and craftsmanship displayed in the unique products, making the event a resounding success. An industrial visit to Nutricreams Pvt. Ltd., Ernakulam, was organised for the second-year B.Com. students on 10<sup>th</sup> January 2024. An Investor Awareness Programme was organized on 29<sup>th</sup> November 2023, in association with BIAP Mumbai and Apex Academy, Kochi. The Com Union 2K24 alumnae meet was held on January 26, 2024. The Merit Day celebration held on 2<sup>nd</sup> March 2024 in the auditorium was a resounding success, serving as a testament to the dedication and achievements of students. The chief guest of the day was Mr. Premnath, Branch Manager of the State Bank of India, Irinjalakuda. Prize winners of the reels competition were sponsored by Burger Lounge, and the manager of the restaurant gave away the prizes.

The Woman Boss—The Wopreneur Summit 2024 was held on March 5, 2024, at Padma Bhushan Fr. Gabriel Seminar Hall, St. Joseph's College (Autonomous) Irinjalakuda, Thrissur. Organized by the Research Department of Commerce and the Youth Wing of the Chamber of Commerce, Thrissur, the event celebrated International Women's Day 2024 and the college's Diamond Jubilee. It featured H.E. Amb. Dr. Ishha Farha Quraishy as the chief guest, a panel discussion with prominent women entrepreneurs, and honoured 60 leading women entrepreneurs from Kerala, promoting the theme 'Invest in women: Accelerate Progress'.

#### Commerce (Self-financing) & Management Studies

Freshers' Day was conducted on 12th July 2023. The association day was conducted on 24th July 2023 at 9.30 am in the college auditorium. Mr. Praveen Cheriyan inaugurated the function and gave a session on "Get Set GO," which was a motivational session. A seminar on "Rethinking Investment Portfolio" was conducted on 18th September 2023 at 10 am in the Padmabhushan Fr. Gabriel Seminar

Hall. The resource person was Mr. Jackson David C, FCS, a renowned expert in the field of investment and finance. Comfiesta 2k23, the management fest conducted on November 18, 2023, at the auditorium, was a dynamic platform showcasing the talents of the students from various schools. Different events such as Brainiacs (best manager), Biz quiz (Commerce quiz), Buzy Bees (marketing game), Picsque (Spot Photography), Magic feet (spot dance) and Furious Finder (treasure hunt) were included. Cash prizes of Rs. 75,000 were given to the winners of different events. Merit Day was organized by the department on 12th February 2024 at Padmabhushan Fr. Gabriel Seminar Hall.

#### Business Administration

The Department of Business Administration had a successful year (2023-2024) marked by several key events and accomplishments. The department inaugurated its association on August 7, 2023, signalling the commencement of a productive academic year. Embracing modern communication strategies, the department launched its official Instagram page to foster engagement and outreach. Participation in the Diamond Jubilee Exhibition provided an opportunity to showcase student projects and research, earning recognition. Additionally, students initiated a snack bar within the department premises, enhancing the student experience.

Two batches of BBA students completed a one-month internship, gaining valuable industry exposure. Strengthening partnerships, the department signed an MoU with Marian Institute of Management, Kuttikanam. Industrial visits and study tours enriched students' practical knowledge and cultural experiences. Despite challenges faced, the department maintained stable financial performance, allocating resources effectively. Looking ahead, the department aims to continue fostering excellence in education, innovation, and industry engagement. Plans for the future include further enhancing student experiences and academic quality. The department expresses gratitude to all stakeholders for their support and anticipates another year of growth and success.

### IV. RESERACH

#### Centre for Research in Mathematical Science (CRMS)

A national seminar on trends in PDE was organised by the Postgraduate and Research Department of Mathematics, co-sponsored by KSCSTE and the Autonomy Cell, on 16<sup>th</sup> and 17<sup>th</sup> February. The Department organised an endowment lecture by Dr. P.B. Ramkumar, Associate Professor and Head in Mathematics, Department of Basic Sciences and Humanities, in honour of Dr. Mangalambal N R, instituted by research scholars on 29/03/23. One week of NET/JRF coaching was given by Research Scholars of Cochin University of Science and Technology in the month of April.

#### Centre For Research in Commerce (CRC)

A national webinar on 'Shepherding' was organised on 4<sup>th</sup> October 2023 in collaboration with Smt. P.N. Dhoshi Women's College, Mumbai, featuring Dr. Arun Balakrishnan from Christ College (Autonomous), Irinjalakuda. As part of a financial literacy programme, the Centre for Research in Commerce organised an awareness class on PMSBY for faculty members of the college, with one representative from each department attending. The initiative, led by the commerce department, aimed to extend 100% accident insurance coverage to all students.

A workshop on 'Capital Markets' was held on 17th and 18th October 2023 in collaboration with the National Institute of Securities Markets (NISM). Conducted as part of the CSR initiative Kona Kona Shiksha by Kotak Securities, the sessions were led by Mr. Manoj Neelakantan to educate participants about the operations of the securities market nationwide. The Centre for Research in Commerce organised a workshop on SAP for third-year BCom students, focusing on imparting practical knowledge and skills in using SAP for business applications. The session included hands-on training to enhance understanding of SAP's implementation and utility in commerce.

#### **Centre for Research in Chemical Sciences (CRCS)**

The Centre for Research in Chemical Sciences (CRCS) provided sophisticated instrumentation facilities for performing research in diverse fields of Chemistry. The research scholar of CRCS, Ms. Nonu Davis Chakkalakkal, was awarded Ph.D. under the guidance of Dr. Pearly Sebastian Chittilappilly on November 22, 2023. The title of her thesis was "Development of Environmentally Benign Porous Polymer Membranes of Sustainable Agricultural Practices. Being the principal investigator of CRCS, Dr Manoj A. L. successfully secured DST-CURIE and DST-FIST grants for the college. Dr. Sr. Nisha George published one international paper in a Scopus and Web of Science-indexed journal, and Dr. Binsy Varghese V published one book chapter in Futuristic Trends in Chemical Materials Sciences & Nanotechnology. SEED money of Rs. 1 lakh was sanctioned to Ms. Hisna V. H., research scholar, CRCS, by the Pavanathma Education Society. Aspire scholarships were awarded to nine MSc students (2022-24 batch), and five students from other colleges did their MSc project work at the CRCS. Dr. Sr Mini Thomas, Dr. Sr Nisha George, and Dr. Manoj A. L. delivered research talks at various institutes.

#### **Centre For Research In English (CRE)**

The Research and Postgraduate Department of English initiated the Forum for Research in English to coordinate the research activities of the Department. The Forum for Research was inaugurated by Dr. Binil Kumar M.R., Assistant Professor, Department of English, St. Paul's College, Kalamassery. UGC NET/JRF coaching for first- and second-year PG students was organised. The Resource Person was Ms. Sahala Thasni C.K. Junior Research Fellow, Dept. of English, St. Joseph's College, Irinjalakuda. Four Research Scholars joined in the Center for Research in English in this academic year. An Invited Lecture on "Research Methodology" by Ms. Chandana Vavachan, 2021 batch alumnae of the Department of English, was conducted on 20/08/2023. Conducted a one-day workshop on "Literary Theory and Praxis" on 27/11/2023. The Resource Person was Mr. Amal Dev P.J., Assistant Professor, Dept. of English, St. Mary's College, Thrissur.

### **V. STUDENT WELFARE PROGRAMMES**

#### **NCC**

Aja Fathim K of St. Joseph's College (Autonomous), Irinjalakuda, had successfully completed all India girls trekking camp held from April 27th to May 3rd at Nilgiri, Tamilnadu. The camp started on April 26th 2023. Ernakulam Group organised an exhibition to celebrate the 25th anniversary of Pokhran II Nuclear Test by Thrissur-based units on 12 May 2023, at Vimala College, Thrissur. Observing the initiative, all the NCC cadets of St. Joseph's College (Autonomous), Irinjalakuda participated in this event, which included a video and chart presentation, and a quiz competition. CATC CAMP Combined annual training

camp of 7 Kerala Girls BN was held at St. Joseph's College (Autonomous) Irinjalakuda from 19th May to 28th May. On 19th May 2023, all the cadets from different institutions completed their reporting by afternoon. The camp officially started with an opening ceremony, and it was marked with a roll call. On May 20, 2023, an anti-drug awareness class was conducted by Mr. Shafeeq A.Y, District Coordinator, Vimukthi Mission Thrissur. On 21st May 2023, a Life Mission awareness rally on 'Plastic Free Nation' was led by BN Lt.Col Bijoy B, Commanding Officer of 7 Kerala Girls. On 23 May 2023, an invited lecture on Talk on Wild Life Protection and Photography Exhibition was delivered by Dr. Sandeep Das.

On the same day, a session was arranged on road traffic control systems by the traffic control officer, Mr. Rajeev. On 25th May 2023, cadets of 7 Kerala Girls Battalion visited 'Santhinilayam' old age home as a part of social activities. In the afternoon session, a career guidance orientation was arranged on 'Women Entries in Army, Navy, and Air Force Wing'. The Resource Person was Col. Prabhakar Mahashabde. On 26th May, the Commodore Visit was done by Group Commander Hari Krishnan. On 27th May, a class on self-defence was conducted. The Resource Persons were PC Sindhu and Jiji from Kerala Police. Four NCC cadets of St. Joseph's College (Autonomous), Irinjalakuda, had successfully completed Pre-IGC TSC-1 at FISAT Engineering College, conducted by the 22K Battalion. The camp was from 15 May to 28 May 2023.

The cadets observed World Environment Day by cleaning the surroundings of Pachathuruthu and the college campus on 5th June 2023. The cadets also took an online pledge as part of this day. Father's Day was celebrated. by uploading the photos of cadets with their fathers. Admission of the 2023 to 2026 batch was held at St. Joseph's College (Autonomous), Irinjalakuda, from 8.30 am to 5.30 pm on 19th and 20th June 2023. As part of International Day of Yoga, the NCC unit of St. Joseph's College (Autonomous) conducted yoga practice sessions on 19th and 20th June 2023. Cadets took a pledge, conducted a quiz competition and 14 cadets attended the yoga session conducted by 7 Kerala Girls BN at Vadakumnathan Temple Ground, Thrissur, on 21st June 2023.

The cadets gave escort to IPS Aiswarya Dongre during the yoga day programme conducted by the NSS unit of St. Joseph's College (Autonomous), Irinjalakuda, held at College Indore Stadium on 21st June 2023. Niyukthi Mega Job Fair 2023 was conducted at St. Joseph's College (Autonomous), Irinjalakuda, on 23rd June 2023. NCC cadets of St. Joseph's College were assigned the duty to assist the representatives and employers of the Niyukthi Mega Job Fair. Cadets were also involved in coordinating the event and directing the job aspirants to their respective companies. The Educational Excellence Award 2023 was held at St. Joseph's College (Autonomous), Irinjalakuda, on 26th June 2023. The award distribution was conducted by Sri T N Prathaban MP and inaugurated by Mar Pauly Kannookadan, Bishop of Irinjalakuda Diocese. All cadets had the duty to guide the parents and students for the award distribution. NCC cadets of St. Joseph's College (Autonomous), Irinjalakuda, took the initiative to raise awareness on pollution caused by the use of plastic bags by making paper bags as a part of the Puneet Sagar Abhiyan on International Plastic Bag Free Day, 3rd July 2023. The convocation ceremony was held at St. Joseph's College (Autonomous), Irinjalakuda, on 14th July 2023. The honorable guests were escorted by the NCC cadets. NCC cadets celebrated Kargil Vijay Diwas on 26th July 2023. Cadets honoured the martyrs of the Kargil War. Vice Principal Rev. Dr. Sr. Eliza and ANO

Captain Litty Chacko, along with the NCC cadets, did floral offerings to the martyrs at Amar Jawan Smarak at 9.30 am. A spot photography competition was held on the same. 3 Cadets of our College successfully completed Thal Sainik Camp Inter Group Competition 2023 at Kozhikode, conducted by Calicut Group from August 3 to 12, 2023. Dr. Beena Philip was the chief guest of the closing ceremony and delivered an impressive motivational speech. She also distributed the prizes.

NCC conducted enrollment of the 2023-2026 batch on 8th August 2023. The enrollment was coordinated by officers of 7 Kerala Girl's Battalion Thrissur, AO. Major Gayathri Nair, RM. Radhakrishnan, and Captain Litty Chacko. Nearly 50 students appeared for the test, and new cadets were selected by individually attending different tasks: interviews, cultural programs, and physical tests. On 15th August 2023, the national flag was hoisted at St. Joseph's College (Autonomous), Irinjalakuda. Cadets also participated in the flag hoisting ceremony conducted at the municipality in the presence of the honorable chairperson. On 14th August 2023, cadets were successfully involved in the campaign 'Har Ghar Tiranga' as a part of the 77th Independence Day celebration. Ajmila Kunneal had successfully completed the Army Attachment Camp held by 23 Maratha Light Infantry at Pangode from 15th August to 26th August 2023. The NCC Unit of the College conducted a rally on 16th August 2023 from the college to the Irinjalakuda junction to collect the flags that are no longer in use. NCC cadets gave awareness to the public to keep the flag safe and how to handle the flag after hoisting on 15th August 2023. The RDC Inter battalion Cultural Selection Event of Ernakulum Group was held at St. Joseph's College (Autonomous), Irinjalakuda, on 21st August 2023, with the gracious presence of CO Lt. Col. Bijoy B, 7K Girls Battalion NCC, and AO Lt. Col. Prakash V V, 23 K Battalion. The NCC unit of St. Joseph's College (Autonomous) Irinjalakuda paid a tribute to the soldiers who lost their lives in Anantnag in Kashmir and remembered the sacrifice of soldiers by offering flowers to the Amar Jawan Smarak. Retired Colonel H Padmanaban, Principal Dr. Sr. Blessy, and Associate NCC Officer Captain Litty Chacko, NCC cadets and other students offered floral tribute as a part of condolences to the brave soldiers.

On 16th September 2023, as a part of Puneet Sagar Abhiyan, NCC cadets of St. Joseph's College (Autonomous) Irinjalakuda cleaned their wells, other water bodies, and surroundings. The plastics and other waste materials were also taken away as part of this cleanup. On 19th September 2023, the NCC cadets conducted a group discussion on the topic G20 and gained awareness about it. All the Cadets had participated in the group discussions and got new ideas about the G20. The Integrated Communication and Outreach Programme was held on 27th September 2023 at Sri Sankara Auditorium, Thrissur. The programme was conducted by the Central Bureau of Communication, Thrissur. On 1st October 2023, NCC cadets of St. Joseph's College (Autonomous), Irinjalakuda, took active participation in cleaning activities. Cadets cleaned the surroundings of the college campus in connection with the Swachh Bharat Mission. Cadets also cleaned the garden and the area around their houses as part of this campaign. Cadets cleaned the bodies of water and made them hygienic and healthy to use.

On 2nd October, the cadets enthusiastically cleaned the statue of Mahatma Gandhi situated in front of the Kerala Government PWD Rest House, Irinjalakuda. Cadets also cleaned the NCC office and college area and disposed waste in a proper way. LCPL Hrishya Saju, a cadet of our college, successfully completed the OTA attachment training camp conducted by Officers Training Academy Chennai from 5th

October to 14th October. 100 NCC cadets from different parts of the country participated in this camp. Cadets were trained by OTA PT Staff with morning PT, Obstacle Training Area visit and games. WT Staff did sessions on INSAS and new generation weapons like NAGAV and SIG-1 and displayed 10 weapons such as INSAS, AK47, RL, NAGAV, SIG-IGC/RDC-2023 CAMP PRACTICE IGC/RDC 2023 cultural camp practice was held at St. Joseph's College (Autonomous), Irinjalakuda, on October 21, 2023, under the leadership of AO Major Gayatri K. Nair and GCI Manju, ANO Captain Litty Chacko and other masters. Selected cadets showcased their range of talents while encouraging a spirit of cooperation.

The dancing performance was vibrant and lovely, while the musical performance featured both vocal and instrumental performances. Cadets of St. Joseph's College enthusiastically participated in the voluntary activities. The practice continued till 4 o'clock. The inauguration of the Diamond Jubilee celebrations of St. Joseph's College (Autonomous), Irinjalakuda, was held on 10 November 2023. The honourable chairman of the University Grants Commission, Prof. M. Jagadeesh Kumar, arrived as the chief guest of this event. He received the Guard of Honor from NCC cadets of St. Joseph's College at the college portico. Nava Kerala Sadas 2023 was held at Irinjalakuda on 6th December 2023 at Irinjalakuda Municipality Ground. The NCC unit of St. Joseph's College (Autonomous), Irinjalakuda, was assigned the duty to maintain the discipline and stage management. Nava Kerala Sadas was held at Chalakudy on 7th December 2023 at Carmel HSS Chalakudy. NCC cadets were assigned the duty to maintain discipline at the venue around 12.00 pm.

#### NSS

International Yoga Day was observed on 21 June 2023 in association with Nehru Yuva Kendra and the Department of Physical Education of St. Joseph's College, Irinjalakuda. The programme was inaugurated by Thrissur Rural District Police Chief Smt. Aishwarya Dongre IPS. After that, an orientation class and yoga practicing session were conducted by professional yoga master Mr. Shaji Varoor. International Day Against Drug Abuse and Illicit Trafficking was observed on 26th June 2023, where an awareness class on Drug Abuse was jointly organised with Vigilant Against Drug Abuse India (VADAI). The class was led by famous mentalist Mr. Yadunath who gave awareness on drug abuse and its aftereffects. A state-level meeting of NSS Program Officers was conducted on 1st July 2023 at St. Joseph's College, Irinjalakuda. The programme was inaugurated by Higher Education and Social Justice Minister Dr. R. Bindhu. About four thousand NSS program officers participated in the event. The general body meeting of the Kerala Federation of Blind Association was conducted on 28th July 2023 at St. Joseph's College, Irinjalakuda. Vice principal of St. Joseph's College, Dr. Sr. Elaiza inaugurated the program. A one-day workshop on self-defense was conducted on 14th August 2023 in association with the We for Women Club of St. Joseph's College along with the Lions Club of Irinjalakuda and Decathlon Thrissur. Class was taken under the leadership of 5th degree black belt WFSK International karate trainer Mr. Vinod NS and team. Packed food distribution was conducted on 23 August 2023 in association with Government Medical College, Thrissur. NSS volunteers were able to collect more than 500 packs of food from the whole college.

A free cancer determination camp was conducted for the public on September 30, 2023. The programme took place under the initiative of Irinjalakuda Lions Club and Research Cancer Centre, Trivandrum. More than 100 people came for

the camp. National Postal Day was observed on October 10, 2023, where the postal woman of Irinjalakuda was honoured for her selfless and time bound service of delivering letters. NSS volunteers wrote inland hand letters to their home and favourite people. The block-level programme 'Meri Maati Mera Desh'—a central government programme as part of 'Ek Bharat Shreshta Bharat'—was conducted on November 17, 2023. A rally was conducted at Irinjalakuda; after that, a cultural event, showcasing indigenous dances, took place at the college auditorium. As part of the observance on the occasion of Constitution Day on 26th November 2023, a constitution pamphlet distribution was conducted in association with Vellangallur Block Panchayath. Volunteers distributed small pamphlets that contain brief descriptions of essential rights and duties every citizen needs to know in every household in the Vellangallur Block Panchayat. During the seven-day residential camp of 2023-24 NSS volunteers, the honourable Collector of Thrissur district, Mr. Krishna Theja IAS, visited the camp unexpectedly on 26th December 2023 and interacted with the volunteers. On 5th January 2024, a harvesting festival of paddy varieties 'jeerakashala' and 'jagannath' that were planted by NSS volunteers near the Rusa building of St. Joseph's College was inaugurated. The programme 'Naalek Oru Kathir' was a part of a university project based on food safety through seed safety.

#### Academic Excellence

The first meeting of the committee was held on 5th June 2023. The action plan for the academic year was formulated. An Induction Programme was organized for the first-year undergraduate students with a comprehensive overview of the college, its policies and guidelines, as well as the roles and responsibilities of various clubs and committees on 27th June 2023. Inauguration of first-year UG classes was organised in the college auditorium on 30th June 2023 with Dr. Albert Antony T, Deputy Director of Collegiate Education, Thrissur, as the esteemed Chief Guest. Similarly, an Induction Programme was conducted for the first-year postgraduate students on July 13th, 2023, with Dr. Sujitha Sekhar as the Chief Guest. The tutors' list was collected from all departments. Tips for teachers, students, mentors, and discipline leaders were prepared and distributed. The Subject Aptitude Test was administered to all the first-year UG students from various departments between August 21 and August 23, 2023. Results of the same were announced on 11th September 2023, and certificates were distributed to all the students. Progress cards for all classes were distributed. On November 20th, 2023, applications were invited for the "Best Outgoing Student 2023" award sponsored by JCI Irinjalakuda. Furthermore, the application for the "Student of the Year-2023" contest was called for in the first week of February, and the final round of the contest was held in the month of February 2024. Ms. Akshara Balakrishnan won the title "Student of the Year 2023-2024." Trophies and certificates were given to the winners. Cash awards were instituted by Ms. Nisheena Nissar, CEO, Universal Airport Assistance.

#### VI.FACILITIES

##### Darsana Family Counselling Centre

Darsana made tremendous achievements over the last year. The Centre was intended to help its takers to deal with their personal and family issues. The Centre offered support in the following areas: personality development, family counselling, solutions for academic problems, psychotherapeutic counselling for mental illness, supportive therapy, stress relaxation techniques, premarital counselling, educational guidance, legal counselling for women in

divorce cases, couple counseling, counseling for marital and maladaptive problems, individual counselling, group counselling, behaviour modification therapy, and alcoholic counselling.

The Centre conducted awareness classes, board meetings, and periodical gatherings of the various associations, like the AA group (Alcoholic Anonymous Group), and needy people, like those who were contracted with AIDS. AA group gatherings were conducted every Sunday from 6 pm to 8 pm, which offered multitudes of ways for recovery. HIV-GROUP-SWANDHANAM consisted of 13 members, and its meetings were conducted on the first Saturdays. It was a platform for the victims to share their present situations, like physical conditions and food habits. The centre provided counselling sessions at the de-addiction Centre in Aloor. One of the counsellors visited the Subjail at Irinjalakuda once a month for counselling. On June 5<sup>th</sup> World Environment Day was celebrated to encourage awareness and to protect the environment. The Centre also organised various events such as poster making, quizzes, etc. on the themes of 'Save the Earth' and 'Beat Plastic Pollution'. On November 25, International Day for the Elimination of Violence Against Women was observed. A webinar was conducted on the topic 'Human Rights' on 10<sup>th</sup> December. World Mental Health Day was observed on 10 October.

#### Library

The library was upgraded to a fully automated entry and exit RFID scanner e-gate system. The total number of books was around 70,000, with an addition of 490 new books. Unique features of the library included the A.P.J. Abdul Kalam Loggia, Lakshadweep Corner featuring the ethnic culture and beauty of Lakshadweep, Alumnae Corner, Book Tower, etc. Main facilities such as assistive technology for Divyangjan, e-resources collection through DELNET and N-LIST, free Wi-Fi, reprographic services, etc. were also provided. The library hosted various activities, such as a book exhibition and special competitions, such as an online book review and painting, to celebrate Dr. A. P. J Abdul Kalam's 92<sup>nd</sup> birthday. A logo competition was also organised in connection with the diamond jubilee celebrations. Assisted NSS volunteers in setting up a library for tribal people as part of their project named 'Kathir'.

#### VII.COMMITTIES

##### All India Catholic University Federation (AICUF)

The committee held its annual election to select new leaders for the upcoming year. Helen Mary Biju got elected as AICUF president. A prayer was led by the AICUF on special occasions, such as the reopening day and the Feast of St. Mariam Theresia, and observed the first Friday of every month with Holy Mass. The committee was actively engaged in organising various events and celebrations related to Christianity throughout the year. The College Christmas celebrations were a resounding success, filled with joy and festive spirit. Notable events included: Card Making, Star Making Competition, Crib Competition and Carol Competition.

##### Admission

Admission to the UG and PG programs for the academic year 2023-24 was conducted online using the Linways admission management system. In addition to the sanctioned strength, a marginal increase, as per the university circular, has been taken due to increased demand for admission.

Admission started in the month of June and was completed by the month of September. A total of 811 students have been admitted to graduate courses, 211 to postgraduate courses, and 5 to Ph.D. programs.

### Examination

The academic calendar for the year 2023-24 was published in the month of June, in which all the internal and external examination dates were allotted for the current academic year. Second semester UG and PG examinations of the previous academic year were completed by the month of April 2023, and the results were published. The consolidated mark lists of 2020 batch UG students were distributed by the month of June, and 2021 batch PG certificates were issued by the month of July 2023. Odd semester UG examinations were completed by the second week of December, and the results were published. Odd semester PG examinations were completed by the first week of December, and results were published. Two internal examinations were conducted for both programmes before the end semester examinations. Audit course examinations of UG and PG programmes were also completed in time, and the results were published along with the end semester examinations.

Sixth semester examinations of the UG programs will be conducted in the month of March. All other even semester examinations will be completed by the month of April 2024.

PASS PERCENT FOR UG 2020 ADMISSION – 81.04%

PASS PERCENT FOR PG 2021 ADMISSION – 95.43%

### Jossine Reach

The social service wing of the college, Jossine Reach, contributed remarkably to society through supporting, assisting, and uplifting vulnerable groups. The Village Placement Programme was conducted by the Department of Botany in association with the Social Forestry Department, Government of Kerala, Vazhachal. The teachers and students from the Department of Botany visited the Vazhachal forest division on the 28<sup>th</sup> and 29<sup>th</sup> of September 2023. Students from the Department of Social Work (MSW Batch 2023-2025) did Social Analysis (through Participatory Rural Appraisal Method) in Kalliyambara Tribal Colony at Muthalamada Grama Panchayat, Palakkad, as part of the Village Placement Programme on 22<sup>nd</sup> September and 26<sup>th</sup> September 2023. The Department of Chemistry, in collaboration with the Kerala Water Authority, organised a transformative village placement program at HDPS HSS Edathirinji from October 26<sup>th</sup> to 27<sup>th</sup>, 2023. Water Sample Analysis and Community Education: The programme commenced at 10 a.m. with free water sample analysis, aiming to address water quality concerns in the community. Residents were encouraged to bring water samples in clean bottles, facilitating a collaborative effort to assess and ensure the purity of their water sources. Student volunteers from the National Service Scheme (NSS) played a pivotal role in collecting additional samples from nearby houses, enhancing community participation. On the second day, postgraduate representatives from St. Joseph's College (Autonomous) Irinjalakuda delivered an engaging session on chemistry-related topics to the higher secondary students of HDPS HSS Edathirinji. This session not only broadened the students' horizons but also served as a bridge between academic institutions, fostering a sense of shared knowledge and camaraderie.

### Internal Quality Assessment Cell (I Q A C)

The IQAC of St. Joseph's College (Autonomous), Irinjalakuda, in association with the Kerala State Higher Education Council, organised a seven-day National Level Online Faculty Development Programme (FDP) focused on enhancing faculty proficiency in ChatGPT and AI Tools for Education in line with OBE. The programme, held from July 19 to 26, 2024, aimed at empowering faculty with advanced AI tools to enhance classroom teaching, streamline administrative tasks, and facilitate personalised learning experiences. In alignment with the National Education Policy (NEP) 2020, IQAC conducted a one-day workshop focused on understanding and implementing the new Four-Year Undergraduate Programme (FYUGP). This workshop, held on 22.11.2023, was designed for faculty across various departments to get acquainted with the structural and pedagogical shifts introduced by the FYUGP, including Curriculum Restructuring, Multidisciplinary Education, Skill Development and Exit Options.

IQAC in association with Jossine Reach has introduced an Internship and Village Placement Programme aimed at providing both Undergraduate (UG) and Postgraduate (PG) students with hands-on, real-world experiences that complement their academic learning. This initiative, introduced in 2023-2024, focused on two key components, Internships and Village Placement. To further broaden the horizons of both students and faculty, IQAC has initiated several international collaborations with universities and institutions across the globe. The primary objective of these partnerships is to promote cultural exchange and enhance global competency.

### ALUMNAE Association

The alumnae association of St. Joseph's College, 'ST JOSEPH'S COLLEGE ALUMNI' Reg No. TSR/TC/283/2018, is registered as a charitable society under the Travancore Cochin Literary, Scientific, and Charitable Societies Registration Act XII of 1995. The society works under the chairmanship of Principal Dr. Sr. Siji P D (Sr. Blessy) and the president, Mrs. Tessa Varghese, with the support of Secretary Mrs. Elizabeth Paul and Treasurer Sr. Finy P J. Alumnae committee members assembled at frequent intervals and also through the Google platform to plan and discuss the activities of the year 2023-2024.

The alumnae association flagged off the Diamond Jubilee celebrations of the college. Diamond Jubilee Rescript: "Back to Nest"—The global alumni meet of the college was on 15<sup>th</sup> July 2023. Alumni Ms. Sujitha Sekharan (Alumna Department of English, 1981-1984)—International Operations Manager, UNDP Iraq—was the resource person for the PG Induction Programme on 13<sup>th</sup> July 2023. The association organised "Guruvandhanam," a tribute to gurus, on September 5, 2023, to honour the teachers. A two-day exhibition of paintings and handicraft—"corner"—was organised on 17<sup>th</sup> and 18<sup>th</sup> November 2023 as part of Legatum," the diamond jubilee celebrations of the college. A medical camp was conducted on 5<sup>th</sup> December 2023, in collaboration with Aster Labs (franchisee taken by alumna Ms. Beena K.J., 1977-1982-Pre-edgree and Bsc. Mathematics) and the NSS unit of the college. Alumnae executive members, Ms. Shajitha Basheer and Ms. Shakeela C. B, were judges for the ethnic day food fest conducted by college union members on 13<sup>th</sup> December 2023. Dr. Isha Farha Quraish (Alumna Department of Botany 2003-2006) was the chief guest for the 'WOMEN BOSS 2024' conducted by the Research Department of Commerce. Reunion of the batches of B.A. Literature 1992, Economics, and Commerce 1999 were conducted this year. Alumnae members made a

generous contribution towards the diamond jubilee fund of the college. A special contribution was made by the alumnae members to support the financially needy students of the college. The college magazine 2022-2023 was released by Dr. Isha Farha Quraish . The annual alumna meet was held on January 26th, 2024.

**ALUMNAE as Resource Person:** An invited talk by Nanditha Dinesh (2017-2020), Nivy Rithu, Aneeta Sebastian, Devika T M (2018-2021), alumna department of Computer Science. 'Relevance of AI in the Modern World' invited lecture for UG and PG students by Dr. Isha Farha Quraish (Alumna Department of Botany 2003-2006). Career guidance talk on IT placements by Ansila N. A., Alumnae Department of Physics 2020-2023. Invited lecture by Dr. Kavitha Balakrishnan, Alumna Department of English, 1993-1996. Research Methodology Orientation class by Chandna Vavachan, Alumna Department of English, 2018-2021. Research talk on project to publication using Research AI Tools by Dr. Sr. Mini Thomas, Alumna Department of Chemistry 2004-2007. Suicide Prevention Awareness Class by Mariya Gifty Thomas, Alumna Department of Psychology 2020-2023

**UAE Chapter Highlights:** The alumnae members of the UAE Chapter participated in various competitions held in connection with the Onam 2023, conducted by AKCAF 2023. The alumnae members of the UAE Chapter participated in the Aid Campaign for earthquake victims in Turkey and Syria. Iftar kits were distributed by members of the UAE chapter in Sonpur labour camps, UAE. UAE chapter won first prize at the AKCAF-Xmas and New Year Fest held in UAE.

#### **HRD Cell**

The Human Resource Development (HRD) Cell of St. Joseph's College Autonomous, Irinjalakuda, is pleased to present a comprehensive report outlining the notable achievements and initiatives undertaken during the academic year 2022-2023. Throughout this period, the HRD Cell has been dedicated to facilitating the holistic development and career advancement of our students. In terms of placement success, the HRD Cell witnessed the successful placement of over 250 students from various departments in esteemed organizations. This reflected the effectiveness of our placement assistance programme and the quality of education imparted at St. Joseph's College. Additionally, campus recruitment drives were organised, attracting more than 50 leading companies to our campus. These recruitment drives provided our students with invaluable opportunities to interact with potential employers and secure promising job offers.

A significant milestone was achieved through the organization of the Niyukti Mega Job Fair in collaboration with the District Employment Exchange. This flagship event hosted 3405 candidates and 40 participating companies. The job fair resulted in the placement of 578 candidates and shortlisting of 1087 candidates for further opportunities, significantly contributing to the employability of our students. Furthermore, the HRD Cell facilitated the signing of a Memorandum of Understanding (MOU) with KELTRON to establish an Industry-Institution Interaction Cell. This collaboration aimed to bridge the gap between academia and industry, facilitating knowledge exchange, research initiatives, and skill development programs beneficial to students and industry professionals alike.

An MOU was also signed with Pragmatix to groom students for placements, providing them with tailored training, mentorship, and career guidance to enhance their

employability skills and succeed in the competitive job market. In line with our commitment to nurturing well-rounded professionals, the HRD Cell designed and launched a comprehensive three-year Soft Skill Development Programme named Success Fusion. This programme aimed to equip students with essential soft skills essential for personal and professional success. Additionally, various skill development courses were offered under the supervision of the HRD Cell to students in collaboration with C-DiT, enabling them to acquire industry-relevant skills and certifications to enhance their career prospects.

#### **Rev. Sr. Mary Franco Memorial Educational Charitable Trust**

Sports students who excelled in their disciplines received a prize of Rs.10, 000. Rs.28, 000 was given to charity.

#### **Special Programme**

**INITIATIO—FRESHERS LAUNCH 2023**, the opening ceremony of the 2023–2026 UG batch was conducted on 26-06-2023. The programme was inaugurated by principal, Dr. Sr. Blessy. Organised College Onam celebration “Penmonam Ponnonam” on 24<sup>th</sup> August 2023. Conducted a motivational talk, “Radiate Positivity, Illuminate Your Life,” on 2/03/2024. The resource person for the programme was Mr. Deek Parassini, an internationally recognised motivational speaker. A talk and interaction with Dr. Ishha Farha Quraishy, an alumnae of the 2003-2006 Botany Batch and a renowned tech entrepreneur, was conducted in association with the College Alumnae Association on 5<sup>th</sup> March 2024. Organised the celebration of the feast of the principal, Dr. Sr. Blessy, on 22/03/2024 in collaboration with the Staff Association. Sr. Annie Kuriakose Endowment elocution competition was planned to be conducted on March 14, 2024, and a brochure was circulated for the same. But due to the shortage of interested candidates, the programme was cancelled.

#### **Staff Association**

The selection of the staff association office bearers for the academic year 2023-24 took place in March 2023. Dr. Viji Mary Varghese, Dr. Bibitha Joseph, Dr. Alfred Joe, and Ms. Steffy Jose K were selected as the president, secretary, and treasurers from the faculty, and Sr. Sangeerthana Babu, Ms. Valsa N. J., Ms. Faisy K. P., and Ms. Nisha K. J. were chosen from the staff, respectively. The staff association congratulated the newly appointed principal in charge, Dr. Sr. Siji P. D., on June 1, 2023. The first official meeting of the staff association took place in the auditorium on June 6, 2023. IQAC & Staff Association jointly organised a Faculty Development Programme on “Paradigm Shift in Teaching Learning through Outcome-Based Education” at Padma Bhushan Fr. Gabriel Seminar Hall on 23<sup>rd</sup> June 2023. The keynote lecture was delivered by Dr. Bindiya M Varghese, Dean, Computer Science, Rajagiri College of Social Sciences (Autonomous), Kalamassery.

Monthly evaluation and planning meetings were held throughout the academic year. Refreshments were provided in all the preplanned staff meetings. The achievements of faculty, staff, and their wards were duly acknowledged by the staff association. The weddings of the wards of the faculty and staff were joyfully celebrated. Onam and Christmas were celebrated in a memorable way with various cultural programme and games. During the celebrations, retiring members of the academic year, Dr. Roselin Alex, Head and Associate Professor, Department of Botany; Sr. Alli K A, Head Accountant; Ms. Rosily K.D., Lab Assistant, Department of Chemistry; and Ms. Lucy N T, Lab Assistant,

Department of Botany, were honoured. The staff association extended Christmas wishes to Rev. Sr. Elsy Kokkatt, the Provincial and Manager. The New Year was celebrated with a cake-cutting ceremony. Festal greetings were extended to Manager Rev. Sr. Elsy Kokkatt, Superior General Rev. Mother Annie Kuriakose, Principal Dr. Sr. Blessy, Dr. Sr. Rose Bastin, Self-financing Coordinator and Vice Principal Dr. Sr. Elaiza, and Dr. Sr. Floweret Vice Principals. The staff association paid homage to former faculty member Dr. Sr. Clerisa CHF, former HOD, Dept. of History, and to the departed souls of the dear ones of faculty and staff. The staff association organised a staff tour to Indriya Resort, Kuzhupilly Beach, on 9<sup>th</sup> February 2024 that strengthened bonds and created lasting memories for everyone. The Staff Association organised a motivational talk on “Radiate positivity, Illuminate your Life” by Deek Parassini at Padma Bhushan Fr. Gabriel Seminar Hall, on 2<sup>nd</sup> March 2024. Staff Day was celebrated in a grand manner on 14th March 2024. Common send off for retirees (including retired faculty and staff) was held on 21<sup>st</sup> March 2024. An official farewell was held for retired faculty and staff on 26<sup>th</sup> March 2024, and they were formally escorted to their residences.

### **We For Women**

We for Women Club aims to instill confidence in students as they embrace the social status of a woman, thereby facilitating the true celebration of womanhood. The club organises activities to upgrade the intellectual, artistic, and social skills of students through its three constituent clubs, Maneeshi, Rasika, and Arpitha.

The activities of We for Women Club began with a protest rally and discussion on 26/07/23 to declare solidarity for the riot affected north eastern state of Manipur and to sensitise the youth about social issues and human rights violations that are rampant in the society. The day saw active participation of students who held placards and held a silent march through the campus, followed by a discussion on human rights in the seminar hall. KARUTHU, a workshop on self defense was conducted in collaboration with Lions’ Club, Irinjalakuda and Decathlon, Thrissur on 14/08/23 which witnessed active participation from the students. New techniques of martial arts were demonstrated to students who responded eagerly to the class.

An invited talk was conducted by the We for Women Club in association with Aster Medicity, Kochi on 26/09/23 to sensitise the students about PCOD and several other aspects of health and fitness. Dr. Nila Surendran, Specialist Doctor from Aster Medicity, led the class. We for Women Club organized a panel discussion titled “Voices of Real Women” in which selected students talked about their experiences in progressing with education and the various challenges faced by women in accessing education in our society. Sneha PS and Selin AJ of II MA English coordinated the discussion, which was held in the seminar hall on 11/03/24. The discussion was held to commemorate International Women’s Day. Aatmaraksha, a demonstration of martial arts by Ms Niveditha, II BCom student was conducted on 13/03/24 to ensure participatory learning by the student community. The students learned some elementary techniques in martial arts and the event was held in the basket ball court near the Indoor Stadium.

### **Ek Bharat Shreshtha Bharat (EBSB)**

The Hindi Day celebration, 'Hindi Pakvade Ke Avsar Par,' was held on September 14, 2023, at St. Joseph's College (Autonomous), Irinjalakuda. This event was organised collaboratively by the EBSB (Ek Bharat Shreshtha Bharat) club and the Department of Hindi, with the aim of

promoting the Hindi language and culture among the students. As part of these celebrations, Hindi recitation and poster-making competition were conducted on September 18<sup>th</sup> & 19<sup>th</sup> 2023 in the IEDC hall. On National Constitutional Day, the EBSB club, in collaboration with the NSS unit of the college, participated in the constitution pamphlet distribution project of the Vellangallor Block panchayat. Ethnic Day was celebrated on December 13, 2023, by EBSB in association with the college union YUKTHA. All the departments were assigned with different states and union territories of India and were asked to exhibit their culture, tradition, art forms, food, etc. Students of all departments participated in the programme.

### **Unnat Bharat Abhiyan (UBA)**

On Gandhi Jayanthi Day, students participated in the cleaning Programme at Irinjalakuda. In connection with World Poverty Eradication Day, students visited the inmates of Santisasadan –a home for the elderly—and distributed the basic amenities on October 8, 2023. On behalf of World Entrepreneurs Day, students visited Biji Polycan at Enkakkad. On October 21, 2023, students interacted with the entrepreneur, Mr. Bibin T. V. In regard to the Diamond Jubilee celebrations of our college, we conducted a two-day “Open Day” programme. Students showcased their handmade products through exhibition on 18 and 19 November 2023. In connection with ‘SAMETHAM’—an educational programme for school students was conducted in association with the district planning board on 12th January 12, 2024.

### **Institution's Innovation Council (IIC)**

The Institution's Innovation Council (IIC) of St. Joseph's College (Autonomous), Irinjalakuda, presented its annual report to the Ministry of Education's Innovation Cell (MIC), Govt. of India, for the assessment period of 2022-2023. The report encapsulated remarkable achievements and endeavours in fostering innovation, creativity, and entrepreneurship. Consequently, St. Joseph's College (Autonomous), Irinjalakuda, achieved a prestigious Three-Star grading during the Annual Performance Ranking, underscoring a commitment to excellence and innovation in education.

An Ideathon 2023 Idea Pitching Competition based on the theme of 17 UN Sustainable Development Goals (SDGs) was organised for all Kerala Higher Secondary School students on the 17<sup>th</sup> of November 2023 to encourage young minds to ideate and innovate. The students from the following schools, viz., Nirmalamatha Central School, Thrissur, Bharatiya Vidya Bhavan's Vidya Mandir, Irinjalakuda, and HSS, Chenthrappinny, bagged the first, second, and third prizes, respectively. The teams were awarded cash prizes of Rs 25000 for the first place, Rs 15000 for the second place, and Rs 10000 for the third place. Twenty teams from various schools in Kerala participated in the idea-pitching competition. The competition became a phenomenal success in the presence of the chief judge, Dr Balamurali, Director Quality S.F.O. Technology (P) Ltd., Dr Sr Siji PD CHF, Principal of St. Joseph's College, Ms Shajeena Shahul Hameed, QA Manager Nest Digital, Ms Daisy PK, Assistant Professor and Judge of the competition, from the Department of Economics, St. Joseph's College (Autonomous), Irinjalakuda, Dr Sajo Jose, the President of IIC and the General Convenor of Ideathon 2023, Ms Sherline KI, the Joint Convenor of Ideathon 2023, Ms Nivitha Paul, HR Manager and Convenor of Ideathon 2023, and Ms Nasreen KA, Student Coordinator of Ideathon.

The Viksit Bharat @ 2024 Utsav, envisioning Bharat as a First World Nation, was launched on the campus. This visionary event, graced by the online inaugural address of the Hon'ble Prime Minister of India, Sri Narendra Modi, on 11th December 2023, aimed to foster a spirit of innovation and transformation. Faculty and students from St. Joseph's College actively participated in the IIC Regional Meet held at CUSAT, Cochin, on 16th January 2024. This engagement provided a platform for knowledge exchange, collaboration, and networking with peers and experts in the field of innovation. Additionally, select faculty members underwent Foundation and Advanced Training for the Innovation Ambassadors of IIC, equipping them with the necessary skills and knowledge to serve as catalysts for innovation within the institution and the broader community. Moreover, the IIC hosted an Entrepreneurial Exhibition at the college auditorium, where students showcased stalls featuring their innovative products and services. This event served as a platform for students to demonstrate their entrepreneurial ventures and generated initial revenue for their projects, fostering a culture of entrepreneurship among students. In conclusion, the achievements and initiatives of the Institution's Innovation Council reflected an unwavering commitment to fostering a culture of innovation, entrepreneurship, and excellence.

#### PTWA

The Parents Teachers Well Wishers Association (PTWA) of St. Joseph's College (Autonomous) Irinjalakuda is instrumental in fostering a collaborative environment between parents, teachers, and the college administration.

Through various initiatives and activities, PTWA aims to support the educational and overall development of students while strengthening community bonds.

The first PTWA meeting of the academic year 2023-24 was convened on 16<sup>th</sup> June 2023. The meeting served as a platform to discuss important matters regarding Undergraduate (UG) and Postgraduate (PG) admissions. On 26<sup>th</sup> June 2023, an orientation programme titled "Parenting: The Art and Science" was conducted for the parents of first-year students. The session was led by Dr. Milu Maria Anto and aimed at providing insights and guidance on effective parenting strategies. The programme addressed various aspects of nurturing and supporting students through their educational journey at St. Joseph's College. A felicitation meeting was organised by PTWA on 19<sup>th</sup> September 2023 to honor Mrs. Suja Sanjeev Kumar, the newly elected Irinjalakuda Municipal Chairperson. The PTWA executive meeting held on November 3, 2023, focused on planning the Diamond Jubilee celebration of the college. Discussions during this meeting centered around organising commemorative events, fundraising initiatives, alumni engagement, and coordinating with various stakeholders to ensure the success of this milestone celebration.

PTWA organised a heartfelt farewell salute to retirees Dr. Roselin Alex, Sr. Ally Antony, Mrs. Rosily K.D., and Mrs. Lucy N.T. The event, held on 20<sup>th</sup> March 2024, celebrated their dedicated service and contributions to the college community, acknowledging their profound impact on generations of students and colleagues. PTWA's gesture underscored the importance of their legacy and wished them well in their future endeavours.

#### Value Education

Value education classes were held on January 11<sup>th</sup>, 12<sup>th</sup>, 18<sup>th</sup>, and 19<sup>th</sup>, 2024, encompassing teachings on moral, spiritual,

and social values aimed at all students. These sessions were complemented by weekly classes and tutorials, emphasizing the acquisition of true knowledge and wisdom in life. The curriculum followed prescribed textbooks endorsed by the University of Calicut's Chair for Christian Studies and Research. In addition to academic endeavours, students benefited from counseling sessions provided by the Jeevani Counseling Centre. Classes addressing domestic violence integrated real-life case studies, enhancing awareness among students on pertinent societal issues. Faculty members were prepared through training sessions conducted on December 14 and 15<sup>th</sup>, 2023. Collaboration with the Chair for Christian Studies and Research was reinforced through a meeting held on December 8<sup>th</sup>, 2023, which brought together coordinators from various colleges to discuss progress for the academic year 2023-2024 via an online platform.

Examinations for final year students took place on January 24<sup>th</sup>, 2024, with those for first and second year students following on February 28<sup>th</sup>, 2024. A supplementary SAY exam was also administered for students who were unable to participate in the main exams. Question papers and answer keys were managed by the Christian Chair office of Calicut University, and evaluation was conducted using Google Sheets provided by the Value Education Committee. The distribution of certificates to final-year students, received from the office of the Christian Chair, marked the culmination of the academic year's efforts in promoting holistic education and values among students.

#### Innovation and Entrepreneurship Development Centre (IEDC)

Innovation and Entrepreneurship Development Centre (IEDC) started its activities for the academic year 2023-2024 with an International Conference on "New Business Environment and the Strategies for Success" on 8<sup>th</sup> August 2023 at 11.00 AM in the Research Seminar Hall. Dr. Justin Paul, Professor, University of Puerto Rico, USA, and the Editor-in-Chief, International Journal of Consumer Studies, was the key resource speaker. In connection with World Entrepreneur's Day, the Innovation and Entrepreneurship Development Centre (IEDC) and the Institution's Innovation Council (IIC) jointly organised a competition named "Yuva Marketer 2k23" at 2.30 PM in the IEDC room on 21<sup>st</sup> August 2023. To build a strong and effective passion among student innovators about startups and latest technologies in business, a TBI visit was arranged to Super Fab Lab at Kerala Start-Up Mission, Kochi, on 29<sup>th</sup> September 2023. In order to promote the artistic and creative talents of students, IEDC SJC, in association with ED Club, organised a logo-making competition on September 30, 2023. To spark the innovative thinking capacity of budding women entrepreneurs, IEDC, in association with the department of Business Administration and Management, organised an interactive session, "My Story: A Motivational Session," by Successful Entrepreneur Mr. Shaju Augustine, Founder and Managing Director of Surabhi Innovations Pvt Ltd.

Mr. Augustine's insightful journey provided participants with real-world entrepreneurial perspectives, fostering an entrepreneurial mindset and imparting industry-specific knowledge. IEDC, in association with the Computer Science department, organised an idea pitching contest, "IDEATHON 3.0," on October 9, 2023. IEDC Execom members participated in the Asia's Largest Student Entrepreneurship Summit organised by the Kerala Start-Up Mission on 12<sup>th</sup> October 2023 at the College of Engineering Trivandrum. As part of the Golden Jubilee celebrations of the college, IEDC SJC, in association with the institution's Innovation Council, organised 'IDEATHON 2023' for the

higher secondary students of Kerala on November 17, 2023. IEDC execom members participated in the Green Biz summit jointly organised by the Government Engineering College Thrissur and SIDBI, Govt. of India, on 6<sup>th</sup> December 2023 at Hotel Ashoka Inn, Thrissur.

#### **Election**

The college union election for the academic year 2023-2024 was held on 02.11.2023. New Student Council headed by Ms.Aswathy as Chairperson was elected.

#### **CHAIRPERSON**

ASWATHI

III B.Sc Maths

#### **VICE- CHAIRPERSON**

ESTHER N ROY

III B.Com Finance

#### **GENERAL SECRETARY**

SABI BAIJU

III B.Sc Maths

#### **JOINT -SECRETARY**

TWINKLE MARIYA VARGHESE

II B.A Economics

#### **UNIVERSITY UNION COUNCILLORS**

GAYATHRI MANOJ

II BA History

AHLA V.A

III BA Economics

#### **FINE ARTS SECRETARY**

OLIVIA LIMSON

III BA Economics

#### **STUDENT EDITOR**

ANGELINE SUNNY

II B.Com(aided)

#### **GENERAL CAPTAIN**

SAMIYA PS

III B.Sc Chemistry

#### **STUDENT REPRESENTATIVES**

AIRIN JOSE PAUL

I BA English

NELSA JOY

II BA English

ASHA K

III B.Sc Biotechnology

AYILYA V R

II MA Journalism

## **VIII.CLUBS**

### **Nature Club**

Nature Club organised 'Dasapushpa Quiz' on 14<sup>th</sup> August 2023, with the aim to test participants' knowledge about the traditional Indian system of classifying ten sacred flowers known as the 'Dasapushpa.' The quiz was designed to promote awareness and appreciation of Indian cultural and botanical heritage among the participants. It was aimed at creating a platform for participants to showcase their knowledge about traditional Indian knowledge systems. The participants, were shown Dasapushpa plants asked to correctly identify them based on their appearance and to recall of facts related to Dasapushpa plants. The event not only tested participants' knowledge but also inspired a sense of curiosity and appreciation for India's rich cultural and botanical heritage.

Another venture of the club was Nature Camp at Vazhachal on 28<sup>th</sup> and 29<sup>th</sup> September 2023. The aim was to inculcate appreciation of nature, natural resources, indigenous people, their culture, and its importance. The nature camp was organised by the Social Forestry Department, Government of Kerala, Vazhachal. Trekking and bird watching were the main attractions of the camp. Our team spent 2 days in the abode of the Vazhachal Forest.

### **Biodiversity Club**

In connection with World Environment Day, a debate on the topic 'Beat Plastic Pollution' was organised for the students on 5<sup>th</sup> June, 2023. As a part of Wildlife Trust of India's (WTI) mangrove restoration in Kerala, the biodiversity club members undertook a field study on 5<sup>th</sup> September to assess the biodiversity in the mangroves of Kannur Kandal Project at Payyanur. As part of the National Bird Watching Day, a workshop on Avian Surveillance in the Kole wetlands of Konthipulam in Thrissur district was organised in association with the Department of Zoology & Birders sans Borders on 8<sup>th</sup> & 11<sup>th</sup> November, 2023. As part of World Wetland Day, final year UG students were taken to nearby wetlands, and an awareness class on the importance of wetlands was given on February 2, 2024.

### **ED Club**

ED Club, in association with the Department of Economics and IIC, organised an industrial visit to the Biji Polycan, Varavoor Industrial Estate, Wadakancherry on 21<sup>st</sup> August 2023. It was a practical learning experience where students had an opportunity to interact with an entrepreneur and gain an understanding of the industry's operations. ED Club participated in the exhibition conducted by the Don Bosco School, Irinjalakuda, on 5<sup>th</sup> October 2023. ED club members sold their products and earned more than 2000 rupees. Students from various schools and their parents visited our venue.

The Department of Economics conducted an online entrepreneurship quiz in connection with National Entrepreneurship Day on November 9, 2023, in association with the ED club and IIC at St. Joseph's College (Autonomous), Irinjalakuda. A Google Form was prepared, and the link was shared with the students through WhatsApp groups. A total of 151 students from various departments participated in the quiz programme. E-certificates were provided to those who scored 60 percent and above. ED Club members earned Rs. 6,000 by selling their products in the 2-day exhibition conducted by the college in connection with the Diamond Jubilee Celebration on 17 and 18 November 2023. Students showcased various models representing economic theories, and our budding entrepreneurs exhibited their products for sale. ED Club and IIC jointly organised "BeginBiz Battle on January 16, 2024, in connection with National Start-up Day. A platform was provided to the participants to present their business ideas.

### Fine Arts

The fine arts committee 2023-24 started off by conducting the talent show “Impulse 2K23” on 21st July 2023 for first-year UG students, where the best group event and best individual talent were awarded. The fine arts committee was given the cultural lead during the inauguration of the college’s Diamond Jubilee “LEGATUM 60” celebrations on 10th November 2023, as part of which a welcome dance and fusion dance were presented.

In connection with the college’s Jubilee Celebrations, the fine arts committee, in association with the dance club, conducted the ‘Groove Gala-Dance Fest’ on November 17th, which was an interschool and intercollegiate dance festival inaugurated by Malayalam film actor and dancer Sri Vineeth Kumar, where 10 teams participated from school and college levels and cash awards were distributed to winners in each category. The Fine Arts inauguration took place on the 13th of December 2023, alongside the Union inauguration by Irinjalakuda Municipality Deputy Superintendent of Police Mr. T.K. Shaiju. The fine arts club, in association with the college union, conducted "Anokha," the ethnic day fest, on December 13th, 2023. The event was inaugurated by travel vloggers Sharath and Geethama. Ethnic day competitions such as an ethnic food fest, spot dance choreography, and group dance were conducted, and the overall winners were awarded a cash prize sponsored by the college union and an ever-rolling trophy. The winner of the competition was the Department of Mathematics, followed by the Department of Biotechnology as second. The fine arts club also successfully conducted ‘Kalagni 2023’, the annual college fine arts festival, which spanned over 5 days with three days for offstage events and 2 days for onstage events. A rule book was published for all the events conducted based on Calicut University D-zone bylaws. The Committee conducted 45 different events, including literary, drawing, musical, dance, and theatre events. It was an interdepartmental competition, and the overall first (Commerce aided), second (Biotechnology) and third (Physics) positions were awarded by Principal’s ever-rolling trophy on 6th March 2024 – Fine Arts Merit Day. All the individual and group event winners were awarded certificates.

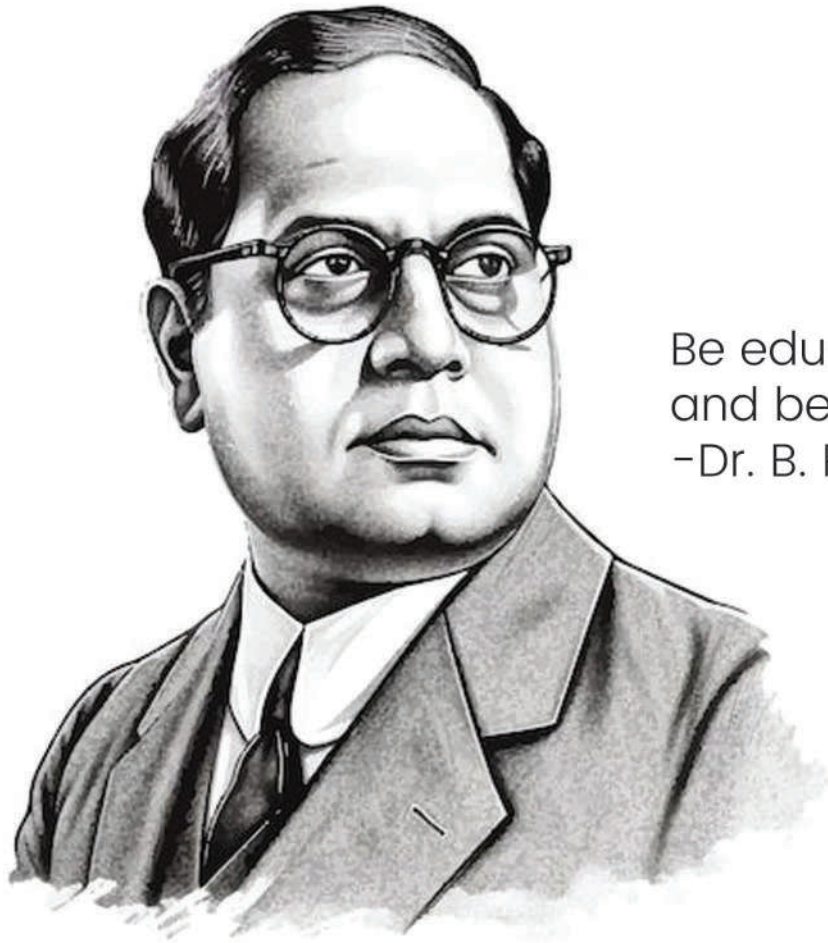
Following Kalagni 2023, the preparation for D-zone competitions was started. The college planned to take forward Folk Dance Group, Thiruvathira, Oppana, Group Song Indian, Patriotic Song, Mime and Skit with well - reputed trainers and all other individual events. Fine Arts Club decided to provide financial assistance of 5000 Rs per participant for the two selected participants of individual dance events of D-zone / Interzone competitions. The Selection was based on the number of individual events, expenses, and financial background of the family.

### Conclusion

As I conclude, allow me to bow in humble veneration before the grace of the Lord Almighty for guiding us through the noble paths of wisdom and righteousness. May I place on record my heartfelt gratitude to the entire Josephite family for your commitment and diligence in serving the institution. May I pray for the perpetual patronage of St. Joseph in all our future ventures. I humbly beseech the divine intercession of Saint Mariam Thressia and Venerable Father Joseph Vithayathil.

Thanking you all for your patient listening, let me conclude.  
May God bless you all.

Thank you.



Be educated, be organized,  
and be agitated  
-Dr. B. R. Ambedkar



Amani Anwar  
II BSW



Najiya TN  
II BA English

# Vice Principals



**Dr. Sr. ELAIZA**



**Dr. Sr. FLOWERET CHF**

# Self Financing Coordinator



**Dr. Sr. ROSE BASTIN CHF**

## AWARDEES

TEACHER OF THE  
YEAR



**Dr. GIGI POULOSE**  
Assistant Professor  
Department of Zoology

RESEARCHER OF  
THE YEAR - SCIENCE



**Dr. VIDYA. G**  
Assistant Professor  
Department of Zoology

RESEARCHER OF THE  
YEAR - ARTS



**Dr. JENCY K. A.**  
Assistant Professor  
Department of Malayalam

## ALUMNAE OF THE YEAR AWARD



**MS. ANJANA SANKAR K**

## NEW RESEARCH GUIDE



**Dr. DEEPA ROY**  
Department of English

## Ph.D AWARDEE



**Dr. SONIMA K.K**  
Department of English



# Union Yuktha Inauguration



# Union Yuktha

2023 – 2024



**ASWATHI**  
Chairperson



**ESTHER N ROY**  
Vice Chairperson



**SABI BAIJU**  
General Secretary



**TWINKLE MARIYA VARGHESE**  
Joint Secretary



**AHLA V A**  
UUC



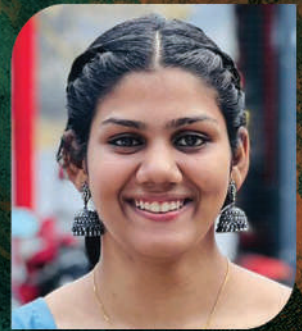
**GAYATHRI MANOJ**  
UUC



**OLIVIA LIMSON**  
Fine Arts Secretary



**ANGELINE SUNNY**  
Student Editor



**SAMIYA TS**  
General Captain



**AIRIN JOSEPAUL**  
1<sup>st</sup> DC Representative



**NELSA JOY**  
2<sup>nd</sup> DC Representative



**ASHA K**  
3<sup>rd</sup> DC Representative



**AYILYA V R**  
PG Representative

# Fine Arts Kalagni





# Fine Arts Kalagni



# Special Thanks



Gayathri Manoj  
Coordinator



Amani Anwar  
Illustrator

കല്ലിങ്ങപുറം  
**അമ്പിളി ജ്വല്ലേഴ്സ്**  
ഇരിഞ്ഞാലക്കുട

MOST  
TRUSTED  
JEWELLERY



KALLINGAPURAM BUILDING,  
AALTHARA, IRINJALAKUDA.  
PH 70257 70259  
SPACIOUS CAR PARKING



KALLINGAPURAM  
**ambili**  
JEWELLERS  
GOLD & DIAMONDS

Our Sister Concern : Ambili Grand Collections Silver | Vessels | Gifts | Imitation

# STUDENT OF THE YEAR



Student of the Year - Akshara Balakrishnan (III B.Com Aided)





# 60<sup>th</sup> College Day







# Retiree

ഡോ. റോസ്മിൻ അലക്സ്,  
HOD, ബോട്ടണി വിഭാഗം

നേതൃത്വപാടവംകൊണ്ടും പ്രവർത്തനമികവുകൊണ്ടും സഹപ്രവർത്തകരെല്ലാം കൂടുംബാംഗങ്ങൾ എന്ന പേരിൽ ചേർത്തു പിടിക്കാനുള്ള മനസുകൊണ്ടും വളരെ മികച്ച മാതൃകയായി മാറിയ വ്യക്തിയായിരുന്നു ബോട്ടണി വിഭാഗം അധ്യക്ഷയായി വിരമിച്ച റോസ്മിൻ മിസ്സ്. 1995 ഓഗസ്റ്റ് മാസം മുതൽ ആരംഭിച്ച 28 വർഷത്തെ സേവനകാലംകൊണ്ട് സെന്റ് ജോസഫ്സിന് അഭിമാനിക്കാവുന്ന ഒട്ടേറെ നേട്ടങ്ങൾ മിസ്സ് സമ്മാനിച്ചു. ബയോടെക്നോളജിയിലും ബോട്ടണിയിലും ബിരുദാനന്തര ബിരുദം നേടിയ ഡോ. റോസ്മിൻ ബയോടെക്നോളജി വിഭാഗത്തിന്റെ പ്രഥമ അധ്യക്ഷയായിരുന്നു. 2000 മുതൽ 2005 വരെ ബയോടെക്നോളജി വിഭാഗത്തിൽ പ്രവർത്തനമനുഷ്ഠിച്ച ശേഷം ബോട്ടണി ഡിപ്പാർട്ട്മെന്റിലേക്കുമാറുകയായിരുന്നു. 2013 ൽ പി എച്ച് ഡി കരസ്ഥമാക്കിയ മിസ്സ് 2020 ൽ ബോട്ടണിവിഭാഗം അധ്യക്ഷയായി. അസിസ്റ്റന്റ് സൂപ്രണ്ട് ഓഫ് എക്സാം, ഡി. ഡി.കാ, നേച്ചർ ക്ലബ്ബ് കോർഡിനേറ്റർ എന്നീ വലിയ ഉത്തരവാദിത്തങ്ങൾക്ക് പുറമെ, ഇന്റേണൽ എക്സാം, യൂണിവേഴ്സിറ്റി എക്സാം, ഫൈൻ ആർട്ട്സ്, സ്റ്റാഫ് അസോസിയേഷൻ, അഡ്വർടൈസിംഗ് കമ്മിറ്റി എന്നിവയുടെ ചുമതലകൾ ഭംഗിയായി നിർവ്വഹിച്ചു. അധ്യാപനത്തിരക്കിൽ മാറ്റിവെയ്ക്കപ്പെട്ട അനക്കാദമിക പ്രവർത്തനങ്ങൾക്കുള്ള ഒരു അവസരമായി തന്റെ വിരമിക്കലിനെ കാണാനാണ് മിസ്സിനിഷ്ടം. പാവങ്ങളോടുള്ള കരുതലും സ്നേഹവും സാമ്പത്തികമായി ബുദ്ധിമുട്ടനുഭവിക്കുന്ന കുട്ടികളെ സഹായിക്കുന്ന ഉദാരതയും സുവിശേഷ വേലയോടുള്ള പ്രതിബദ്ധതയും എടുത്തു പറയേണ്ട ഗുണങ്ങളാണ്. ക്രൈസ്റ്റ് എഞ്ചിനീയറിങ്ങ് കോളേജ് പ്രിൻസിപ്പലായ ഭർത്താവ് ഡോ. സജീവ് ജോണിനോടും രണ്ടു മക്കളോടുംശൊഭിതരായ കൂടുംബജീവിതം നയിക്കുവാനും ആത്മീയതയെ വഴിവളക്കാക്കി ജീവിതം കൂടുതൽ മനോഹരമാക്കാനും മിസ്സിനു സാധിക്കട്ടെ എന്നാശംസിക്കുന്നു.



# Retiree

സി. അല്ലി ആന്റണി സി. എച്ച്. എഫ്  
ഹെഡ് അക്കൗണ്ടന്റ്

പ്രകൃതിരമണീയമായ കടുപ്പശ്ലേരി എന്ന കൊച്ചുഗ്രാമത്തിൽ, കോങ്കോത്ത് തറവാട്ടിൽ ആന്റണി - മേരി ദമ്പതികളുടെ 4 മക്കളിൽ രണ്ടാമത്തെ മകളാണ് സി. അല്ലി ആന്റണി. സെന്റ് മേരീസ് കുഴിക്കാട്ടുശ്ലേരി ഹൈസ്കൂളിൽനിന്നും സ്കൂൾവിദ്യാഭ്യാസം പൂർത്തിയാക്കിയ സിസ്റ്റർ, ഒരു സമർപ്പിതയാവാൻ ആഗ്രഹിച്ച് 1985 ൽ ഹോളി ഫാമിലി സന്യാസിനിസമൂഹത്തൽ ചേർന്നു. പിന്നീട് 1996 മെയ് 18ന് സെന്റ് ജോസഫ്സ് കലാലയത്തിൽ സിസ്റ്റർ തന്റെ ഔദ്യോഗികജീവിതം ആരംഭിച്ചു. യൂണിവേഴ്സിറ്റി എക്സാം സെക്ഷൻ & അഡ്മിഷൻ ഇൻചാർജ്ജ്, ഹെഡ് അക്കൗണ്ടന്റ് എന്നിങ്ങനെ ഓഫീസിലെ വിവിധ മേഖലകളിൽ സിസ്റ്റർ തന്റെ സേവനം കാഴ്ചവെച്ചു. തന്റെ കർത്തവ്യങ്ങൾ കൃത്യമായും സമയബന്ധിതമായും ചെയ്തുതീർക്കാൻ കഠിനാദ്ധ്വാനം ചെയ്യുന്ന വ്യക്തിയാണ് സി. അല്ലി. അചഞ്ചലമായ ഈശ്വരവിശ്വാസവും പെരുമാറ്റത്തിലെ ഉഷ്ണമയവും സഹപ്രവർത്തകരോടും അവരുടെ കുടുംബാംഗങ്ങളോടുംമുള്ള പ്രത്യേകമായ സ്നേഹവും പരിഗണനയും സിസ്റ്ററിന്റെ വിശിഷ്ട ഗുണങ്ങളാണ്. മറ്റുള്ളവരുടെ ആവശ്യങ്ങളിലേക്കിറങ്ങിച്ചെന്ന് സഹായഹസ്തം നീട്ടുവാനും അവരുടെ വേദനയും വേവലാതികളും ഏറെ സമയമെടുത്തു ശ്രമിക്കുവാനും സിസ്റ്റർ സദാ ശ്രദ്ധിച്ചിരുന്നു. ക്രിസ്തുജ്യോതി, ശാന്തി എടക്കുളം കോൺവെന്റുകളിൽ സുപീരിയർ എന്ന നിലയിലും സിസ്റ്റർ തന്റെ ഉത്തരവാദിത്തം മനോഹരമായി നിർവഹിച്ചു. ഒരു സമർപ്പിതയെ സംബന്ധിച്ചിടത്തോളം ഔദ്യോഗികജീവിതത്തിൽനിന്നും വിടപറയുക എന്നു പറഞ്ഞാൽ കുറേക്കൂടി ഉത്തരവാദിത്തങ്ങൾ നിറഞ്ഞ പുതിയ മേച്ചിൽപ്പുറങ്ങളിലേക്ക് പ്രവേശിക്കുക എന്നതാണ്. നീണ്ട 28 വർഷത്തെ സ്തുത്യർഹമായ സേവനത്തിനുശേഷം ഔദ്യോഗികജീവിതത്തിൽ നിന്നും വിരമിക്കാൻ ഒരുങ്ങുന്ന സിസ്റ്ററിന് തുടർന്നുള്ള പ്രവർത്തനമേഖലകളിലെല്ലാം ദൈവത്തിന്റെ കൃപയും അനുഗ്രഹവും സിസ്റ്ററിനെ വഴി നടത്തട്ടെ എന്ന് ആശംസിക്കുന്നു.



# Retiree

ശ്രീമതി. റോസിലി കെ. ഡി  
ലാബ് അസിസ്റ്റന്റ്, കെമിസ്ട്രി വിഭാഗം

ദീർഘമായ 36 വർഷങ്ങൾ സെന്റ് ജോസഫ്സ് കലാലയത്തിലെ വിവിധ മേഖലകളിൽ ജ്വലിച്ചു നിന്നിരുന്ന ത്യാഗത്തിന്റെയും അദ്ധ്വാനത്തിന്റെയും തിരിനാളമാണ് റോസിലിച്ചേച്ചി. ശാന്ത സുന്ദരമായനന്തിപുലം ഗ്രാമത്തിൽ നിന്ന് 1988 ജൂലൈ 7 നാണ് സെന്റ് ജോസഫ്സ് കലാലയത്തിലേക്ക് റോസിലിച്ചേച്ചി വന്നത്. അർപ്പണമനോഭാവത്തോടെ തന്റെ കർത്തവ്യങ്ങൾ നിർവ്വഹിക്കുവാൻ ചേച്ചി ഏറെ ഉത്സുകയായിരുന്നു. തന്റെ ഉത്തരവാദിത്തങ്ങൾ ശാന്തമായും ഭംഗിയായും നിർവ്വഹിക്കുവാനും, എപ്പോഴും ആരോടും ഹൃദ്യമായി പെരുമാറുവാനും റോസിലിച്ചേച്ചിക്ക് സാധിച്ചിരുന്നു. ദീർഘകാലം ലൈബ്രറിയിലായിരുന്ന റോസിലി ചേച്ചിക്ക് അവിടുത്തെ മൂക്കും മൂലയും പുസ്തകങ്ങളും സുപരിചിതമാണ്. പരിഭവങ്ങളില്ലാതെ കുടുംബത്തെപ്പോലെ കോളേജിനെ സ്നേഹിച്ചിരുന്ന റോസിലിച്ചേച്ചി നന്ദിയോടും സ്നേഹത്തോടും കൂടി ജോലിയിൽ നിന്നും വിരമിക്കുമ്പോൾ എല്ലാവിധ നന്മകളും ഭാവുകങ്ങളും ഞങ്ങൾ നേരുന്നു.



# Retiree

ശ്രീമതി. ലൂസി എൻ. ടി  
ലാബ് അസിസ്റ്റന്റ്, ബോട്ടണി വിഭാഗം

നീണ്ട 31 വർഷക്കാലം ദൈവത്തിന്റെ ഈ വിളഭൂമിയിൽ വി.യാസേപിതാവിന്റെ സംരക്ഷണ പ്രഭയിൽ സ്നേഹ സേവനങ്ങൾ അർപ്പിച്ച വ്യക്തിയാണ് ലൂസിച്ചേച്ചി. കൊടുയിൽ നിന്ന് 1993 ജനുവരി 1നാണ് സെന്റ് ജോസഫ്സ് കലാലയത്തിൽ ലൂസി ചേച്ചി വന്നത്. ഇവിടെ ഓഫീസിലും ബയോടെക്നോളജി, ബോട്ടണി വിഭാഗങ്ങളുടെ ലാബുകളിലും തന്റെ സേവനം കാഴ്ചവെച്ചു. ലാബുകളിലെ വിവിധ പ്രവർത്തനങ്ങൾക്കായ് തന്നെ സമീപിക്കുന്ന വിദ്യാർത്ഥിനികൾക്ക് അമ്മയുടെ വാത്സല്യവും സഹായവും പകർന്നു കൊടുക്കുവാൻ ലൂസിച്ചേച്ചി എന്നും ഉത്സുകയായിരുന്നു. ഇളംതലമുറയോടുള്ള പ്രത്യേക കരുതലും സ്നേഹവും സമചിത്തതയോടെ കാര്യങ്ങൾ ചെയ്യാനുള്ള കാര്യക്ഷമതയും എടുത്തുപറയേണ്ടതാണ്. പലവിധത്തിലുള്ള ശാരീരിക ബുദ്ധിമുട്ടുകൾ നേരിടേണ്ടി വന്നപ്പോഴും അവയെല്ലാം അതിജീവിച്ച് ധീരതയോടെ തന്റെ കർമ്മണ്ഡലങ്ങളിലേക്ക് വീണ്ടും ഇറങ്ങിത്തിരിക്കുവാൻ ചേച്ചിക്ക് സാധിച്ചു. സാന്നിദ്ധ്യത്തിലൂടെയും സ്നേഹസേവനങ്ങളിലൂടെയും നാളിതുവരെ സൽകിയ നന്മകൾക്ക് നന്ദിയോടെ , അനുഗ്രഹപ്രദമായ ദാവി ജീവിതം ആശംസിക്കുന്നു.

# O GRADE HOLDERS - 2024

# Congratulations!



**AKSHARA BALAKRISHNAN**  
B.Com Aided



**ANJALI M**  
B.Com Aided



**GOURIKRISHNA N R**  
B.Com Aided



**HANNA ABDUL JABBAR**  
Chemistry



**JAYADURGA J**  
Botany



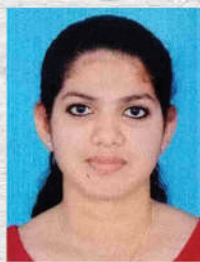
**MEGHA E T**  
Botany



**NINITHA J B**  
Botany



**AGNA NIXON**  
Chemistry



**ANAGHA MARIYA**  
Chemistry



**GOIKA**  
Chemistry



**JOMOL P J**  
Chemistry



**MERIN ELIZABETH**  
Chemistry



**SAKILA M.A**  
Chemistry



**SHILPA S**  
Chemistry



**ALEENA JOHN**  
Commerce



**ALEENA PAULSON**  
Commerce



**ANOOPA T**  
Commerce



**ATHIRA JOSE**  
Commerce



**JIJI VARGHESE**  
Commerce



**MARTEENA K A**  
B.Com Aided



**SANJANA SREENI**  
Commerce



**THANUJA. K. THARUNBOS**  
Commerce



**MARTEENA V A**  
Commerce



**SRUTHY MR**  
B.Com Aided



**AYANA NANDAKUMAR**  
Malayalam



**ASHITHA RASHEED**  
Psychology



**SAHLA V A**  
Chemistry



**TWINKLE MARIYA THOMAS**  
Psychology



**SILVY K J**  
Zoology



# Diamond Jubilee Carnival



# Favourite Jots



Students should be encouraged to become critical thinkers and problem solvers. St. Joseph's college has a great potential in shaping the students into catalysts of social, cultural, and economic change. I wish the college a great future.

-UGC Chairman

*Dr. H. G. Gadgil*

Keep manifesting your own reality...  
 Not just accept but create your victory....  
 Use your voice...own your space...  
 Keep the spark in you alive and bridge the dream gap.  
 - Sangeetha Janachandran

*Dr. Sangeetha Janachandran*



Love you St. Joseph's!  
 Such a lovely experience. The kind of energy I got from the students was unreal! Stay Happy and focused  
 - Bhavana

*With Love  
 Bhavana*



ഞാൻ എപ്പോഴും വിശ്വസിക്കുന്നത് ലോകം മുഴുവൻ മുളയ്ക്കുകയാണ്. അപ്പോൾ എല്ലായിടത്തും കാർപറ്റ് ഇടാം എന്ന് ചിന്തിക്കുന്നതിലും നല്ലത് അവനവൻ കാലിൽ ചെരുപ്പ് ധരിക്കുന്നതാണ്. കൂടെയുള്ളവരോട് ചെരുപ്പ് ധരിക്കാൻ പറയുന്നതാണ്. വിദ്യാർത്ഥികൾ എന്ന നിലയിൽ നിങ്ങളുടെ ക്ലാസ് മുറിയാണ് നിങ്ങളുടെ സമൂഹം. ഒരു ബെഞ്ചിൽ നിങ്ങളുടെ അടുത്തതും ഇടുത്തതും ഇരിക്കുന്നവരാണ് നിങ്ങളുടെ പരിസരം. ഒരു സമൂഹത്തെ വാർത്തെടുക്കാൻ ആദ്യം നമുക്ക് നല്ല ഒരു വ്യക്തിയെ രൂപപ്പെടുത്താൻ ശ്രമിക്കാം.

- Joseph Annamkutti

*Joseph Annamkutti*





# ഓർമ്മയാശ്ചരിടം

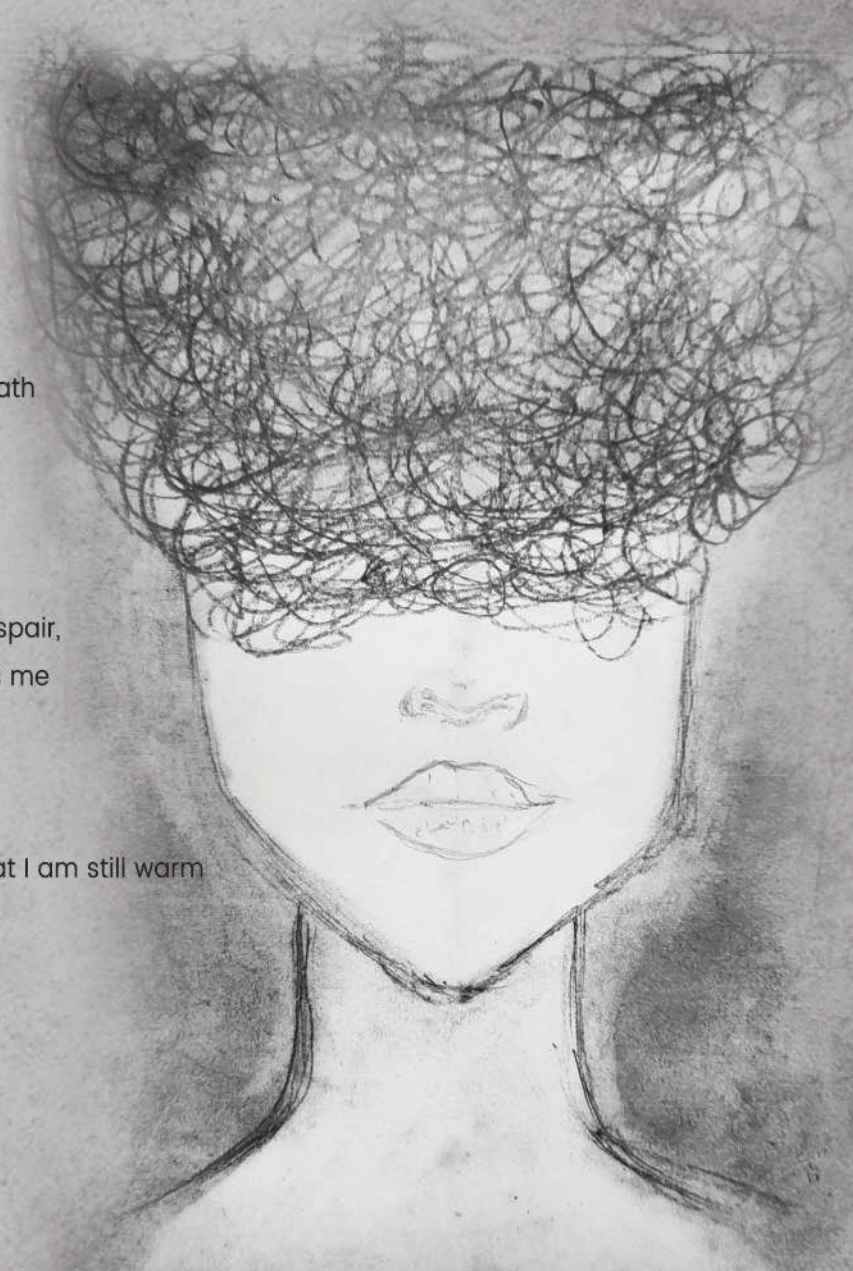
നാടൊന്നിൻ നടുവിലായ് കൂടുപോൽ വീടുകൾ  
 വീടിനുമുറ്റും കൂടുപോൽ തണലേകി കാടുകൾ  
 കാടിനുള്ളിൽ മേടുകൾ താണ്ടി കുതിച്ചിതാപായുന്നു  
 ആനയും പുലിയും കാട്ടുപോത്തും കൂട്ടമായ്  
 ഇടയിൽ നടുവിലായ് ഒഴുകുന്നൊരമ്മ  
 പുഴയമ്മ, നല്ലമ്മ, കാടിന്റെ പെറ്റമ്മ  
 വന്നോർക്കും നീന്നോർക്കും പോയോർക്കും അവളമ്മ  
 ഒഴുകിയമ്മ തഴുകിയമ്മ താരാട്ടുപാടിയൊരമ്മ  
 കവി പാടികേട്ട സ്വർഗ്ഗതുല്യമാമൊരിടം  
 കണ്ണുവെക്കത്തക്ക ഒത്തൊരിടം  
 കാടും നാടും ഒന്നായൊരിടം മനുഷ്യനും  
 മൃഗവും പുഴയും തിങ്ങിപ്പാർത്തൊരിടം  
 കാലംപോകെ വർഷം വന്നു മാരി പെയ്തു തുടങ്ങി  
 മഴ കിട്ടണോരുടെ മനസ്സു നിറഞ്ഞു മനം കുതിർത്തു  
 പക്ഷേ ദുഃഖം തടംകെട്ടി നിന്ന പുഴതൻ  
 കണ്ണിന്റെ ചാൽ പൊട്ടിയൊഴുകിയതാരുമ്മേറിയുന്നതില്ല  
 പൊടുന്നനേയെന്നേയിതൊരു ദാവമാറ്റം  
 പ്രകൃതിതൻ മുഖമെന്നേ കറുത്തുവാടി

പുഴയമ്മ തൻ നെഞ്ചിൽ ദുഃഖമുരുണ്ടുകേറി  
 കാട്ടിലോ കൊമ്പന്റെ അലറിച്ച് മാത്രമായി  
 പുഴയെ ഇങ്ങനെ കണ്ടിട്ടേയില്ല  
 അലറി വിളിച്ചൊരു ഭ്രാന്തിയേപോലെ  
 ഉള്ളിലേ ചേറും ചെളിയും കല്ലും പാറയും  
 ദിശതെറ്റി താഴേക്കൊഴുകിയാർത്തടുത്തു  
 പോകും വഴിയേ കണ്ട കൂടും കൂടുകയും  
 ഓരോന്നുമവൾ തച്ചുടച്ചു  
 പുഴതൻ കൂടെ കളിച്ചു വളർന്നോർടെ  
 പ്രാണനും കൊണ്ടവൾ യാത്രയായി  
 ഒരു നിമിഷനേരം കൊണ്ടോ നെയ്ത് വെച്ചോരോ  
 സ്വപ്നവും പൊട്ടിത്തകർന്നൊലിച്ചു  
 ജീവന്റെ തുടിച്ചോരോന്നു മാത്രം ബാക്കി  
 യാക്കിയവൾ മറ്റുള്ളൊരെയൊക്കെ കൊന്നൊടുക്കി  
 ഭ്രാന്തൊടുങ്ങി ചങ്ങലപ്പുട്ടിലായപ്പോഴേക്കും  
 അങ്ങനെയൊരിടം കർമ്മമാത്രമായി  
 ആരുടെ കണ്ണുനീർ ആദ്യമൊപ്പും അവസാനം ശേഷിച്ചവരുടെയോ?  
 അതോ മനുജനാൽ ഇത്രനാൾ കരഞ്ഞ പുഴയുടേയോ?

Archana S.P, II BA History

# EPIPHANY

The lingering uncertainties  
Has taken over my mind, my vision  
I see fog, intense, blinding  
I see no paths, no doors, no escape  
I am trapped in this mess. The warren of wrath  
Venom in air  
One breathe and I am no more  
Says a part in me, the demon of the nights,  
"Do it", it whispers every night  
You won't feel the pain, you can end this despair,  
This endless loop of blurred sights, it tempts me  
All night  
I no longer feel alive, I cry out  
But then I perceive I see, my beating heart  
That cries out at me, that I am not dead, that I am still warm  
"Embrace your uncertainties" it says  
So, I did.  
Now I am dead and alive  
Dying and living  
Crying and smiling  
I realise,  
Both the demon and God  
Both the sin and blessing  
Both the pain and bliss,  
Reside in me....  
I breath....  
I breathe the differences and I discern.  
It's not bad  
It didn't kill me  
Has it embraced me too?  
Has it accepted me?  
Has it ever loathed me, like I did?  
Or... Was it just me?  
Fighting against myself.  
A long, cold, brutal war-  
Yet, I won.



-Gayathri Manoj  
II BA History

# ഇന്ത്യൻ വിദ്യാഭ്യാസ സമ്പ്രദായത്തിന്റെ പുനഃക്രമീകരണം



'വിദ്യ തന്നെ ഹൊധനം  
കൊടുക്കും തോറും ഏറിടും  
കൊണ്ടുപോകില്ല കള്ളന്മാർ'

വിദ്യ എന്നത് അറിവ്. വിദ്യാഭ്യാസം എന്നത് അതിരുകളില്ലാത്ത ഹൊസമുദ്രം പോലെ, അനന്തവിശാലമായി നമ്മുടെ മുന്നിൽ തുറന്നു കിടക്കുന്ന വിനിയോഗത്തിന്റെ, വിജ്ഞാനത്തിന്റെ, പ്രബോധനത്തിന്റെ ചിന്തയുടെ ഒരു നിത്യവിസ്തൃതം തന്നെയാണ്. 'വിദ്യാഭ്യാസം' ഒരു മനുഷ്യന്റെ അടിസ്ഥാന ആവശ്യമാണ്. ഒരു മനുഷ്യന് അടിസ്ഥാനപരമായി വേണ്ടത് ഭക്ഷണം, പാർപ്പിടം, വസ്ത്രം എന്നിവയാണെന്ന് പറയുന്ന കാലത്തിൽ നിന്നും നാം മാറിയിരിക്കുന്നു. ഇന്ന് 'വിദ്യാഭ്യാസം' ഇന്ത്യൻ ഭരണസമ്പ്രദായത്തിൽ ഒരു പാരമ്പര്യ ഖാലികാവകാശം തന്നെയാണ്. ജോലിയും കുലിയും പഠിപ്പും വിദ്യാഭ്യാസവും ഇല്ലാത്തവരെ ഇന്ന് ആരും വിലകൽപ്പിക്കില്ല. നമ്മുടെ വാക്കിനും വ്യക്തിത്വത്തിനും സമൂഹത്തിൽ ഒരു സ്ഥാനം ഉണ്ടാകുന്നത് നമ്മുടെ ഡിഗ്രികളുടെ എണ്ണം നോക്കിയല്ല. മറിച്ച് വിദ്യാഭ്യാസം നമ്മെ എത്രത്തോളം സ്വാധീനിക്കുന്നു എന്നതനുസരിച്ചാണ്. പ്രശസ്ത മനുഷ്യാവകാശ പ്രവർത്തക മലാല യൂസഫ്സായി പറയുന്നത് **“One book, one pen, one teacher, can change the World”** എന്നാണ്.

## ഇന്ത്യൻ വിദ്യാഭ്യാസ സമ്പ്രദായം

വൈവിധ്യങ്ങളിൽ ഏകത്വം പുലർത്തുന്ന നമ്മുടെ ഭാരതത്തിൽ 6 മുതൽ 12 വയസ്സു വരെ പ്രായമുള്ള കുട്ടികൾക്ക് നിർബന്ധിതവും, സൗജന്യവുമായ വിദ്യാഭ്യാസം നൽകിക്കൊണ്ടു വരുന്നു. ഒരു ഇന്ത്യൻ പാരമ്പര്യ ഖാലികാവകാശമാണിത്. കുട്ടികളെ ജോലിക്ക് പറഞ്ഞയച്ച്, കൂടുംബം പുലർത്താൻ നോക്കുന്ന രീതികളൊക്കെ ഒരു വിധം ഇല്ലാതാക്കിക്കൊണ്ടിരിക്കുന്നു. കുട്ടികളുടെ സമഗ്രമായ വിദ്യാഭ്യാസത്തിനായും കലാസാംസ്കാരികശാസ്ത്രീയ മേഖലകളിലുള്ള നൈപുണ്യം വളർത്തുന്നതിനായും സർക്കാർ പലവിധ കർമ്മ പരിപാടികൾ നടത്തിവരുന്നു.

ഇന്ത്യ മറ്റ് അവികസിത രാജ്യങ്ങളെ അപേക്ഷിച്ച് വിദ്യാഭ്യാസത്തിൽ പുരോഗതി കൈവരിച്ചിട്ടുണ്ട്. അഫ്ഗാനിസ്ഥാൻ പോലുള്ള രാജ്യങ്ങളിൽ പെൺകുട്ടികൾക്ക് വിദ്യാഭ്യാസം നിരോധിച്ചിരിക്കുന്ന വാർത്തകൾ നമ്മുടെ കാതുകളെ പ്രകമ്പനം കൊള്ളിക്കുമ്പോഴും ഇന്ത്യക്കാരെ സംബന്ധിച്ചിടത്തോളം ആശ്വസിക്കാവുന്ന അവസ്ഥയാണ് നിലകൊള്ളുന്നത്.

എന്നാൽ ഇന്ത്യയിൽ എൻ ഇ പി (NEP 2020) പോലുള്ള പുന : ക്രമീകരണങ്ങൾ നടക്കുമ്പോൾ, അത് എത്രത്തോളം ഫലപ്രാപ്തിയിൽ എത്തിക്കാൻ അധികാര വർഗ്ഗത്തിന് കഴിഞ്ഞു എന്നത് ചിന്തിക്കേണ്ട വസ്തുത തന്നെയാണ്. ആദ്യകാലത്ത് ഗുരുകുല സമ്പ്രദായമായിരുന്നു എന്ന് നമ്മൾ കേട്ടറിഞ്ഞിട്ടുണ്ട്. ഇന്ന് അത് സാധ്യമാണോ? ഇന്ന് അതിന് പ്രസക്തിയുണ്ടോ? കാലത്തിനും സമൂഹവളർച്ചയ്ക്കും, ശാസ്ത്ര സാങ്കേതിക സാംസ്കാരിക വളർച്ചയ്ക്കും ആനുപാതികമായി, വിദ്യാർത്ഥികളെ പരിശീലിപ്പിക്കുന്ന, അവരുടെ കഴിവുകൾക്ക് പ്രശോഭിക്കാൻ കഴിയുന്ന തരത്തിലുള്ള വിദ്യാഭ്യാസനയങ്ങളും രീതികളും ഇന്ന് കൊണ്ടുവരേണ്ടതുണ്ട്. ഈയടുത്തകാലത്ത്, ശാസ്ത്രഹോത്സവത്തിൽ ഒരു യു പി തല വിദ്യാർത്ഥി ഒരു ഇലക്ട്രിക് റോബോട്ടിനെ അതും, ഏതു ചോദ്യത്തിനും കൃത്യമായി ഉത്തരം പറയുന്ന ഒരു സംവിധാനത്തെ പരിചയപ്പെടുത്തിയിരുന്നു. അവൻ പല വിദേശരാജ്യയൂണിവേഴ്സിറ്റികളിൽ ഓൺലൈനായി ക്ലാസ്സുകൾ എടുത്തു കൊടുക്കുന്നു. ഇത്തരത്തിൽ അതുല്യലിക്വ് തെളിയിക്കുന്ന കുട്ടികൾക്ക് പ്രസരിക്കുവാൻ കൂടുതൽ പ്രഗൽഭരാകാൻ തക്ക സംവിധാനങ്ങൾ ഇന്ത്യൻ വിദ്യാഭ്യാസ സമ്പ്രദായത്തിൽ ആവിഷ്കരിക്കേണ്ടതുണ്ട്. ഇന്ത്യയിൽ കഴിഞ്ഞ കുറച്ചു വർഷങ്ങളായി ഉന്നത വിദ്യാഭ്യാസത്തിനായി വിദേശ രാജ്യങ്ങളിലേക്ക് പറക്കുന്നവരുടെ എണ്ണം വർദ്ധിച്ചു വരുന്നു എന്നത് ആശങ്കാഹകമായ വസ്തുതയാണ്.

കുട്ടികളിലെ ഇത്തരം പ്രവണതകളെ പിന്തിരിപ്പിക്കാൻ പറയുന്നവർ എന്തുകൊണ്ട് ഇവർ സ്വന്തം നാട്ടിൽ നിൽക്കുന്നില്ല എന്നതിന്റെ കാരണം മനസ്സിലാക്കേണ്ട സമയം അതിക്രമിച്ച് കഴിഞ്ഞു. നമ്മുടെ വിദ്യാഭ്യാസസമ്പ്രദായത്തിൽ അവരുടെ പ്രതീക്ഷയ്ക്കനുസരിച്ച് വിദ്യാഭ്യാസമില്ലാതെ, അവർ കൂടുതൽ മെച്ചപ്പെട്ടത് തെരഞ്ഞെടുത്ത് ഉയർന്ന് പറക്കാനാഗ്രഹിച്ച് വിദേശ നാടുകളിലേക്ക് പഠനാവശ്യത്തിനായി ചേക്കേറുന്നു. കുട്ടികളുടെ വളരുന്ന ബുദ്ധിമുട്ടുകളെത്തന്നെ കഴിവിനും ഒപ്പം വളരാനുമാണ് ഇന്ത്യൻ വിദ്യാഭ്യാസനയങ്ങൾക്ക് കഴിഞ്ഞിട്ടുണ്ടോയെന്നത് പുനർവിചിന്തനത്തിന് നാം എടുക്കേണ്ടതുണ്ട്.

അടുത്ത അധ്യയനവർഷം മുതൽ മാറുന്ന നയം ഇന്ത്യൻ ഉന്നതവിദ്യാഭ്യാസരംഗത്ത് നിർണായക സ്വാധീനം കൈവരിക്കാൻ പ്രാപ്തമാണ്. 'നാല് വർഷ ബിരുദ ഗവേഷണ സമ്പ്രദായം' യു ജി സി ചെയർമാൻ എം. ജഗദീഷ് കുമാർ ഇതിന്റെ കർമ്മ പദ്ധതികളെക്കുറിച്ച് പ്രതിപാദിക്കുകയുണ്ടായി. ഇന്ത്യയുടെ കരുത്തായ, ഇന്ത്യയുടെ ശക്തികേന്ദ്രമായ, യുവത്വത്തിന്റെ ജ്വലിക്കുന്ന സ്പന്ദനങ്ങളെ വിദേശരാജ്യങ്ങൾക്ക് ഒപ്പിട്ട് കൊടുക്കുന്ന ഇക്കാലത്ത്, ഇന്ത്യയുടെ സിരാകേന്ദ്രമായി നിലകൊണ്ട് ഇന്ത്യൻ വികസനരംഗത്ത് അതുല്യമായ സംഭാവന നൽകാവുന്ന യുവ പ്രതിഭകളെ ഇന്ത്യക്ക് ലഭിക്കുന്നില്ല. അവരെ വഹിച്ചുകൊണ്ട് പോകാൻ വിദേശ ഏജൻസികൾ വട്ടമിട്ട് പറക്കുന്നു. ഈ സാഹചര്യം മനസ്സിലാക്കി പ്രവർത്തിക്കുന്നതിന്റെ ഭാഗമായി ഇന്ത്യൻ വിദ്യാഭ്യാസ സമ്പ്രദായങ്ങൾക്ക് അധികാരികൾ ഒരു പുനരാവിഷ്കാരം നടത്തേണ്ടത് അത്യന്താപേക്ഷിതമായിരിക്കുകയാണ്.

കേരളത്തിൽത്തന്നെ കഴിഞ്ഞ ദിവസം പത്താംക്ലാസ് പരീക്ഷയുടെ കൃത്യതയെയും നയങ്ങളെയും ചോദ്യം ചെയ്തത് പത്രമാധ്യമങ്ങളിൽ വലിയ വാർത്തയായിരുന്നു. പത്തിൽ ഫുൾ എ പ്ലസോടെ ഇറങ്ങുന്ന കുട്ടികൾ മറ്റൊരാൾ പൊതു മത്സരപരീക്ഷ മാനദണ്ഡമായി വരുന്നിടത്ത് പിന്നിലായി പോകുന്ന ദാരുണാവസ്ഥ വർദ്ധിച്ചുവരുന്ന ഈ കേരളത്തിൽ പഠിക്കുന്നവരെ, ജോലിക്ക് ശ്രമിക്കുന്നവരെ ആർക്കും വേണ്ട. കാരണം ഇവിടത്തെ പഠനജോലിനിലവാരം തന്നെ. അതിനാൽ സ്വന്തം നാടും രാജ്യവും കടന്ന് അന്യരാജ്യങ്ങളിലേക്ക് പറക്കുന്നു. ഇത്തരം അവസ്ഥ നിലനിൽക്കുന്ന സാഹചര്യങ്ങളിൽ ഇന്ത്യൻ ഭരണാധികാരികൾ വിദ്യാഭ്യാസ സമ്പ്രദായത്തിന് പുതിയൊരു മുഖം നൽകാൻ നിർബന്ധിതരാകുന്നു. ഇന്ത്യൻ വിദ്യാഭ്യാസ ചട്ടക്കൂടുതന്നെ അഴിച്ചുപണിയേണ്ട ഒരു ഘട്ടത്തിലാണ് നാം എത്തിനില്ക്കുന്നത്. കുട്ടികൾക്ക്, അവരുടെ അഭിരുചിക്കും, സങ്കല്പങ്ങൾക്കും യോജിച്ച രീതിയിലുള്ള പുന : ക്രമീകരണങ്ങൾ വേണം നടപ്പിലാക്കാൻ. ഭാവി തലമുറ, നമ്മുടെ വിദ്യാർത്ഥികളാണ്. നമ്മുടെ പൂർവ്വരാഷ്ട്രപതി ഡോ. അബ്ദുൾ കലാം സാറിന്റെ വാക്കുകളിൽ "ഉറക്കത്തിൽ കാണുന്നതല്ല, ഉറങ്ങാൻ അനുവദിക്കാത്ത സ്വപ്നങ്ങൾ കാണാനാണ് നാം പഠിക്കേണ്ടത്"

കുട്ടികൾ തങ്ങളുടെ ഉറക്കം കളഞ്ഞ് പഠിച്ച് സ്വപ്നസാക്ഷാത്കാരത്തിനായി സംവിധാനങ്ങളെ, വിദ്യാഭ്യാസ സമ്പ്രദായങ്ങളെ, സ്ഥാപനങ്ങളെ സമീപിക്കുമ്പോൾ അവരുടെ സ്വപ്നങ്ങളെ ചിറകിലേറ്റാൻ, അവരുടെ ഉള്ളിലെ കനലിനെ ഊതിയുതി വൃജ്ജക്കല്ലായി മാറ്റി അതിനെ ഉരുകി വാർത്ത് ഏറ്റവും ഉപയോഗപ്രദവും, മാനവരാശിക്കും ദേശത്തിനും നാടിന്റെ ഉന്നമനത്തിനും വികസനത്തിനും വളർച്ചയ്ക്കും ഉതകുന്ന വിധം ഉപയോഗപ്പെടുത്താൻ അവരെ പിന്താങ്ങേണ്ട വിദ്യാഭ്യാസപരിപാടികൾ പുനരാവിഷ്കരിച്ച്, ഏറ്റവും കാതലായത് നൽകാൻ ഭരണാധികാരികൾ സന്നദ്ധരാകുമെന്നും അവർ അതിൽ വിജയിക്കുമെന്നും പ്രതീക്ഷിക്കുന്നു.

താഴെത്തട്ടിലുള്ള കുട്ടികളെപ്പോലും ഉയർത്തിക്കൊണ്ട് വരാൻ, സൗജന്യമായി ഏവർക്കും വിദ്യ അഭ്യസിക്കാൻ, പിൻനിരയിലാവുന്ന കുട്ടികളെ അവരുടെ കഴിവുകൾ കണ്ടെത്തി മികവുറ്റവരാക്കാൻ നമുക്ക് കഴിയണം.

ഈ പുനർനവീകരണത്തിലേക്ക് നമുക്കും കൈകോർക്കാം...

Sneha Maria Jacob,  
II BA Economics

# बुढ़ापा

जिंदगी के इस सफर में,  
जाने कितने बदलावों को देखा मैंने ।  
जवानी से लेकर बुढ़ापे तक,  
हर लमहो को एक साथ समेटा मैंने ।

वो भी एक ऐसा दौर था,  
जब बच्चे मेरे पल्लू को छोड़ा न करते थे ।  
और आज एक ऐसा दौर है,  
जहाँ बच्चे मुझे अपनी पल्लू पर बाँध कर रखते हैं ।

जिन हाथों से मैंने उन्हें खाना खिलाया,  
आज वही हाथ उन्हें घिन लगती है ।  
जिन सुर से मैंने उन्हें लोरी सुनाया,  
आज वही सुर उन्हें लज्जित करती है ।

अब तो मेरी बदन भी साथ छोड़ चुकी है,  
क्योंकि चलते फिरते कही भी लुडक जाती हूँ ।  
जिस ऊर्जा से मैंने अपनी जवानी गुजारी थी,  
आज उसी ऊर्जा को बुढ़ापे ने जमकर मार रखी है।

सोचती हूँ, बस कर दू इस चुनौती को,  
पर क्या करूँ, ढस जाती हूँ इस चुनौती में ।  
अब न तो कोई अपना है, और न ही पराया,  
बस जिंदगी को इसी तरह जीना है, और इसी तरह खतम करना ।

जिंदगी के इस सफर में,  
जाने कितने बदलावों को देखा मैंने ।  
जवानी से लेकर बुढ़ापे तक,  
हर लम्हों को एक साथ समेटा मैंने ।





# Colorism

'Colorism' or 'shadeism', a term that often gets confused with 'racism', is a prejudice or discrimination within a racial group grounded on skin tone. A more precise definition was contributed by Alice Walker, an American novelist and short story writer. Walker, also being a meticulous social activist, has always voiced for the womanhood that transcends the boundaries of race and gender.

"Colorism, the preferential or prejudicial treatment of same-race people solely on the basis of their skin color" (Alice Walker), has been a barrier to human development and racial solidarity. Colorism has imposed heavy blows upon people irrespective of their gender and status. The women were the worst victims of this pernicious prejudice. That is why Walker had to coin one more term, which is "womanist." Through this, she intended to reiterate the agency of black women among the feminists, including herself. It was her deliberate actions to retaliate the "gendered colorism". According to Matthew Harrison, skin tone can be a bigger determinant of whether someone gets a job than their educational backgrounds. Many other studies have found that black Americans with lighter skins have higher socio - economic status and tend to marry people matching their status. People who have experienced colorism around the world have no official proof, and hence it becomes an abstract culture that privileges only the fair - skinned. Even our country, which is hailed as the country with 'unity in diversity', abominably bows down to such brutal practices. The laws are insufficient, and the people who lead are ignorant to resolve this crisis. The reverence to our colonisers have bestowed on this unending agony. "I hate Indians; they are beastly people with a beastly religion," said Winston Churchill. They degraded our culture as a pretext for subjugating our people and to impede our unity. The invaders, like the Aryans, the Sultanates, the Mughals, and finally the British, all being largely fair-skinned, got us conditioned to the myth that 'white' is superior and powerful.

A girl with a lighter skin tone finds it easy to earn and survive in this world. Meanwhile, a dark-skinned girl is not well accepted by the stereotyped majority. Based on the survey, it is stated that 8 of 10 women in India believe that fair skin gives them an additional advantage. Subsequently, they tend to use cosmetics embedded with chemicals to conceal themselves. WHO has called it a global health crisis. No one puts blame squarely on women because the media, known as the spokesperson of the poor, has never dared to portray black as 'beauty' or a symbol of 'femininity': they associate black with superstitions.

All these points to the fact that colorism has a holistic impact on all discrimination around the world. It is the reason for many of the disparities that pervade the contemporary world. Since for the profound boosting of inclusion, we ought to be aware of society in this regard. Engendering a feeling of togetherness is the first and foremost step towards a society's progress. Unless and until the nations and leaders pay attention to this abstract enemy that sows the seeds of segregation, humanity can never be saved from the delirious depths of development.

# MASKED FIGHTER



I don't wish to wake up yet  
Cause it is much easier in my dreams,  
I don't have to hide my true colors  
And forget about fear of judgement,  
Reality hits hard.

I just don't understand the fact,  
Why my identity bothers them?  
So much that it affects the attitude towards me  
Just because I don't fit in,  
Does that mean I am not worth it?  
It is pathetic that people don't know  
The existence of certain words  
I just don't want to fall into the binary.

I guess I would rather be lonely  
Than to fit in,  
If speaking for them makes me one among them,  
I would rather be it.  
It is far more better than the unnecessary hatred  
To all the masked fighters.  
Hope you have the courage to reveal the face  
And may your voice reach the correct audience.

Airin Josepaul  
I BA English

# അടിമുഖം- ഷീല ടോമി (ചെറുകാട് അവാർഡ് ജേതാവ്)



1. 'വല്ലി' എന്ന നോവലിൽ ചില സ്ഥലത്ത് ഗബ്രിയേൽ ഗാർസിയ മാർക്വേസിനെ പരാമർശിക്കുന്നു - നിങ്ങളുടെ എഴുത്തിൽ മാർക്വേസിന്റെ സ്വാധീനം എത്രത്തോളമുണ്ടെന്ന് വിശദീകരിക്കാമോ? അതോടൊപ്പം നിങ്ങളെ വളരെയധികം സ്വാധീനിച്ച മറ്റ് എഴുത്തുകാർ ആരൊക്കെയാണ്? എന്ന് പറയാമോ?

ഉ : പലർക്കും ഒരു സംശയമുണ്ട്. മാർക്വേസ് ഒരു മലയാളി എഴുത്തുകാരനാണോ എന്ന്. മലയാളികൾ ഏറ്റവും അധികം വായിച്ചിട്ടുള്ള ലാറ്റിൻ അമേരിക്കൻ എഴുത്തുകാരനാണ് മാർക്വേസ്. ഞാൻ ആദ്യമായി എഴുതിയ കഥകളിൽ ഒന്നാണ് മെൽക്വിയായിസിന്റെ പ്രളയ പുസ്തകം. മെൽക്വിയായിസ് ഒരു ജിപ്സിയാണ്. മാർക്വേസിനെ ഞാൻ കോളേജിൽ പോയി തുടങ്ങിയ കാലം മുതൽ അദ്ദേഹത്തിന്റെ വിവർത്തനങ്ങൾ മലയാളത്തിൽ അല്ലെങ്കിൽ ഇംഗ്ലീഷിൽ ലഭ്യമായിരുന്നു. അതിൽ മാജിക്കൽ റിയലിസം എന്ന ആശയം എന്നെ നന്നായി സ്വാധീനിച്ചിട്ടുണ്ട്. അതുകൊണ്ട് തന്നെയായിരിക്കണം മാർക്വേസിന്റെ സ്വാധീനം അറിയാതെയൊക്കെ വരുന്നതും മാർക്കസ് എനിക്ക് തന്നിരിക്കുന്നത് ഞാൻ നേരത്തെ പറഞ്ഞതുപോലെ ഏതൊരു ഫീലിംഗ്സും വിഭാവന ചെയ്യാം എന്നുള്ള സ്വാതന്ത്ര്യമാണ്. ആകാശത്തിന്റെ അങ്ങേയറ്റം വരെയും നമ്മുടെ ദാവനകൾ വിഭാവനം ചെയ്യാനുള്ള ഒരു ഉറപ്പ് മാർക്കസ് തരുന്നു. മാർക്കസിന്റെ ഓരോ എഴുത്തും വേറെ ഒരു പ്രപഞ്ചത്തിലേക്കാണ് വായനക്കാരെ കൊണ്ടുപോകുന്നതും, അങ്ങനെ കുറച്ച് എഴുത്തുകാരെ മാത്രമാണ് എനിക്ക് പീൽ ചെയ്തിട്ടുള്ളത്.

2. താങ്കൾക്ക് എഴുതുക എന്നുള്ള പ്രക്രിയ എങ്ങനെയാണ്? അതൊന്ന് വിശദീകരിക്കാമോ?

ഉ : എഴുത്തിന്റെ പ്രോസസ് ശരിക്കും പറഞ്ഞാൽ ഓരോരുത്തർക്കും ഓരോ രീതിയിൽ ആയിരിക്കും. വല്ലിയുടെ എഴുത്തുപോലെ ആയിരുന്നില്ല രണ്ടാമത്തെ നോവൽ 'ആ നദിയുടെ പേര് ചോദിക്കരുത്' എന്നതിന്റെ എഴുത്തത്. അത് നല്ലൊരു സ്മാർട്ട് ആയിട്ടുള്ള ചോദ്യമാണ്. കാരണം എഴുത്ത് ഏത് രീതിയിൽ ആയിരിക്കണം എന്നുള്ളത് നമുക്ക് തീരുമാനിക്കാൻ പറ്റില്ല. ശരിക്കും വല്ലി എഴുതി തുടങ്ങിയപ്പോൾ ഒന്നര പേജുകളിലായാണ് എഴുതിവെച്ചിരുന്നത്. അതിൽ ഇന്നു ക്യാരക്ടേഴ്സ് മാത്രമേ പാടുള്ളൂ എന്ന് തീരുമാനിക്കാൻ പറ്റില്ല. ഏഴോ ആറോ ക്യാരക്ടേഴ്സാണ് ആ ഒന്നര പേജിൽ ഉള്ള പ്ലോട്ടിൽ ഉണ്ടായിരുന്നത്. അതിൽ ടെസ എന്നു പറയുന്ന കൂട്ടി, അവളുടെ അമ്മ ജനിച്ച വീട് കാണാൻ വേണ്ടി വയനാട്ടിലെ ഒരു കുഗ്രാമത്തിലേക്ക് വരുന്നു. അപ്പോൾ അവളുടെ വലുപ്പം ഈ കൂട്ടിയെ നാടുകാണിക്കുന്നു. നാടിന്റെ സ്പന്ദനങ്ങൾ അറിയാൻ സഹായിക്കുന്നു. അവിടെവെച്ച് അമ്മയുടെ ഒരു ഡയറി ഈ കൂട്ടി കാണുന്നു. ഡയറിയിലൂടെ കൂട്ടി വയനാട് എന്ന് പറയുന്ന ദേശത്തെ മനസ്സിലാക്കുന്നു. ഇത്രയാണ് ഈ ഒന്നര പേജിൽ ഉണ്ടായിരുന്നത്. ഇങ്ങനെ എഴുതിത്തുടങ്ങിയപ്പോൾ ഓരോ കഥാപാത്രം നമ്മുടെ മനസ്സിലേക്ക് അല്ലെങ്കിൽ നമ്മുടെ വിരൽത്തുമ്പിലേക്ക് കടന്നു വരികയാണ് ചെയ്യുന്നത്. വയനാടിനെ കുറിച്ച് എഴുതുമ്പോൾ എന്റെ രക്തത്തിൽ അലിഞ്ഞു ചേർന്ന ദേശം - അതിലുള്ള ക്യാരക്ടേഴ്സിനെ ഞാൻ സൃഷ്ടിച്ചതല്ല ; അത് അവിടെ ചുറ്റുമുള്ള ആൾക്കാരാണ്. അത് എനിക്ക് വലിയൊരു അത്ഭുതമായി തോന്നിയിട്ടുണ്ട്. എനിക്ക് ഈ ചോദ്യം ആരു ചോദിച്ചാലും ഇഷ്ടമുള്ള കാര്യമാണ്. എന്റെ ആദ്യത്തെ എഴുത്തിൽ ഇസബെല്ല എന്ന് പറഞ്ഞ ഒരു ക്യാരക്ടർ ഉണ്ട്. സിസ്റ്റർ ആശാൻ പോയിട്ട് തിരിച്ചുവന്ന ഒരു ക്യാരക്ടറാണ്. ഇസബെല്ലക്ക് ചെറിയ റോളാണ് കൊടുത്തിരുന്നത്. പക്ഷെ എനിക്ക് അത്ഭുതം തോന്നി. കാരണം ഞാൻ എഴുതിക്കഴിഞ്ഞപ്പോൾ ഈ ഇസബെല്ല, പിറ്റേദിന ഒക്കെ തള്ളിമാറ്റി. അവർ പിന്നെ ഒരുപാട് ലോകങ്ങളിലേക്ക്...ഒരു സ്ത്രീ എന്ന രീതിയിൽ എഴുതുമ്പോൾ നമ്മുടെ ചെറിയ കഥാപാത്രങ്ങൾ അവിടെ മാത്രം നിന്നാൽ പോരാ, അല്ലെങ്കിൽ നമ്മൾ ചെയ്യണമെന്ന് ആഗ്രഹിച്ചു ചെയ്യുന്ന ചില കാര്യങ്ങൾ ഉണ്ടല്ലോ. അത് നമ്മുടെ കഥാപാത്രങ്ങളെ നമ്മൾ ഏൽപ്പിച്ചു കൊടുക്കും. ഇങ്ങനെ കുറേ കഥാപാത്രങ്ങൾ എഴുത്തിന്റെ വഴിയുടെ ഇടയിൽ വന്നുചേരും എഴുതുന്ന രീതി എന്നു പറഞ്ഞാൽ ജോലി ചെയ്യുന്ന സമയത്താണ് 'വല്ലി' എന്ന നോവൽ എഴുതിത്തുടങ്ങുന്നത്. വൈകുന്നേരം വന്നിട്ടാണ് പിന്നെ എഴുത്തിലേക്ക് ഇരിക്കുന്നത്. ആ സമയം ഒരു മൂന്നുമണി മണിക്കൂർ തുടർച്ചയായി എഴുതും. പിറ്റേ ദിവസം ആവുമ്പോഴേക്കും നമ്മൾ എഴുതിവെച്ചതിന്റെ കണക്ഷൻ ഒക്കെ വിട്ടുപോകും. അത് വലിയൊരു പ്രശ്നമായിരുന്നു. നമ്മൾ എഴുത്തിന്റെ ഭാഷയിലേക്ക് വന്നുകഴിഞ്ഞാൽ പിന്നെ അത് തുടർച്ചയായി എഴുതിയാലല്ലേ ആ പെർഫെക്ഷൻ കിട്ടുകയുള്ളൂ. പിന്നെ കുറച്ചുനാൾ ലീവ് ഒക്കെ എടുത്ത് അടുപ്പിച്ചിരുന്നു എഴുതിയപ്പോഴാണ് ആ പ്ലോയൊക്കെ വന്നു തുടങ്ങിയത്. അതുകൊണ്ടു തന്നെ വല്ലിക്ക് എപ്പോഴും ഒരു പ്രത്യേകതയാണ്. എന്നാൽ ബാക്കി പുസ്തകങ്ങൾ എഴുതിയപ്പോൾ

ക്യാരക്ടേഴ്സിനെ ഒക്കെ നേരത്തെ ഓർത്തുവെച്ചിരുന്നു. കാരണം വരാൻ വേണ്ടിയുള്ള ക്യാരക്ടേഴ്സ് അധികമില്ലല്ലോ. കാരണം ഇതിൽ ഞാൻ പഠിച്ചിരുന്ന കഥാപാത്രങ്ങളായതുകൊണ്ട് അറിവ് പരിമിതമായിരുന്നു. ഒന്നോ രണ്ടോ ക്യാരക്ടേഴ്സ് കടന്നുവന്നു എന്നല്ലാണ്ട് ആ പ്ലോയിൽ എഴുതി നാച്ചുറൽ ആയിട്ടുള്ള നോവൽ ഉണ്ടാക്കിയെടുത്തത്. നോവൽ രണ്ടുതരത്തിലാണ് ഉള്ളത്. ഉണ്ടാക്കിയെടുത്ത നോവലിന് അതിന്റേതായ പരിമിതികളും ഗുണങ്ങളും ഉണ്ട്. കുറെ ഭാവന ചെയ്യാം. നാച്ചുറൽ ആയിട്ടുള്ളത് ഒരു പരിധിവിട്ട് ഭാവന ചെയ്താൽ ജീവിക്കുന്ന മനുഷ്യരോട് അല്ലെങ്കിൽ ആ കഥാപാത്രങ്ങളോട് നമ്മൾ കാണിക്കുന്ന അനീതിയായി തോന്നും. അങ്ങനെ രണ്ട് രീതിയിലും എഴുതി പരീക്ഷിച്ചിട്ടുണ്ട്.

3. വയനാടും കേരളവും ഒഴികെയുള്ള ഏതെങ്കിലും പ്രത്യേക സാംസ്കാരിക അല്ലെങ്കിൽ സാഹിത്യ ഉറവിടങ്ങളിൽ നിന്ന് നിങ്ങൾക്ക് എഴുതാനായി പ്രചോദനം ലഭിച്ചിട്ടുണ്ടോ?

ഉ : നേരത്തെ ഗബ്രിയേൽ ഗാർസിയ മാർക്വേസിന്റെ പ്രചോദനം പറഞ്ഞതുപോലെ തന്നെ ഇവിടെ വസല ചീറ്ററുടെ എഴുത്തുകളും കാവ്യാത്മകതയും എന്നെയും വളരെയധികം സ്വാധീനിച്ചിട്ടുണ്ട്. മാർക്വേസ്, ദസ്തയേവ്സ്കി പോലെയുള്ള എഴുത്തുകാരുടെ കൃതികൾ വളരെയധികം സ്വാധീനിച്ചിട്ടുണ്ട്. എഴുത്തുകാർ ഒരിക്കലും പുതിയ സൃഷ്ടികളാണെന്നല്ല. മറിച്ച് ഒരു തുടർച്ചയാണ് നമ്മുടെ നൽകുന്നത്. രണ്ടാമത്തെ നോവലിൽ പറഞ്ഞതുപോലെ മറ്റ് എഴുത്തുകാരുടെ സാഹിത്യം എന്നെ വളരെയധികം സ്വാധീനിച്ചിട്ടുണ്ട്. ഒരാൾ അവരുടെ അനുഭവങ്ങളിൽ നിന്നാണ് എഴുതിയത് എങ്കിൽ ആ എഴുത്തുകാർ എന്നെ സ്വാധീനിച്ചിട്ടുണ്ട്.

4. 'വല്ലി' എന്ന നോവലിപ്പോൾ വായിച്ചു കൊണ്ടിരിക്കുന്ന ആളാണ് ഞാൻ. അതുകൊണ്ടുതന്നെ ഏറ്റവും കൂടുതൽ എന്നെ ആകർഷിച്ചത് ഇതിന്റെ തലക്കെട്ടാണ്. ശരിക്കും വല്ലി എന്ന് പറയുന്നത് ഒരു നാടാണോ, ഒരു കഥാപാത്രമാണോ അതോ അതിന്റെ മനോഹരമായ അവ്യക്തതയാണോ?

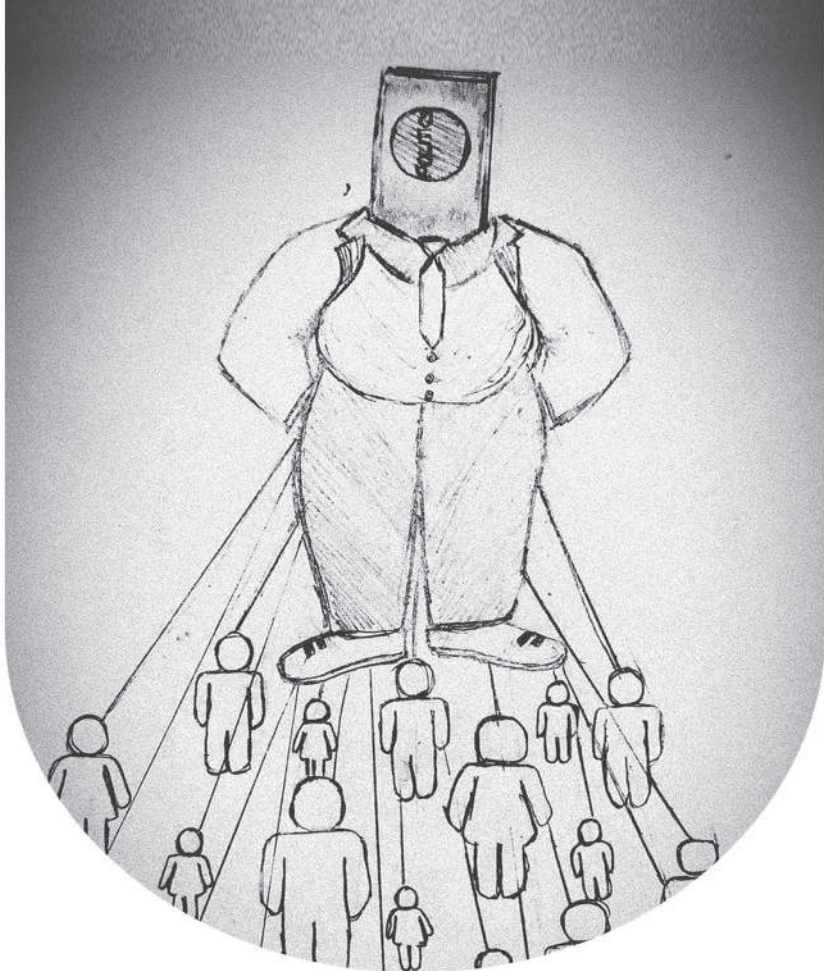
കാടിക്കം ഈ കൃതിയിലെ മനുഷ്യബന്ധങ്ങളുടെ ക്ലേശഭീമനെ എത്രത്തോളം ബാധിക്കുന്നു. ?

ഉ : ഞാൻ ഈ നോവലിന് പേരിടാൻ വേണ്ടി ഒരുപാട് പേരുകൾ അന്വേഷിച്ചു. ഇതിൽ കാട് ഒരു പ്രധാനപ്പെട്ട കഥാപാത്രം ആയിത്തീർന്നു കാടുമായി ബന്ധപ്പെട്ട ഏതെങ്കിലും പേരിടാനാണ് ആദ്യം മനസ്സിൽ കരുതിയത്. ഈ പുസ്തകത്തിൽ കാടുമായി ബന്ധപ്പെട്ട ഒരുപാട് കാര്യങ്ങൾ വിവരിക്കുന്നുണ്ട്. പിന്നീട് ഞാൻ ആലോചിച്ചപ്പോൾ വല്ലി എന്ന പേരുകൊണ്ട് ഞാൻ ഈ പുസ്തകത്തിൽ പറയാൻ ഉദ്ദേശിക്കുന്നത് വയനാടിന്റെ ഭംഗിയെയാണ്. ചിലരൊക്കെ പറയുന്നത് ഇത് കുടിയേറ്റത്തിന്റെയല്ല കുടിയിറക്കത്തിന്റെ കഥയാണെന്നാണ്. കാടിലാതാവുക, കൃഷി ഇല്ലാതാവുക അങ്ങനെ ഇതിൽ കാടിക്കം എങ്ങനെ സ്വാധീനിച്ചു എന്ന് പറഞ്ഞാൽ വയനാടിന്റെ മാത്രമല്ല പശ്ചിമഘട്ടത്തിന്റെ പല ഗ്രാമങ്ങളിലും നമ്മുടെ ഇത് കാണാൻ സാധിക്കും. അമ്മ - മകൾ എന്നുള്ള ബന്ധത്തിനപ്പുറം ഭൂമിയുമായി വല്ലാത്ത ഒരു ബന്ധം സൂക്ഷിച്ചിരിക്കുന്ന ആളുകൾക്ക് അവരുടെ ജീവിതത്തിൽ അനുഭവിക്കുന്ന തകർച്ചയും ഇതിൽ അടയാളപ്പെടുത്തിയിട്ടുണ്ട്.

(ഷീല ടോമിയുമായി സെന്റ് ജോസഫ്സ് കോളേജിലെ ഇംഗ്ലീഷ് വിഭാഗം വിദ്യാർത്ഥിനികൾ നടത്തിയ അഭിമുഖത്തിലെ പ്രസക്തമായ ഭാഗം.)



V. S Nandhana, Sr. Josmy, Muhsina K. A, Avani K Abhilash, Sheela Tomy, Sneha P S, Sneha Jose, Neha Davis, Edwina Jose



# വെളിപാടിന്റെ ഏടുകൾ

സാമൂഹിക പ്രശ്നങ്ങളെക്കുറിച്ച് ചിന്തിക്കുന്നതിലും അവകെതിരെ പ്രവർത്തിക്കുന്നതിലും കാര്യമൊന്നും ഇല്ലെന്ന് അറിഞ്ഞിട്ട് കൂടി സാമൂഹികവളർച്ചയെ വിശ്വസിക്കുന്ന മനുഷ്യർക്ക് പ്രവർത്തിക്കാതിരിക്കാൻ സാധിക്കുന്നില്ല. ഈ ഒരു പ്രസ്താവനയിലൂടെ സാമൂഹികജീവിതത്തിന്റെ പരിതാപകരമായ അവസ്ഥയുടെ യഥാർത്ഥ മുഖം നമുക്ക് മനസ്സിലാക്കാവുന്നതാണ്.

ഇന്ന് ഓരോ സമൂഹത്തിന്റെയും ഉൾ ഏടുകൾ ചികഞ്ഞു പോകുമ്പോൾ ഓരോ ജനവിഭാഗങ്ങളും അനുഭവിക്കുന്ന ബുദ്ധിമുട്ടുകൾ മനസ്സിലാക്കാവുന്നതാണ്. അധികാരികൾ ഇതെല്ലാം അറിഞ്ഞിട്ടും കണ്ണടച്ച് ഇരുട്ടാക്കുന്ന രീതിയിലാണ് പ്രവർത്തിക്കുന്നത് എന്നുള്ളത് ഏവർക്കും അറിയാവുന്ന ഒരു പരമരഹസ്യവുമായി മാറിയിരിക്കുന്നു ഇന്ന്. ഓരോ ജന വിഭാഗവും ഓരോ രീതിയിലാണ് തന്റെ കഷ്ടപ്പാടുകളെ ചിത്രീകരിക്കുന്നത്. ഒരു സ്ഥലത്ത് യുദ്ധങ്ങളാവാം, അകലങ്ങളിൽ ദാരിദ്ര്യം, പട്ടിണി മറ്റുസ്ഥലങ്ങളിൽ തങ്ങളുടെ സ്വാതന്ത്ര്യത്തിനും അവകാശങ്ങൾക്കും വേണ്ടി മല്ലടിക്കുന്ന ജനത. ആദിവാസികളുടെ ഇടയിൽ അധികാരികൾ അധികം ഇടപെടുന്നില്ല. എങ്കിലും അവരുടെ ആവാസകേന്ദ്രങ്ങളിലും സാമൂഹികാധികാരികൾ കൈയ്യേറ്റം ചെയ്യുന്നു. ഇതിനുള്ള പരിഹാരങ്ങളും മാർഗ്ഗങ്ങളും എല്ലാം അധികാരികൾക്ക് അറിയാമെങ്കിലും തങ്ങളുടെ കൂടുംബത്തിന്റെ സാമ്പത്തിക അടിത്തറ ഉറപ്പിക്കുന്നതിനിടയിൽ ഇതെല്ലാം പരിഹരിക്കാൻ അവർക്ക് സമയം കിട്ടുന്നില്ല എന്നതാണ് യഥാർത്ഥ്യം. ജനങ്ങൾ എന്നും പ്രശ്നങ്ങളെ അഭിമുഖീകരിച്ച് ജീവിക്കേണ്ടവരാണെന്ന് അധികാരികൾ എന്നേ തീരുമാനിച്ചു കഴിഞ്ഞു. അതിന്റെ തെളിവാണ് ദിവസം തോറും ഉയർന്ന് വരുന്ന ഓരോ സാമൂഹിക പ്രശ്നങ്ങളും. പക്ഷേ ഇതിനെ യെല്ലാം മുടിവെച്ച് ജനങ്ങളെ കയ്യിലെടുക്കുന്ന കുറച്ച് നാളുകൾ ഉണ്ട്. തിരഞ്ഞെടുപ്പുകാലം. ദൂതകാലത്തിൽ മഹാമാർ പണിതുയർത്തിയ ജനാധിപത്യബോധം എന്ന തെറ്റിനാൽ ഈ കുറച്ചുകാലം അവർക്ക് ഈ പ്രശ്നങ്ങളുടെ നേരെ കണ്ണടക്കേണ്ടി വരുന്നു. ഇതൊന്നും പരിഹരിക്കാൻ അധികാരികൾ ഒന്നും പ്രവർത്തിക്കില്ല എന്ന് അറിഞ്ഞിട്ടും തിരഞ്ഞെടുപ്പുകാലത്തെ അവരുടെ വാഗ്ദാനങ്ങളെ മനസ്സിലാമനസ്സോടെ വിശ്വസിച്ചു വീണ്ടും അവരെ അധികാരികളാക്കി തിരിച്ച് തന്റെ പ്രശ്നങ്ങളിലേയ്ക്ക് തന്നെ ഉൾവലിയുകയാണ് ഓരോ സമൂഹവും. ഇത് തന്നെയാണ് ഇന്നത്തെ യഥാർത്ഥ സമൂഹത്തിന്റെ അവസ്ഥയും.

# WAR AND HOMELESSNES

The concept of war has been there from time immemorial. Throughout the years of civilizations, human beings have always fought, won, and lost wars. Back from the neanderthals – the closest ancestors of us homo sapiens some concept of war or fighting has always been around.

As time passed, human beings developed themselves and their technology in unimaginable ways. But one thing never changed. Never disappeared. Wars. Wars mongering.



There was a time when war was closely regarded with bravery and triumph. In fact, the most well-known religious texts have wars as central themes among others. But there is one thing people concentrated less on. The destruction of millions of lives.

Over the years, I have come across a lot about the United Nations and everything they have done to literally 'unite' the nations. At one point, the little child in me believed that it upheld the peace and that wars were a chapter that humanity had closed. But my expectation of the UN as a warrior of peace were short lived. The recent events witnessed my faith in the so-called warrior being crushed. We expected peace. But what was it, that we saw? When thirteen countries voted for ceasefire, one hand rose. One single hand. The fate of the million is at the mercy of one hand. The country that is 'united', atleast in its name. "I have blood on my hands", said Oppenheimer after he saw what destruction his invention could wreak. I wonder what he thought when he raised his hand.

Some politicians and political active self-proclaimed activist may say, "there is a lot of politics in war that you cannot understand". But there is nothing that comes above the thousands of innocent lives being lost. What logic persists in spending crores to end homelessness with well - designed polices while actively supporting war, that is the largest cause of homelessness.

'Ukraine, Gaza, Afghanistan'. The people of these countries belong to this world too. They deserve a life, a home and happiness. No matter what the politics, no matter who rules and who leads the country, innocent civilians don't deserve this injustice. As a famous quote goes, "there are no victors in war". There are only lives being lost, homes being destroyed and soldiers left with a thousand - yard stare. Traumatized children growing up to be homeless, making them traumatized adults.

War destroys an entire generation, while slowly destroying the next. Another generation that has not got a chance to exist.

And what, in fact, is the 'politics' of war? Well, it is a show on who has more power. Most members of the single most powerful institution in the world thrive and deal in weaponry. The so-called 'developed' nations get a lot of their economic growth by selling weapons of war and mass destruction. And some other developing countries deal with it.

When an extreme power like a veto is given to countries that profit from war, when a group of politicians get to choose on the lives of a million, there is no equality. No humanity. The nations are in fact, not "united".

Among the hundreds of children being slaughtered, the ones who are left homeless might be the next great leaders, and a hundred others have the power to change the world. All of it lost in this power play. Kindness un bloomed, buried in unmarked graves. That is war.

Even when war ends, what is left? Broken homes, orphaned children. A country of graves. Thousands of years' worth of resentment and grief were repressed in the souls of those unfortunate Survivors. For even the survivors war is an unfortune, to live in the memory of there loved ones, a home that could never be.

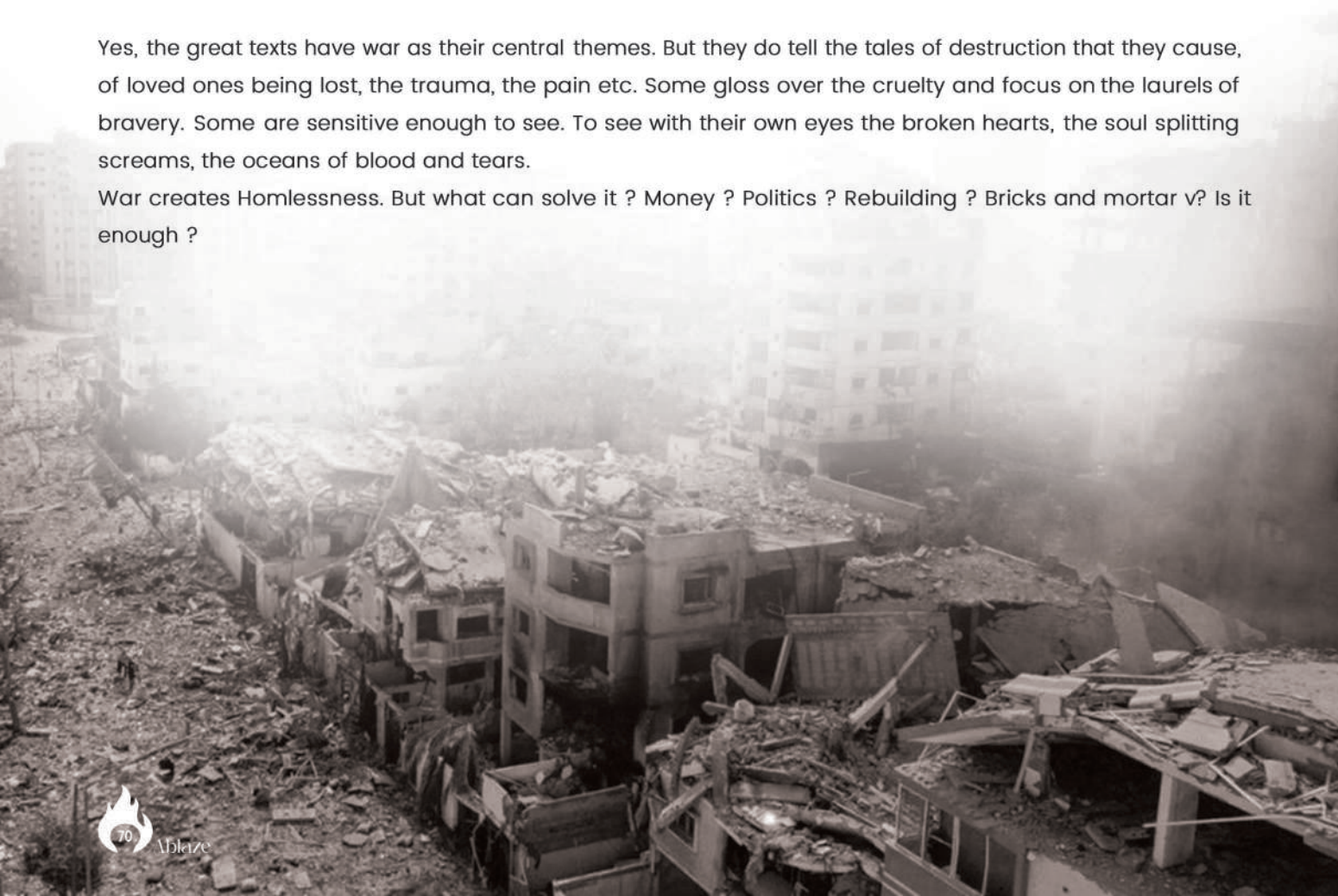
Even those who flee and seek refuge meet contempt. Genocide of refugees is not something that is unheard of. A very few find kindness. A very few could heal. It takes at least another few generations for the scars to fade. Even trauma can be embedded in genes.

Those left on the streets to beg, those left alone to rebuild, seldom rise to their true potential. But some are strong even though they rise like a phoenix from the ashes, rebuild and reinvent themselves. Though carrying a hundred scars in their hearts, they help those like them, the survivors, to create something close to a life. Though not perfect, something close.

Though very little, there is something we can do about it. Spread awareness, raise our voices, help the refugees in all the ways possible.

Yes, the great texts have war as their central themes. But they do tell the tales of destruction that they cause, of loved ones being lost, the trauma, the pain etc. Some gloss over the cruelty and focus on the laurels of bravery. Some are sensitive enough to see. To see with their own eyes the broken hearts, the soul splitting screams, the oceans of blood and tears.

War creates Homlessness. But what can solve it ? Money ? Politics ? Rebuilding ? Bricks and mortar v? Is it enough ?





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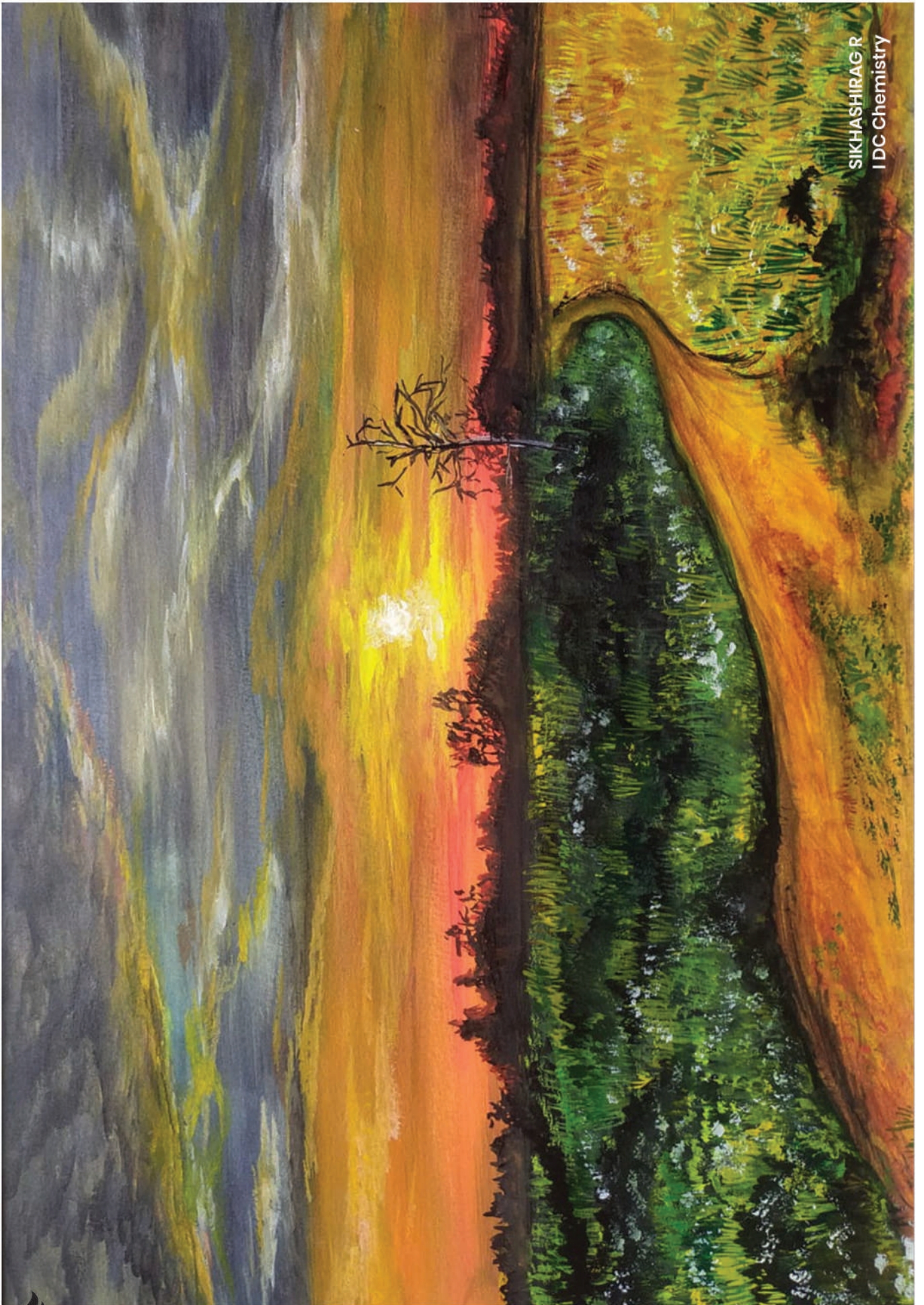
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IDC Chemistry



## A Glimpse into the Heart of Manipur

Imagine a land where women run the markets, festivals are a beautiful tapestry of culture, and the community works together to protect the environment. Welcome to Manipur, a treasure chest of traditions, strength, and affection.

In a captivating conversation, students from Manipur shared their experiences, traditions, and thoughts with our magazine.

"We're from a place where women rule the markets. It's different from other cultures in India," Kipinigsha said with a smile, referring to the Ima market, setting the tone for our conversation.

Christina remarked, "And our food is different, too. Some food we enjoy, while others...not so much!" The group giggled, recalling their initial responses to Kerala cuisine. Nonetheless, they have adjusted and embraced the new flavours.

However, the distinctiveness of Manipur goes much beyond its cuisine and marketplaces. Festivals are a lively mix of traditions, with Christmas being a favorite among many. "We celebrate together, united in our faith, and with similar vibes," Christina added.

As we went deeper into the conversation, Rufina expressed her enthusiasm for preserving Manipur's traditions. "We want to encourage people to learn about our culture and share what we have." Margaret continued: "We have so much to offer, from our village festivals to our vibrant clothing."

Nonetheless, homesickness is a constant companion for these students. Roziinai said, "We make friends and comfort each other. We try to enjoy our time here, so we don't miss home too much."

They do, however, encounter certain challenges, such as communication barriers. They had a completely different expectation of what life would be like in a state with the highest literacy rate. But things did not quite turn out that way. They still find it difficult to communicate with other students, residents, and merchants because not everyone speaks fluent English.

Fortunately, Margaret discovered a surprising resemblance between Kerala and Manipur. "The friendliness here is extraordinary." "Whenever we meet, even if we don't know each other, everyone is so welcoming and kind, and they always attempt to smile," she pointed out.

Manipur's strong femininity is another defining characteristic. "Women play a crucial role in handling problems," Faustina explained. "They go in front and fight for justice." Rose nodded in agreement, "We're proud of our women."

Manipur also does exceptionally well in the area of environmental protection. Christina described the neighbourhood initiatives to clean up ponds, waste, and plantations. "We learn to care for our environment from a young age."

As our conversation came to an end, a glance into the world of Manipur felt rewarding. Their endurance, habits, and stories fascinated me.

In the hills of Manipur, a hidden gem awaits. A land of vibrant culture, powerful women, and a sense of community.

A place where tradition and modernity blend seamlessly.

- Student Editor





Durga Sidharth  
III B.Com (Aided)



## THE SACRED CONNECTIONS

Nature, with its ethereal charm and divine power, has influenced the human mind since eternity. The picturesque sight of snow-clad mountain peaks gracefully nudging the sky, and serene depths of deep blue waters - nature itself is an art. Its beauty is unmatched. The scenery of nature resembles an incredible portrait painted with the magical hues of the sky, water and earth. The way warm sunrays embrace the earth in its orange hue at dusk or the ethereal mist enveloping a dense forest, each visual is evidence of the exquisite beauty of nature. Nature caresses human spirits with its therapeutic effect, while they rush to match the pace of the urbanized world. What is more therapeutic than resting on a seashore, listening to the peaceful melodies of crashing waves or sauntering through the woods breathing in the refreshing breeze after a hectic day? We always yearn for the embrace of nature, it heals us, mentally and physically.

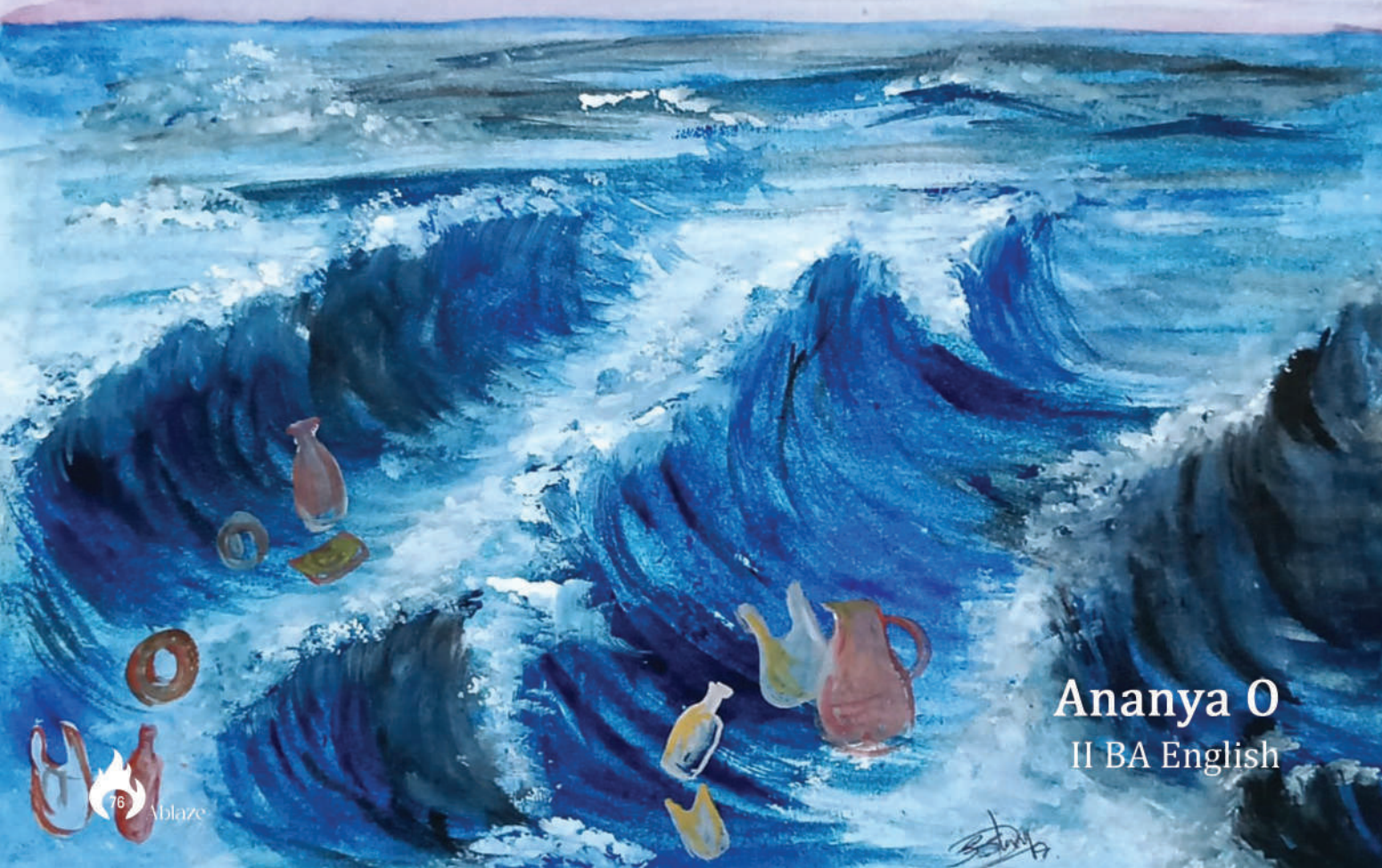
The privilege to admire nature's beauty, comes along with the responsibility to protect it, to secure it for future generations. The vicious activities of man, such as deforestation, pollution and habitat destruction threaten the delicate balance of the ecosystem. We have to practice sustainability and take care of the environment, so we can ensure that our future generations can cherish and connect with nature.

Nature illustrates the profound unity of all life forms; it's a beautiful artwork. As we admire the serene beauty of nature and ponder its mysteries, we are obliged to safeguard it by nurturing our bond with nature itself. We have to ensure that future generations inherit a world teeming with abundance much like the one we cherish today. Or maybe a better one.

Medha K Baiju  
I BA English

തീരത്തു, മരവിച്ച നീരിനെപ്പേറിക്കൊ-  
 ണ്ടാരം പിടിച്ചു ചെരിഞ്ഞു കിടക്കുന്ന  
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 പോരടിച്ചിടുന്ന മക്കളെക്കണ്ടവൾ  
 കരയെപ്പിരിച്ചു, തന്നപരാധമോർക്കുന്നു,  
 തിരയിലേക്കു കുരുക്കുമരുമ്പൊഴും  
 പാരിലേക്കവൾ പാളിനോക്കീടുന്നു,  
 ആരുമറിയാതാഴിതൻ കാലിനടിയിലെ  
 തരിമണലുപെറുക്കുവാണെത്തിയ  
 മർത്തുമക്കളെക്കണ്ടവൾ, കൈകളാ-  
 ലമരും കുരുക്കിനെയുരിയെറിയുന്നു

# ജീവൻ



Ananya O  
 II BA English

*Signature*

# മങ്ങിയ നിലാവെളിച്ചം

പൂർണ്ണചന്ദ്രന്റെ തിളങ്ങുന്ന മുഖം നീരിൽ തെളിഞ്ഞു വന്നു. ചന്ദ്രന്റെ നിലാവെളിച്ചം ആ കൊച്ചു ഗ്രാമത്തെ തഴുകി ഉറക്കി. ആ നിലാവുള്ള രാത്രിയിൽ ഞാൻ എന്റെ കാറിൽ വയനാട്ടിലേക്ക് പോകുകയായിരുന്നു. ഇരുട്ടിനെ തെല്ലും വകവെക്കാതെ ചന്ദ്രൻ മിന്നിത്തിളങ്ങി. നിലാവെളിച്ചത്തിൽ ഞാൻ പതിയെ നീങ്ങി. കുത്തനെയുള്ള ടാറിട്ട റോഡുകൾ കാണാം. എന്നാലും മങ്ങിയിരിക്കുന്നു. നല്ല നിലാവെളിച്ചത്തിലും എന്തോ ചെറിയൊരു മങ്ങൽ. ചക്കി പെട്ടെന്ന് എന്തോ എന്റെ കാറിന്റെ മുൻപിലേക്ക് എടുത്തു ചാടി. ആ കുത്തനെയുള്ള ഇറക്കത്തിൽ നിലയില്ലാതെ ഞാൻ മറിയുകയും താഴേക്ക് പതിക്കുകയും ചെയ്തു. എന്റെ ഉള്ളിൽ നിന്നും ഹൃദയം പുറത്തേക്കു വരുന്നതായി എനിക്കുതോന്നി. കാറിന്റെ മുൻവശം നിലത്തു കുത്തി ഞാൻ ഞരങ്ങിയമർന്നു. മരണത്തെ ഞാൻ മുഖാമുഖം കണ്ടു, പരിചയപ്പെട്ടു.

..ഞാൻ മരിച്ചില്ല?..... അറിയില്ല... അമ്മേ..

കരിങ്കൽക്കൊണ്ട് അടിച്ചമർത്തിയ പോലെ വേദന നിറഞ്ഞ എന്റെ കണ്ണുകൾ പതിയെ ചിമ്മിത്തുറക്കാൻ ഞാൻ ശ്രമിച്ചു. പതിയെ തുറക്കുമ്പോഴും എന്റെ കണ്ണുകൾ മങ്ങിയിരുന്നു. മങ്ങിയ കാഴ്ചയിൽ ഞാൻ ഒരു ചെറിയ മഞ്ഞ വെളിച്ചം ശ്രദ്ധിച്ചു. മുഴുവനായും ഞാൻ കണ്ണു തുറന്നു. എന്റെ കൈകാലുകൾ ചലിപ്പിക്കാൻ സാധിക്കുന്നില്ല. കുറുത്ത പ്ലാസ്റ്റിക് കയറുകൊണ്ട് ഞാൻ ഒരു അഴുകിയ കിടക്കയിൽ ബന്ധിപ്പിക്കപ്പെട്ടിരുന്നു.

..ഹമ്മ്! ഹമ്മ്! ..

ഉറക്കെ അലറണം എന്ന് എനിക്കുണ്ടായിരുന്നു. കഴിഞ്ഞില്ല. എന്റെ ശ്രദ്ധ എന്നിലേക്കു തന്നെ തിരിഞ്ഞു. ഞാൻ നഗ്നയാണ്. എന്റെ കൈകൾ കട്ടിലിന്റെ പിടിയിലേക്ക് വലിച്ചുകെട്ടിയിരിക്കുന്നു കാലുകളും. വായിൽ തുണി തിരുകിയിരിക്കുന്നു. എന്റെ അബോധ മനസ്സിൽ നിന്നും ഞാൻ ഞെട്ടിയുണർന്നു. എനിക്കെന്തു ചെയ്യണമെന്നറിയാതെ പിടഞ്ഞു. മനസ്സിൽ ഉറക്കെയലറി. ഹൃദയമിടിപ്പ് പാഞ്ഞു. നിലത്തെറ്റിയ ഒരു ദ്രാഘിയെ പോലെ ഞാൻ ഗതിയില്ലാതെ പിടഞ്ഞു.

..വാടീയിവിടെ ! നിന്റെ ശരീരം എന്നെ. ആ ! ..

ആരാണത് ഞാൻ ദയത്തോടെ വലത്തോട്ട് തലതിരിച്ചു നോക്കി. എന്റെ അപ്പുറത്ത് അഞ്ചോ ആറോ കിടക്കകൾ. അതിൽ അഞ്ചിലും പെൺകുട്ടികളെ നഗ്നരാക്കി ബന്ധിച്ചിരിക്കുന്നു. എന്നും രാവിലെ ആദ്യത്തെ കിടക്കയിൽ കിടക്കുന്ന കുട്ടിയെ രണ്ടുപേർ ചേർന്ന് മുടിക്കു പിടിച്ച് സിമന്റു നിലത്തിലൂടെ വലിച്ചു കൊണ്ടുപോകുന്നു. അവളുടെ ചെറിയ ശരീരത്തിലെ തൊലിയും രക്തവും ആ നിലത്ത് പറ്റിയിരുന്നു. എന്റെ കണ്ണിൽ നിന്നും ഒരു തുള്ളി എന്റെ നഗ്നമായ മാറിടത്തിലേക്ക് പ്രയാണം ആരംഭിച്ചു. എന്തു ചെയ്യണമെന്നറിയാതെ ഞാൻ പകച്ചു കിടന്നു. മനസ്സിൽ ഒരൊറ്റ ചിന്ത മാത്രം.

'എന്റെ കുഞ്ഞേ'.

അവൾക്ക് ഇന്നത്തേക്ക് അഞ്ചുവയസ്സ് തികയും

'അമ്മേ ഈ അമ്പിളിയമ്മാവനെന്താ ഒരു ദിവസം മാത്രം മൊത്തം മുഖം കാണിക്കുന്നേ ?'

'അമ്പിളി അമ്മാവനെ കാണാൻ നല്ല ഭംഗിയല്ലേ. എന്നും മുഖം കാണിക്കാൻ അതിന് നാണം കാണില്ലേ?'

മുത്തുമനെ കാണാൻ ഒരു കൊച്ച് അമ്പിളിയെ പോലെയായിരുന്നു. തുവെള്ളമുഖത്തിൽ അവിടെയിവിടെയായി കറുത്ത മറുകുകൾ, രണ്ടുണ്ടക്കണ്ണുകൾ കൊച്ചു ശരീരം എന്റെ മോളെ എനിക്ക് ഒരു നോക്ക് കാണണം. കണ്ണുനീർ തുള്ളികൾ ഓരോന്നായി ഇറ്റിറ്റു വീണു. വാതിൽ ചവിട്ടി തുറന്ന് ആ രണ്ടു കാട്ടാളർ അടുപ്പമിടുകൊണ്ട് മുറിയിലേക്ക് പവേശിച്ചു. അവരുടെ പല്ലുകളിൽ ചോര പുരണ്ടിരിക്കുന്നു. അത് രുചിച്ചുകൊണ്ട് ചാവാലിപ്പട്ടികളെപ്പോലെ അവർ എന്റെ അടുക്കലേക്ക് വന്നു.

'ഇവൾ കൊള്ളാമല്ലോ !'

'അതെന്നെ, കെട്ടഴിക്കാം'

അവന്റെ ചോര പുരണ്ട കൈകൾ എന്റെ മാറിടത്തിൽ പതിഞ്ഞു. ആ ചിലന്തിവലയിൽ നിന്നും പുറത്തു കടക്കാനാവാതെ ഞാൻ ഞരൂങ്ങി. മറ്റൊരാൾ എന്റെ മേൽ കയറിയിരുന്ന് കെട്ടഴിക്കാൻ തുടങ്ങി. എന്റെ കണ്ണുകളിൽ ശൂന്യത പടർന്നു. അവർ എന്നെ മുടിക്കു പിടിച്ച് നിലത്തേക്ക് വലിച്ചിട്ടു.

'ഭാമേ. നിന്റു മുടി എന്തു ഭംഗിയാണെന്നറിയാമോ

ദേവേട്ടൻ! അത് ദേവട്ടനല്ലെ അതെ എന്റെ മുടി നല്ല ഭംഗിയാണ് ദേവേട്ടാ നീർത്തുള്ളി പിന്നെയും ഉതിർന്നു.

'ഒറക്കെ കരയടി !' കരയടി'

അവർ എന്നെ നിലത്തിട്ടു ചവിട്ടി. ഞാൻ ഉറക്കെ കരഞ്ഞില്ല. രക്തം വാർന്നുവീണു. വായ തുറന്നില്ല ഞാൻ. അവർ എന്നെ മുടിപിടിച്ചു നിലത്തിട്ടു വലിച്ചു. എന്റെ തുടയിലെ തൊലി നിലത്തു ഒട്ടി നിൽക്കുന്നത് ഞാൻ കണ്ടു. എന്റെ മാംസം തോലില്ലാതെ നഗ്നമായി രക്തമൊലിപ്പിച്ചു കരഞ്ഞു.

' അമ്മയുടെ സ്കിൻ എന്തു സോഫ്റ്റ് ! ഹി ഹി, സന്തുർ മമ്മി !'

' അതെ മോളെ ! അതെ !'

അവർ എന്നെ ഒരു മുറിയിൽ ഇട്ടുപുട്ടി. അവരുടെ കൈകൾ എന്റെ ദേഹമാസകലവും രക്തപ്പാടുകൾ വരുത്തി. എന്നെ കത്തികൊണ്ട് വരഞ്ഞു. മാംസം കൊത്തിത്തീർന്നാൻ നിൽക്കുന്ന കഴുകൻമരൊ പോലെ അവർ എന്നെ കൊത്തി തിന്നു. എന്റെ ഓരോ ഭാഗത്തും അവർ ഈറ്റപ്പുലിയെ പോലെ അവരുടെ വൃത്തികെട്ട പല്ലുകൾ കൊണ്ട് കടിച്ചു തിന്നു. രക്തം വാർന്നു. വാർന്നു വീണു. എന്റെ കണ്ണിലെ കണ്ണുനീർ വറ്റിവരണ്ടു. എന്റെ പുഞ്ചിരി തെളിഞ്ഞു. മരണത്തെ ഞാൻ സ്വീകരിച്ചു.

ആർത്തി മാറിയ ചെന്നായ്ക്കൾ രക്തത്തിൽ മുങ്ങിയ എന്റെ ജഡതുല്യമായ ശരീരം ചാക്കിൽ പൊതിഞ്ഞ് പുറത്തേക്ക് വലിച്ചെറിഞ്ഞു. പുഴയുടെ വക്ക്. പാതി ജീവൻ ഉള്ളിൽ പിടഞ്ഞു

'എന്നെ ഒന്നു കൊന്നു തരുമോ ?'

എന്റെ ജീവൻ അലറിക്കരഞ്ഞു. ഞാൻ പതിയെ കത്തികൊണ്ട് വരഞ്ഞ എന്റെ കണ്ണുകൾ തുറന്നു. ചാക്കിന്റെ വിടവിലൂടെ ഞാൻ നിലാവു കണ്ടു. നദിയിൽ പതിഞ്ഞ നിലാവെളിച്ചം. മങ്ങിയ നിലാവെളിച്ചവും പതിയെ പതിയെ ആ ജീവൻ നഷ്ടപ്പെട്ടു.

'അമ്മേ നോക്ക് ഇന്ന് മുഴുവൻ മുഖം അമ്പിളിയമ്മാവനാണ് !'

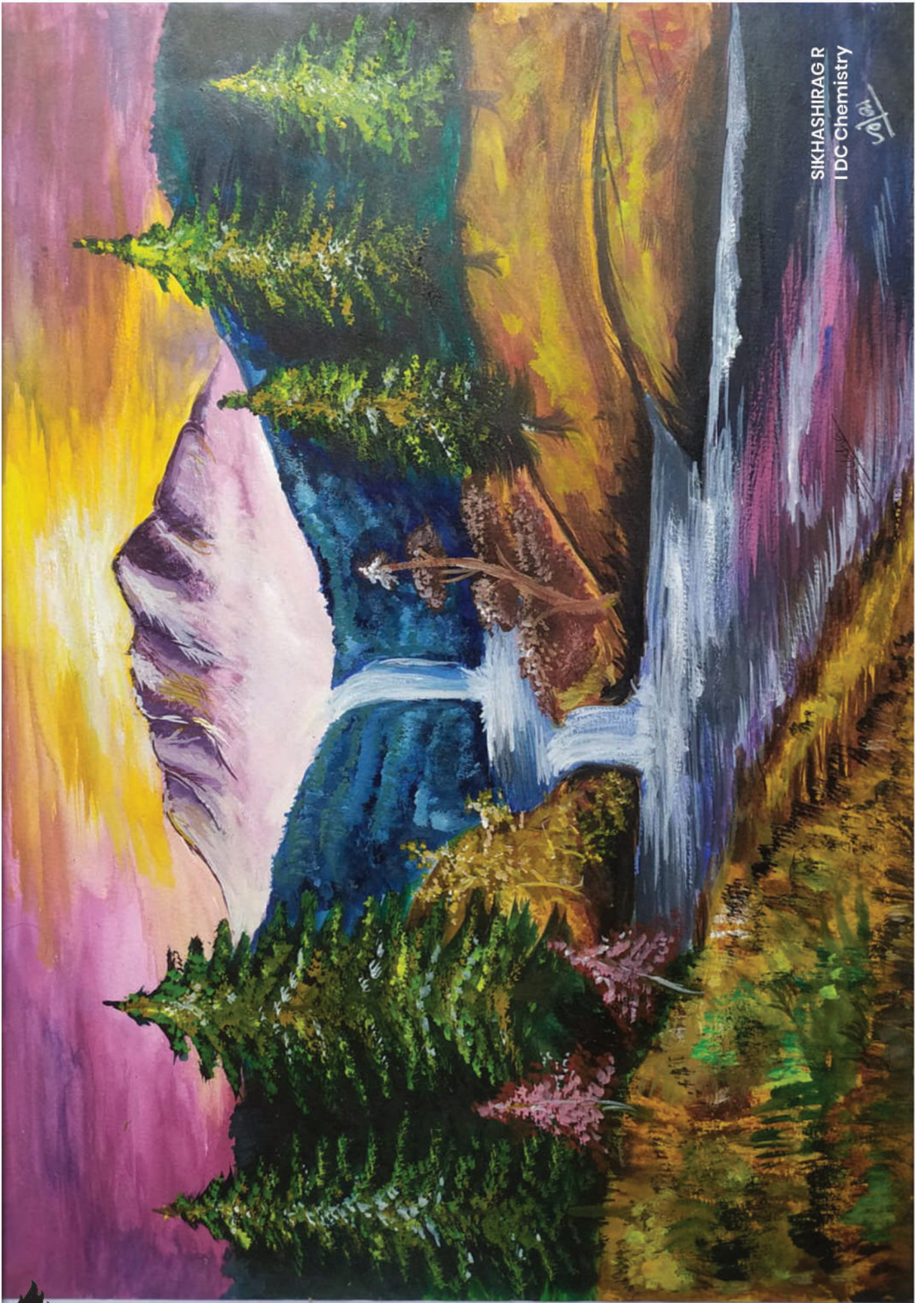
അതെ! അന്നും നല്ല നിലാവുണ്ടായിരുന്നു.

# നഷ്ടം , അതാർത്ത് ?

ഒഴുകുന്നു കണ്ണുനീർ  
ഇടുന്നു സ്വരം  
വീരക്കുന്നു കൈകൾ  
തിരയുന്നു അവ പലതും  
തിരയുന്നു അവ പലരേയും  
അന്തരീക്ഷം പുകയാൻ മൂങ്ങി  
ശബ്ദം തൊണ്ടക്കുഴിയിൽ വിങ്ങി  
ശ്വസനം ഉനിയതാർക്കുവേണ്ടി ?  
എന്തിനുവേണ്ടി ?  
ഇന്നെനിക്കു ദവിച്ചത്  
നിന്നാൽ ദവിച്ചത്  
ഇന്നെനിക്കു നഷ്ടമായി  
ഞാൻ ജനിച്ചു വീണമണ്ണ്  
ഞാൻ നോക്കിക്കണ്ട സ്വപ്നങ്ങൾക്ക്  
നഷ്ടമാക്കി എനിക്കു നീ എന്റെ രാജ്യം  
ചോദിക്കുന്നു കരുണ  
നിനക്കായി ഞാൻ ദൈവത്തോട്  
ദൈവം കരുണാമയൻ  
എന്നാൽ അവൻ നീതിമാൻ  
അന്തരീക്ഷം പുകയാൽ മൂങ്ങി  
യുദ്ധവിമാനങ്ങൾ കൊണ്ടു തിങ്ങി



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# THE SHOES DON'T FIT.

It was a very special day today, was what my dad and mom said. I didn't know. because the sun rose in the east as always and the sky was blue as usual. Could it be my birthday? I thought. But when was it? I didn't know. My mom used to bake me sweet cookies on my birthday. I loved my mother. She made a lot of them. For me, my dad, my brothers. She took really good care of us. I loved how she made cookies just for my birthday. For my brothers', she made a bitter, black thing. I didn't eat it. She told me that it was bitter and bad for me. "Cake" was what they call it. I used to get nauseous just by looking at it. I couldn't understand why they still ate it and why my brothers asked for more. I wanted to ask. But I didn't. I didn't

know. My mom loved me so much. But she didn't make any cookies. So maybe it was not my birthday.

Dad asked me to get ready by 8. He said we were going out. I was very excited. I had never been out. I always stayed at home and helped my mother. That's how a child should be, is what she told me. I saw my brothers go out. I once asked her to let me go with them. But she hit me with a cane. And I found myself doing dishes by the sink. It rained very harshly that day. My brothers were drenched when they got home. It is because you wanted to go out that it rained. They blamed me. I apologized. Why? I didn't know.

It was almost 8. I went to dad. I wanted to ask him where we are going, but he smiled at me instead, and the question got buried. Like a lot of others. I must be a graveyard for questions. My dad never smiled at me. Neither did he at mom. Or my brothers. I assumed he did not go to school like me, so he didn't learn how to smile. And maybe he didn't try to pick it up like I did from others. I wanted to ask. But I shouldn't. I kept my silence. Dad liked it when I was silent. Like that, we went out together for the first time. My dad loved me.

We went to a shoemaker. Dad was going to get me shoes. I couldn't keep it in, I asked, "Why?" He looked at me. Maybe he thought I couldn't speak. Or maybe he thought I was annoying. But he replied, "Your Aunt Folly is visiting. You shall live with her from now on." I was stunned. Who was Aunt Folly? Why did she want me? Where was she all this while? Why was I going to her? Why? I wanted answers. But I shouldn't pry.

I got the shoes. Really pretty, but they didn't fit me.

The next day, Aunt Folly was home. And I wore the new dress and the new shoes. I was presented to her. My parents prayed for her to like me. They prayed that she accepted me. But the shoes were crushing my feet. The pain was unbearable, as I had to walk around like a doll for Aunt Folly. She asked mom if I go out. "No, she is as obedient as a puppet", mom replied. "Do I eat a lot?" Again, mom replied, "No, she's as small as a pebble. Do I talk a lot? She is as quiet as a heart that doesn't beat," added my dad. "Then she must think a lot," Aunt Folly said. "She is as dumb as a doorknob," said my brother. My family loved me.

But did they ?

A puppet, a pebble, a doorknob, am I even alive? Does my heart even beat ? My feet hurt. The pain makes my eyes watery. Vision blurry. The shoes don't fit, clearly. But my whole body aches. I can't breathe. I hate how they all are looking at me. I hate how they are laughing at me. I hate it all. I hate-

"They don't fit!" I screamed.



Gayathri Manoj

II BA History



## ജനൽപ്പാളികൾക്കുറ്റത്തെ ലോകം

രാത്രി എട്ട് മണി കഴിഞ്ഞു. എല്ലാവരും വീട്ടിലുണ്ട്. പെട്ടെന്ന് കറണ്ടുപോയി. ഒരു നിശ്ശബ്ദത അവിടെയാകെ പരന്നു. എങ്കിലും മെഴുകുതിരി കത്തിക്കാനും മറ്റും വീണ്ടും ശബ്ദകോലാഹലമായി. മെഴുകുതിരി കത്തിച്ചുവെച്ചതിനുശേഷം വീണ്ടും എല്ലാവരും നിശ്ശബ്ദരായി. അങ്ങനെയൊരു അവസ്ഥ ഇന്നത്തെ വീടുകളിൽ അപൂർവ്വമാണ്. കറണ്ട് പോയതു കൊണ്ടാണ് ഇത് പുനർജനിച്ചത് എങ്കിലും ഇയാർ ഫോണിന്റെയോ മറ്റോ ശബ്ദം ഒരു മുളൽ പോലെ കേൾക്കുന്നുണ്ടായിരുന്നു. ഞാനെന്റെ മുറിയിലേക്ക് പോയി വീടിന്റെ അകത്തളത്തിൽ കത്തിച്ചുവെച്ചിരുന്ന മെഴുകുതിരിയുടെ നേരിയ പ്രകാശം ആ മുറിയിൽ പതിയെ പരന്നു. അപ്പോഴൊരു ഇളം കാറ്റ് തുറന്നിട്ട ജനൽ പാളികൾക്കിടയിലൂടെ മാനമായി വന്നെന്നെ മെല്ലെ തഴുകി കടന്നുപോയി. ഞാൻ ജനലുകൾക്ക് അരികിലേക്ക് നീങ്ങി പുറത്തേക്ക് നോക്കി. അവിടെ തെങ്ങോലകൾക്കു പിന്നിൽ നീലാകാശത്ത് പാൽത്തളിക പോലെ പൂർണ്ണചന്ദ്രൻ പുഞ്ചിരി തുടി നിൽപ്പുണ്ടായിരുന്നു. അമ്പിളിയുടെ വെണ്മയിൽ ഇലകളെല്ലാം നിഴൽച്ചിത്രങ്ങളായി ഇളംകാറ്റിൽ മെല്ലെ ആടിയുലഞ്ഞു കൊണ്ടിരുന്നു. ആ മനോഹരമായ ദൃശ്യം എന്റെ കണ്ണുകളെ കുളിരണിയിച്ചു. ഇത്രയും സുന്ദരമായ ലോകം ഈ ജനൽ പാളികൾക്കുറ്റത്ത് ഉണ്ടായിരുന്നുവോ എന്നോർത്ത് ഞാൻ അത്ഭുതവിവശയായി.

പുറത്ത് ഇലകൊഴിഞ്ഞ ഒരു തേക്കിൻകൊമ്പിൽ രണ്ട് വെള്ളരിപ്രാവുകൾ, പ്രേമയുഗ്മങ്ങളായി ചുണ്ടുകൾ ഉരസി പരസ്പരം സ്നേഹം പങ്കിടുന്നുണ്ടായിരുന്നു. കുറേ കാലത്തെ കാത്തിരിപ്പിനു ശേഷം അവ തമ്മിൽ കണ്ടുമുട്ടിയ താണെന്നു തോന്നുന്നു. അവയ്ക്ക് പറയുവാൻ ധാരാളം ഉണ്ടായിരുന്നു. അപ്പോഴൊരു എവിടെനിന്നോ മുല്ലപ്പൂ വിരിയുന്നതിന്റെ നറുമണം അവിടെയാകെ വ്യാപിച്ചു. ആ മുഴുലമായ ഗന്ധം രാത്രിയെ കൂടുതൽ മനോഹരിയാക്കി. അങ്ങനെയൊരു മരക്കൊമ്പിലിരുന്ന് ഒരു കുയിൽ മധുരമായി പാടുന്നുണ്ടായിരുന്നു. ആ മുഴുസംഗീതം പശ്ചാത്തലമായി മുഴങ്ങിയപ്പോൾ മരക്കൊമ്പിലിരുന്ന പ്രാവുകൾ സ്വയം മറന്നു ശബ്ദം ഉണ്ടാക്കി. ആഹ്ലാദം അറിയിച്ചു. ആ പാട്ടും കൊണ്ടാണ് അടുത്ത പൂന്തെന്നലിന്റെ വരവ് രാത്രിയുടെ ശാന്തത നെയ്ത കളിത്തൊട്ടിലിൽ കാറ്റും ഊയലാടി കടന്നുപോയി.

നാഗരികതയുടെ ചുട്ടുപൊളിക്കുന്ന പകലിൽ തളർന്നു മറ്റുള്ളവരിൽ കുറ്റം ചാർത്തിയും സ്വയം കുറ്റപ്പെടുത്തിയും ഒരു ദിവസം തള്ളിനീക്കുമ്പോൾ വെൺമയാർന്ന കുളിർതെന്നലേകുന്ന ശാന്തമായ രാത്രി ഓരോ ജനൽ പാളികൾ - ക്കുറ്റവും ഉണ്ടെന്ന് ഓർക്കുവാൻ ഓരോ മനുഷ്യരും മറന്നുപോകുന്നു. ഇതെല്ലാം തിരിച്ചറിഞ്ഞിരുന്നുവെങ്കിൽ ആർക്കും ജീവിതം നരകതുല്യമാകില്ലായിരുന്നു.

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# Team Achievements



**CALICUT UNIVERSITY BASKETBALL  
CHAMPIONSHIP WINNERS 2023-24**



**CALICUT UNIVERSITY VOLLEYBALL  
CHAMPIONSHIP WINNERS 2023-24**



**CALICUT UNIVERSITY FOOTBALL CHAMPIONSHIP  
SECOND 2023-24**



**CALICUT UNIVERSITY BOXING CHAMPIONSHIP  
1<sup>ST</sup> RUNNER UP 2023-24**



**CALICUT UNIVERSITY KABADDI CHAMPIONSHIP  
SECOND 2023 - 24**



**CALICUT UNIVERSITY HANDBALL CHAMPIONSHIP  
THIRD 2023-24**



**CALICUT UNIVERSITY RUGBY CHAMPIONSHIP  
THIRD 2023-24**



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2023-24



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**ANJITHA ANTONY**  
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BOXING CHAMPIONSHIP \_



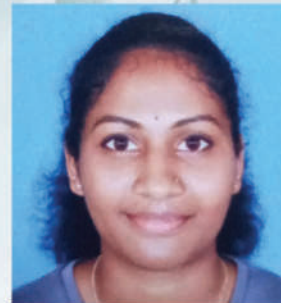
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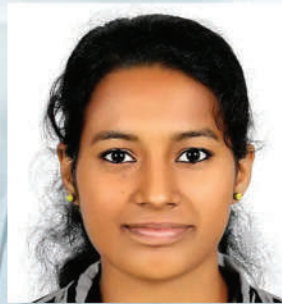
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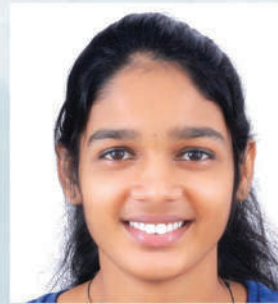
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MEMBER OF KERALA TEAM WON GOLD MEDAL IN  
NATIONAL GAMES BASKETBALL. AND  
MEMBER OF CALICUT UNIVERSITY  
BASKETBALL TEAM



**ATHIRA M S**  
**I BSC ZOOLOGY**

NATIONAL GAMES SILVER MEDAL IN PENCAKSILAT,  
SILVER MEDAL IN AIJU PENCAKSILAT AND  
SILVER MEDAL IN SENIOR NATIONAL CHAMPIONSHIP



**AVANTHIKA V B**  
**II BA HISTORY**

GOLD MEDAL IN YOUTH NATIONAL  
BASEBALL CHAMPIONSHIP



**LAKSHIRAJ**  
**II BA ECONOMICS**

MEMBER OF KERALA TEAM WON GOLD MEDAL IN  
SENIOR NATIONAL BASKETBALL CHAMPIONSHIP,  
MEMBER OF CALICUT UNIVERSITY BASKETBALL TEAM

*Special Achievements*

## Kicking Goals and Breaking Barriers : A Ghanaian Student's Tale in India

Looking back, it is hard to believe that two years ago, I was boarding a plane to India with a mixture of excitement and fear, unaware of the incredible journey that lay ahead. Besides playing football, I have always prioritized education as a fundamental aspect of my life. Despite the demanding nature of being a student-athlete, with discipline, planning, and time management, I was able to manage my academic works and my passion for sports effectively. After I completed high school, I started applying for scholarships both within Ghana and abroad. After two years I chanced upon a scholarship opportunity to study in Ghana. I applied and waited for almost three months before I was awarded the scholarship.

When I received the news that I had been awarded the scholarship to study in India, I was both thrilled and anxious. Leaving Ghana for the first time and stepping into a new cultural milieu was daunting, yet I knew it was an opportunity of a lifetime. My first few months, in India were very challenging with full of new experiences – tasting spicy foods that set my tongue on fire, trying to communicate in a language I barely knew, trying to adjust to the culture and making new friend was not easy for me but stepping onto the soccer field felt familiar and comforting.

Academically, the coursework was rigorous. I remember struggling with the pace at first, but with time, I adapted and even began to thrive. The professors were supportive, and the resources available were vast. I met wonderful friends who helped me feel comfortable. I met a senior who became a family to me, she was also a student athlete. She always supported and made me feel at home. Her name is Divya Sam, she is one of the people in my life whom I will forever be grateful for. One evening, we sat down in her room and shared stories of ourselves and how to navigate life, we also discussed about our future. Her advice and motivation made me realised and understand a lot of things. On the field, I met teammates who became friends, supporting each other through wins and losses. However, there were also challenging dynamics that taught me valuable lessons in teamwork and perseverance.

As I enter my final year, I can see how much I have grown since my first day in India. The challenges I faced have made me more resilient, and the friendships I have formed have broadened my understanding of the world. Studying abroad has been an eye-opening journey, and I wholeheartedly encourage anyone considering it to embrace the experience with an open mind and heart. You will emerge stronger and wiser, ready to make a significant impact in the world. Don't let fear hinder your pursuit of your dreams. Sometimes taking risks, even if it means leaving your family behind, is crucial for reaching the top. I urge you to follow your dreams, as a brighter future awaits you.



JENNIFER DORDOE  
II BA History

# Department Highlights

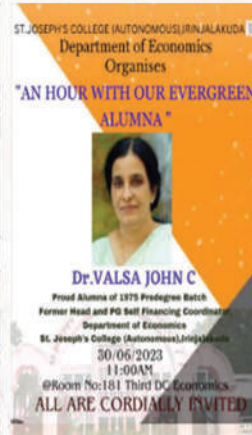
## Research and PG Department of English



National Seminar on Dynamic Interfaces of Human Rights: Evolving Perspectives in Culture, Ecology and Media

Institutional Visit and Faculty Exchange Programme

## Department of Economics



Economics of Women Entrepreneurship

An interactive session with Dr. Valsa John C

## Department of Hindi



Premchand Jayanthi SAMAROH

Hindi Week Celebration

# Department Highlights

## Department of History



Inter-School Constitution Quiz



National Seminar on Dynamic Interfaces of Human Rights : Evolving Perspectives in Culture, Ecology and Media

## Department of Journalism and Mass Communication



Campus Radio Journos FM



'Point Blank' Association Inauguration

## Department of Malayalam



Poovukalkku Punyakalam Inter school & Inter collegiate competition



Ekajeevithanaswaraganam



Dr. Neenu K.R (Sanskrit), Dr.Shahana P.R (Malayalam) awarded Ph.D degrees

# Department Highlights

## Department of Physical Education



Third-Best Women's College in Sports,  
Calicut University



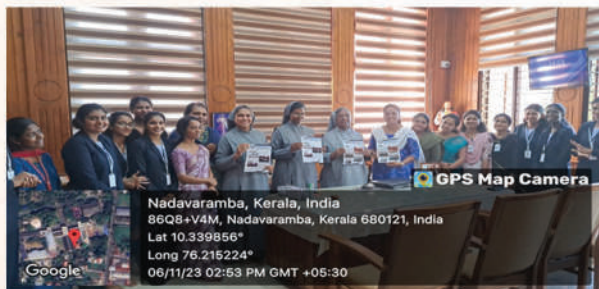
Achievements

Thirty five players represented Calicut University teams for the all-India Inter-University championships and twenty two players have represented various Kerala teams in the National championships



College hosted two Calicut University Championships, Volleyball and Basketball and All Kerala Volleyball tournament

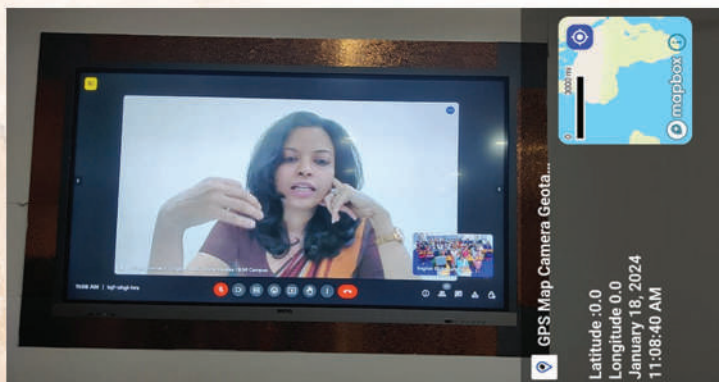
## Department of Social Work



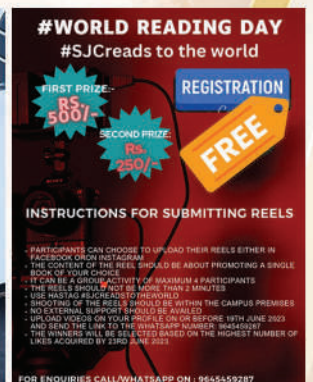
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86Q8+V4M, Nadavaramba, Kerala 680121, India  
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Long 76.215224°  
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## Department of English – Self Financing

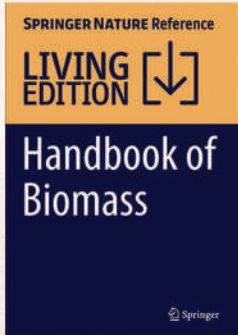


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January 18, 2024  
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# Department Highlights

## Department of Biotechnology



International Science Publications

Young Innovators - Zaara Biotech

## Department of Botany



A Tribute to Dr. M S Swaminathan



Village Placement Programme

## Research Department of Chemistry



National Seminar – Recent Trends in Polymer Nano Composites



Medical Coding – Convocation

## Department of Computer Science



International Seminar on Cyber Security and Ethical Hacking



Inter Collegiate Tech-fest Celesta Zest 5.0



# Department Highlights

## Department of Mathematics



28th Inter Collegiate Inter School Quiz

Student Exchange Programme

## Department of Physics



9th Intercollegiate Energy Quiz Competition

Talk on Energy Conservation

Green Energy Workshop

## Department of Psychology



Awareness Class on Mental Health among Adolescence

Intercollegiate Psychology Fest – PsycheFest 2023

Institutional Visit to Sanjo Sadan, Anandhapuram

# Department Highlights

## Department of Zoology



National Lecture Workshop  
Unveiling Diversity: Varied Dimensions in Life Science

MoU - Wildlife Trust of India

## Department of Costume and Fashion Designing



Chandam 2K23

Echo 2K23 Graduation Day

## Department of Microbiology and Forensic Science



Workshop on Fingerprint and Document Examination

Dog Squad

ASSASSINATO MYSTERIO

## Department of Integrated M Sc Biology



Biokoot National Conference

Drug Design Workshop

Breast Cancer Awareness Talk

## Research Highlights

### Research Department of Commerce (Aided)



Student and Faculty Exchange Programme



Meet the Wopreneur



THE WOMAN BOSS, International Summit 2024

### Department of Commerce (Self-financing)



Comfiesta 2K23, Management Fest



Megathiruvathira

### Department of Business Administration



MoU Signed with Mariyan Institute of Management  
Kuttikanam



Launch of Snacks Bar

## Research and Development Centre



Workshop on AI Tools for Research



Paper Presentation in International Conference Thailand  
Dr. Sr Floweret, Vice Principal

## Centre for Research in Mathematical Sciences

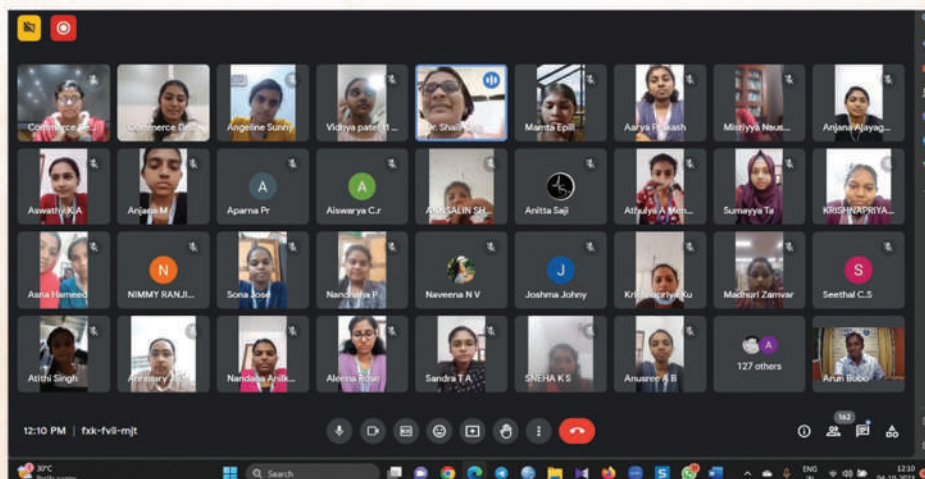


National Seminar on PDE



Endowment Lecture on Introduction to Mathematical Morphology

## Centre for Research in Commerce



National Webinar - Shepherding

## Centre for Research in Chemical Sciences



Awarded PhD to Ms Nonu Davis Chakkalakkal



Delivered an invited research talk in International Conference (ICM) held at MG University, Kottayam




Principal investigator to secure DST-CURIE and DST-FIST grants for the college

## Centre for Research in English

POSTGRADUATE AND RESEARCH DEPARTMENT OF ENGLISH  
ST. JOSEPH'S COLLEGE(AUTONOMOUS), IRINJALAKUDA

Organizing  
ONE DAY WORKSHOP ON THE TOPIC  
LITERARY THEORY : CONCEPTS AND PRAXIS

By  
  
AMALDEV P J  
ASST. PROFESSOR, DEPT. OF ENGLISH  
ST. MARY'S COLLEGE, THRISSUR

VENUE: MARIYAN HALL      TIME: 9:30      DATE: 27/11/2023

Workshop on Literary Theory : Concepts and Praxis

RESEARCH FORUM  
POSTGRADUATE AND RESEARCH DEPARTMENT OF ENGLISH  
ST. JOSEPH'S COLLEGE (AUTONOMOUS), IRINJALAKUDA

INVITED LECTURE ON  
**RESEARCH METHODOLOGY**

  
RESOURCE PERSON  
Ms. Chandana Vavachan  
Alumni, 2020 batch

21 AUGUST 2023  
1 PM  
2nd PG Class Room

Invited Lecture on Research Methodology

## IQAC- Internal Quality Assurance Cell

Online Faculty Development Program

The Internal Quality Assurance Cell (IQAC) of St. Joseph's College (Autonomous), Irinjalakuda, Thrissur

Organizing  
**7 Day National level Online FDP on ChatGPT & AI Tools for Educators, in-line with OBE**

In association with,  
The Kerala State Higher Education Council



19 to 26, July 2023 (7 Days)      Live sessions: 02:00 pm to 04:00 pm IST

(First Day participation is Free)  
Recordings of the sessions are available through LMS

Seven-day National Level Faculty Development Program on Chat GPT and AI Tools

This initiative is to be held as a FDP (Faculty Development Program) organized by the IQAC of St. Joseph's College (Autonomous) Irinjalakuda in association with The Kerala State Higher Education Council, Thrissur and the assistance through the research lab provided and also through the assistance through the research lab provided.

**FDP Outcomes**

**Profile of Resource Persons**

**FDP Registration**

Registration form: Click on the link to get the form to join this 7 days online FDP. [CLICK HERE](#)

Processing Fee: Free for FDP (Second Day onwards) LMS access and password of participants. The fee will be collected for the following session and share the transaction details through WhatsApp to 9846936303

**Session Details**



**ST. JOSEPH'S COLLEGE (AUTONOMOUS) IRINJALAKUDA**  
NAAC accredited with A++ Grade  
**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

Organizing  
An orientation program for Faculty  
**NEP IMPLEMENTATION : CHALLENGES AND OPPORTUNITIES**

on  
**2023 August 11 1:30 PM**  
at  
**PADMA BHUSHAN FR. GABRIEL SEMINAR HALL**

  
**DR SUDHEENDRAN K**  
Resource Person  
Research officer on Special duty  
Kerala State Higher Education Reforms Implementation Cell,  
KSHEC, Trivandrum

Contact : +91 94956 77218  
[www.stjosephs.edu.in](http://www.stjosephs.edu.in)

Workshop on Four Year UG Programme (FYUGP)

## NCC – National Cadet Corps



Nava Kerala Sadas 2023



Cleaning Initiatives – Swachh Bharat Abhiyan



## NSS – National Service Scheme



Thanal 2023



Sumanasam – 23'



Naalek Oru Kathir and Sneharamam

## SPECIAL PROGRAMME



Induction Programme INITIATIO



Paradigm Shift in Teaching Learning Through Outcome Based Education



Festal Greetings

## STAFF ASSOCIATION

## WE FOR WOMEN CLUB



Protest rally and Meeting – To Express Concern towards Manipur Riots



Workshop on Self Defence Techniques



Talk on PCOD

# UBA- Unnat Bharat Abhiyan



Sametham'-  
An Educational Program



Cleaning Programme at Irinjalakuda  
Municipality



Visit to Santhi Sadanam

# PTWA- Parent Teacher Welfare Association



An orientation Programme on Parenting  
The Art and Science



Felicitation meeting to Honour the New Irinjalakuda  
Municipal Chairperson Mrs. Suja Sanjeev Kumar

# Nature Club



Dasapushpa Quiz



Nature Camp at Vazhachal



# ST. JOSEPH'S COLLEGE (AUTONOMOUS), IRINJALAKUDA

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www.stjosephs.edu.in



**Cultivating Knowledge  
Shaping Futures**



Step into a legacy of brilliance at St. Joseph's College (Autonomous), nestled in vibrant Irinjalakuda. This 19-acre campus has empowered women since 1964. Affiliated with the University of Calicut and guided by the Congregation of the Holy Family, the college prioritizes holistic, value-based education inspired by Saint Mariam Thresia. Achieving autonomy in March 2016, followed by UGC recognition for excellence, underscores the college's commitment to quality education. With an 'A++' NAAC rating and impressive NIRF rankings, St. Joseph's College is where future leaders and innovators find success. Transform your future today!

## UNDER GRADUATE PROGRAMMES

### UG HONOURS PROGRAMME (AIDED)

- B.Sc. Mathematics
- B.Sc. Physics
- B.Sc. Chemistry
- B.Sc. Zoology
- B.Sc. Botany
- B.Sc. Biotechnology
- B.A. English Lang. & Lit.
- B.A. Economics
- B.A. History
- B.Com. Finance

### INTEGRATED PROGRAMME (AIDED)

- Integrated M.Sc. Biology (5 YEAR UG & PG)

### UG HONOURS PROGRAMME (SELF-FINANCING)

- B.Sc. Psychology
- B.Sc. Costume and Fashion Designing
- Bachelor of Business Administration (BBA)
- Bachelor of Computer Application (BCA)
- Bachelor of Social Work (BSW)
- B.A. English Lang. & Lit.
- B.Com. Finance + ACCA (UK)
- B.Com. Finance (CMA (USA, INDIA), CA)
- B.Com with Computer Applications

### B.VOC PROGRAMMES (SELF-FINANCING)

- B. Voc. Applied Microbiology and Forensic Science
- B. Voc. Malayalam and Manuscript Management
- B. Voc. Mathematics & Artificial Intelligence
- B. Voc. Software Development

## POST GRADUATE PROGRAMMES

### PG AIDED PROGRAMMES

- M.A. English Literature\*
- M.A. Malayalam
- M.Sc. Chemistry
- M.Sc. Mathematics
- M.Com. Finance

### PG SELF-FINANCING PROGRAMMES

- M.A. Economics
- M.A. Journalism & Mass Communication\*
- M.Sc. Botany
- M.Sc. Zoology
- M.Sc. Physics
- Master of Social Work (MSW)\*
- M.Sc. Psychology
- M.Sc. Computer Science
- M.Sc. General Biotechnology
- M.Sc. Data Analytics\*

## Ph.D. PROGRAMMES

### Ph.D. PROGRAMMES IN

- Chemistry
- Commerce
- English
- Mathematics
- Biotechnology\*\*
- Botany\*\*
- Zoology\*\*

\*Entrance based admission for other discipline students  
\*\*Waiting for the University approval

- Campus Placement with 150+MNCs
- National and International Internship Programmes
- 100+ Upskilling and Reskilling Courses within the Campus

## FOR ADMISSIONS

**AIDED COURSES: +91 9446630042**  
**SELF-FINANCING COURSES: +91 8086658261 | +91 7994042456**



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● KODAKARA Ph: 0480 - 2723979 ● AMBALLOOR Ph: 0480 - 2750080 ● VELLANGALLOOR Ph: 0480 - 2860129 ● KORATTY Ph: 0480 - 2735379 ● KATTOOR Ph: 0480 - 2870779  
● KARUVANNUR Ph: 0480 - 2886279 ● KODALY Ph: 0480-2743179 ● ALOOR Ph: 0480 - 2720679 ● ANNAMANADA Ph: 0480 - 2773879 ● CHERUTHURUTHY Ph: 0488-4264079  
● CHELAKKARA Ph: 0488-4254979 ● ERUMAPETTY Ph: 0488-5265979 ● WADAKKANCHERRY Ph: 0488-4231379 ● ATHANI Ph: 0487-2203979

**IRINJALAKUDA TOWN CO-OPERATIVE BANK. RBI Licensed Urban Bank**

M.P. Jackson - Chairman

T.K. Dileep Kumar - General Manager

# അവൾക്ക് പിന്നിൽ

വിനാമ്പുറങ്ങളിൽ പമ്മിയിരിക്കാതെ  
വിൻവിളിനാടയിൽ കാലുടക്കിടാതെ  
വിഞ്ഞാണക്കിണ്ണുതതിലൊറ്റയ്ക്കുണങ്ങുന്ന  
പട്ടിണിവറ്റാൽ പശിയകറ്റിടാതെ,  
പാത്രക്കലമ്പലിൽ പാട്ടുമറക്കാതെ,  
പാച്ചിലിനീടയിലും വിച്ചയെടുക്കാതെ,  
വിച്ചനടന്നിടും വിഞ്ചോമനയ്ക്കുമേൽ  
പാഴ് കിനാച്ചുമടേറ്റി മടങ്ങാതെ,  
പിന്നെയും പാതകൾ താണ്ടിക്കുതിക്കുന്ന  
പെണ്ണിനെക്കണ്ടു പകച്ചൊരാൾ ചൊല്ലുന്നു,  
പേടിക്കണം, പേടിയില്ലാതെത്താരുതതിക്കു-  
പിന്നിലുണ്ടാമൊരു വില്ലനത്രേ!



**Ananya O**  
**II BA English**

# Her Will



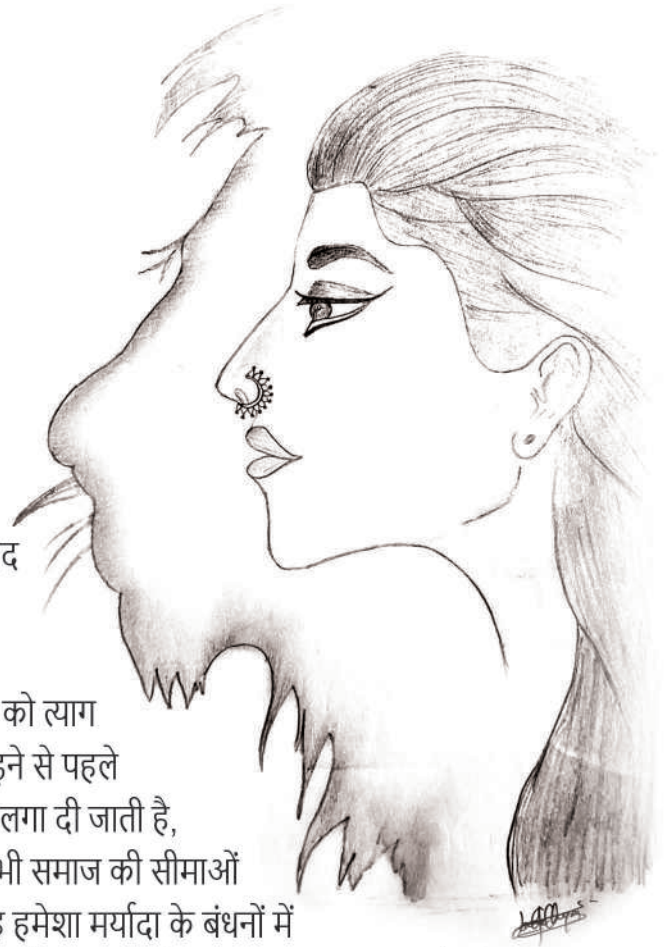
V.S Nandhana  
II BA English

She rose, breaking apart the stigma  
Of witchcraft and Devadasi lores.  
She endured enough despite every  
Single woes of worldly accusations.  
The wicked bloke of oppression found  
Breath-taking beauty in her despair.  
Hurricanes blow in her anger, sweeping  
Him away off his feet to forlorn lands.  
Now he weeps in misery as he gets  
His punishment that was due.  
She rises from her knees, never to  
Fall ever again with her teeth bared  
In challenge to the world against her.

# मेरी पहचान

किसी की बेटी, बहन, पत्नी, माँ, बहु होने से पहले 'मैं' एक स्त्री हूँ और यही मेरी पहचान है।

पुरातन समय से लेकर आज तक, स्त्रियों की स्थिति में शायद ही कोई बड़ा बदलाव आया हो। समाज ने हमेशा उन्हें "दूसरा भाग" मानकर देखा है, जैसे उनका अस्तित्व सिर्फ दूसरों को पूरा करने के लिए हो। बचपन से ही एक लड़की को त्याग और संपूर्णता का पाठ पढ़ाया जाता है। उसके पंखों को उड़ने से पहले ही काट दिया जाता है—बाहर खेलने की आज़ादी पर रोक लगा दी जाती है, और जब वह बड़ी होती है, तो बाहर काम करने की इच्छा भी समाज की सीमाओं में बंध जाती है। उसकी अपनी कोई पहचान नहीं होती। वह हमेशा मर्यादा के बंधनों में बंधी रहती है, मानो उसकी इच्छाएं और सपने समाज के नियमों के आगे गौण हों। त्याग करना, दूसरों को खुश रखना, और हर स्थिति में धैर्य रखना, यही उसकी भूमिका बना दी गई है। समय के साथ परिवर्तनों की उम्मीद थी, लेकिन वास्तविकता में, उसके जीवन की कठिनाइयाँ वैसी की वैसी बनी हुई हैं।



हमारा समाज आज भी पुरुषप्रधान है, जहाँ स्त्रियों को हमेशा पीछे रखा जाता है। बेटों को पढ़ाई और बेटियों को शादी से जोड़ा जाता है। स्त्रियों की पहचान एक पत्नी, बहु, या माँ तक सीमित कर दी जाती है। बचपन से ही हमें घर के काम में माहिर बनने की सीख दी जाती है, मानो यही हमारी नियति हो। लेकिन मेरी पहचान सिर्फ घर की जिम्मेदारियों तक सीमित नहीं है। मैं एक स्त्री हूँ, और मेरी पहचान मेरी अपनी है। इसे किसी रिश्ते या पुरुष के नाम की जरूरत नहीं। अगर हर स्त्री यह बात समझे, तो बदलाव संभव है।

हर महिला को यह समझना होगा कि उसकी पहली और सबसे महत्वपूर्ण पहचान यह है कि वह एक स्वतंत्र और सक्षम स्त्री है। उसे आत्मनिर्भर बनने की दिशा में कदम बढ़ाना चाहिए और इस विश्वास के साथ आगे बढ़ना चाहिए कि उसे किसी के सहारे या नाम की जरूरत नहीं है। वह अकेले ही काफी है।

हमारा समाज आत्मनिर्भर स्त्रियों को सम्मान तो देता है, लेकिन घरेलू महिलाओं को अक्सर तिरस्कार भरी नजरों से देखता है। यह सोच बदलने के लिए हर स्त्री को अपनी पहचान के लिए लड़ना होगा। उसे अपने पैरों पर खड़े होने लायक बनना होगा, ताकि वह अपनी जिंदगी के फैसले खुद ले सके। अपनी असली पहचान को समझना और उसे स्वीकारना ही हर महिला की सबसे बड़ी ताकत है।

Annie Maria Tom  
I BA English



## THE “WORLD” AROUND US

When addressing the social realities, one must have the clearest of lenses to see the realities. The world we live in. Has it always been like this?

What is wrong with our world today?

Well, here's the sad truth. We live in that world where the newborns wake up to the sound of guns and fires. We live in a world where instead of seeing colours of all bright shades, the kids only just see one, red. We live in a world where the most sacred relationships of all, one that ties people with blood, are the scariest of them all. We live

in a world where there are no lines between a mother, a daughter, and a wife. We live in a world where, the parents who tirelessly work for their kids are abandoned on the streets. Yes, we live in such a world. But it is not over. On the verge of losing humanity in all of us, let us take a step back. Pause. Because humanity is that inextinguishable flame. The world can be healed. The people can be healed. It just takes a bit of understanding and love. “Heal the world; make it a better place. For you and for me and the entire human race.” Michael Jackson, 1992

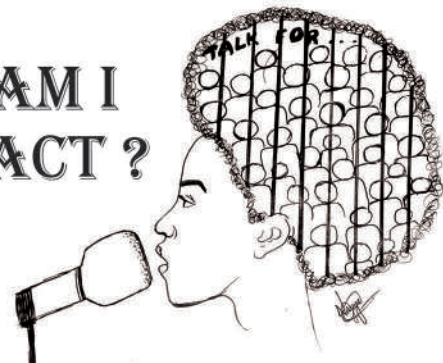
Gayathri V  
II B.Com (Aided)

## है यह जिंदगी का सूखापन

“ है यह जिंदगी का सूखापन “  
उसे है बच्चे तीन - चार  
पर न कोई करता उसे प्यार  
जब छोड़ गया पापा इस दुनिया ;  
माँ बन गयी एक सूखा पेड़  
एक समय था जब वह भी ;  
हरियाली से लहलहाती थी ।  
हर पल हर लमहा जिया  
अपने परिवार के लिए  
लेकिन अंत में बन गयी बोझ  
उसके अपने बच्चों के लिए ।  
“ बुढ़ापा - है यह जिंदगी का सूखापन  
अनजाने में लाल रंग बन गया काला  
जिंदगी बन गयी एक बोझ  
बुढ़ापा - है यह जिंदगी का सूखापन “  
समय बीतते गये  
मौसम बदलते गये  
उम्र बढ़ती गयी  
और आ गयी जिंदगी का वह  
सूखापन - “ बुढ़ापा “

Aparna PP  
II BSc Chemistry

## WHO AM I TO REACT ?



And in that moment  
I realised that,  
It was better for me not to react.  
Not because I don't want to,  
But I could not.

How am I supposed to do that?  
When I have promised to be their voice  
And have been doing it for such a long time,  
I know it is better for me not to react.  
But I was left with no choice,  
I have already taken this path  
And there is no going back,  
Either they want to use my voice  
Or they want to shut it down,  
So they took my voice away and framed me  
By asking me, "Who am I to react?"

And I asked myself this question.

While I was figuring things out  
I found myself lying on the floor  
Unable to wake up,  
They didn't even bother to wake me  
And I could hear them whisper,  
What is the point of doing it  
If she has already lost her voice.

Airin Josepaul  
I BA English



Faculty (2023 - 24)



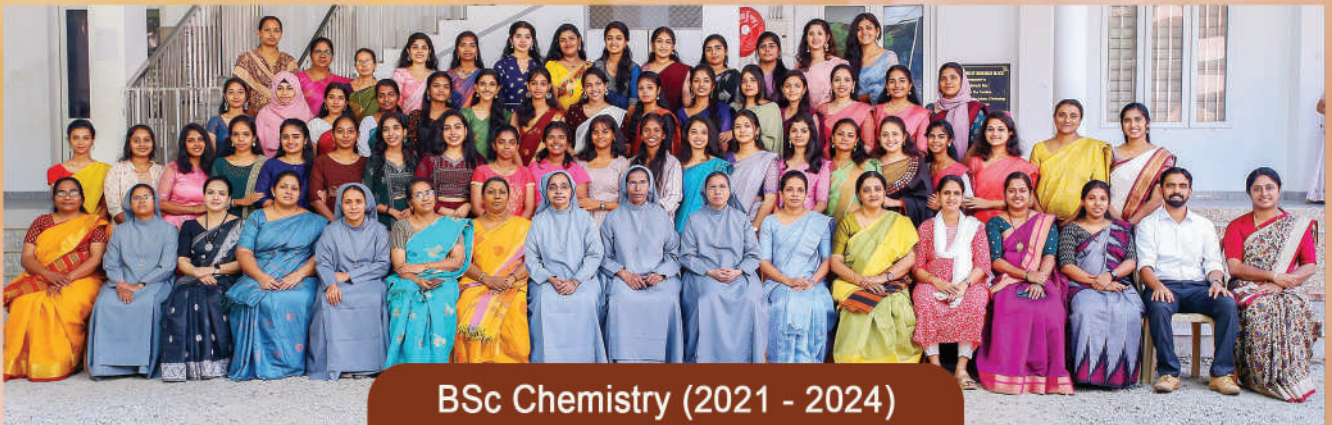
Staff (2023 - 24)



**BSc Biotechnology (2021 - 2024)**



**BSc Botany (2021 - 2024)**



**BSc Chemistry (2021 - 2024)**



**BSc Costume and Fashion Designing ( 2021-2024)**



**BSc Physics (2021 - 2024)**



**BSc Zoology (2021 - 2024)**



**BSc Maths (2021 - 2024)**



**BSW (2021 - 2024)**



**B Com Aided Finance (2021 - 2024)**



**B Com with CA (2021 - 2024)**



**B Com Finance A (2021 - 2024)**



**B Com Finance B (2021 - 2024)**



**B A English (2021 - 2024)**



**B A English Self Finance (2021 - 2024)**



**B A Economics (2021 - 2024)**



**B A History (2021 - 2024)**



**BBA (2021 - 2024)**



**BCA (2021 - 2024)**



**BSc Psychology ( 2021 - 2024)**



**MA Journalism & Mass Communication (2022 - 2024)**



M A English ( 2022 - 2024)



M A Economics ( 2022 - 2024)



M A Malayalam ( 2022 - 2024)



M com ( 2022 - 2024)



M Sc Botany ( 2022 - 2024)



M Sc Chemistry ( 2022 - 2024)



M Sc Computer Science ( 2022 - 2024)



M Sc Data Analytics (2022 - 2024)



M Sc Maths ( 2022 - 2024)



M Sc Physics (2022 - 2024)



M Sc Psychology ( 2022 - 2024)



M Sc Zoology ( 2022 - 2024)



MSW ( 2022 - 2024 )



Integrated Msc Biology 2021 - 2024 (UG Completed)



BVoc Software Development ( 2021 - 2024 )



BVoc Applied Microbiology & Forensic Science ( 2021 - 2024 )

# URJJA 2K24



## SPORTS DAY



## ENDOWMENTS AND SCHOLARSHIPS(2023-24)

### Department of Mathematics

1. Prize awarded by A.K.P. Metals to the top student in M Sc. Mathematics: Nanditha Nandakumar
2. Scholarship awarded in the name of Dr. John J.K., Head of the Department of Mathematics on his retirement by former students to the top student in II Semester M. Sc University Examination : Blessy Paulson
3. Scholarship awarded in honor of Sr. Tresa Parokkaren, Former Head, Department of Mathematics instituted by the former students to the top student in I semester M.Sc. University Examinations : Blessy Paulson
4. Scholarship instituted in the name of Sr. Stephen Mary on her retirement as Head of the Department of Mathematics by her former students to the top student in Mathematics Core Course in B Sc. Mathematics : Anna Reejo Parayil
5. Prize instituted in honour of Sr. Chrysostom in the year of her Retirement as 1st grade Librarian to the most deserving student in II DC Mathematics Core Course : Aida
6. T.T. Jose Thozhuthumpambil Memorial Prize awarded to the top student in Statistics & Computer Science at the Complementary level : C M MUBEENA
7. Prize awarded in honour of Dr.Geetha K.V., former Head of the department of Mathematics instituted by the former students to the top student in Complementary Mathematics : HANNA ABDUL JABAR
8. Scholarship instituted in the name of Sr. Loretta, Head of the Department of Mathematics on her retirement as principal by the former students of Mathematics to the top student in Mathematics M.Sc IV Semester University Examinations : SONA RAJAN
9. Scholarship instituted in honour of Sr. Annie Elvina on her retirement from the department of the Mathematics by her former students of Mathematics to the top student of III Semester M.Sc University Examinations : NANDITHA NANDAKUMAR
10. Cash prize instituted by Miss Annie Joseph, Department of Mathematics on her retirement for the deserving and meritorious student for fourth semester University Examination : ANAGHA SHAJI
11. Kunju Mariam Niravath Memorial Prize awarded to the top student in B Sc. Mathematics Core Course at the University examination : ANNA REEJO PARAYIL
12. Ajithajayaram Memorial Scholarship awarded by Mr. Jayaram to the most deserving and meritorious student who secured more than 80% marks in the III year B.Sc. Mathematics Core Course at University examinations: JOSMY JOSE
13. Scholarship awarded in honour of Dr. Rani M. J., Miss Annie Joseph, and Dr. Philomina M. T. On their retirement from the Department of Mathematics, by former students of Mathematics to the deserving student of Ist Semester M.Sc. Mathematics : ANGEL ROSE
14. Scholarship awarded in the name of Sr. Vijaya on her retirement as Principal by her former students to a deserving student of I B.Sc. Mathematics: SREELAKSHMI M
15. Prize instituted by the relatives of Sr. Annie Elveena to a deserving and good natured degree student of Mathematics in the first and second semester University Examination : MINNA JOSLIN
16. Cash prize instituted by Dr. Philomina M. T., Department Of Mathematics on her retirement for the deserving and meritorious student for first semester B.Sc. University examination : ANMARIA JAISON

17. Prize awarded by the Department of Mathematics in honour of Dr. Sr. Christy, former principal to the best Msc. Student Project Winner : DEVIKA K S

18. Cash award instituted by classmates of Dr. Sr. Isabel, our former principal to the best student in computer Science from Department of Mathematics: ANGEL MARIA GEORGE

### Department of Physics

19. Special Prize awarded by Prof. Ambikadevi Varma to the top student in B.Sc. Physics Core Course : APARNA SHAJI

20. Venkatesan Memorial Prize to the top student in Physics Complementary Course : SANI ANTONY

21. Prize instituted in the name of Sr. Sigismund to the most deserving student in II DC Physics Core Course. : FIDHA S HUSSAIN

22. Prize awarded by Rev. Sr. Annie James, Former Head of the Department of Physics to the top student in B.Sc. Physics for I DC and II DC Core Course : ATHULLYA VL

23. Cash prize instituted by Ms. Tresa K.R, Former Head, Department of Physics to the topper in BSc core course (practical examination): APARNA SHAJI

### Department of Chemistry

24. Cash Prize awarded by Dr. Rosebella K. Puthur to the top student in Quantum Chemistry for the university examination : SAKILA M A

25. Scholarship instituted by Dr. Pearly Sebastin Chittilappilly, Associate Professor, Dept. of Chemistry on her retirement to the top student in Group Theory of M.Sc. Chemistry University Examination : Jomol P J

26. Special Prize awarded to the top student of II M.Sc. Chemistry in honour of Rev. Sr. Marietta, our former Principal and Ms. Santha Paul, former Head of the Dept. of Chemistry: Neema Sherin R M

27. Scholarship instituted in honour of Mother Mary Benetia, Former Professor and Head of the Department of Chemistry & Sr. Deogratias, Rtd. Head of the Department of Chemistry by their former students to top student in B.Sc. Chemistry : Ann Mariya Paul

28. Scholarship instituted in the name of Ms. Thressiamma Thomas to the most deserving student in IIC Chemistry core course: Sani Antony

29. Prize awarded by Dr. Sr. Lilly Kachappilly to the most outstanding final year B.Sc Chemistry student through peer selection : Hanna Abdul Jabbar

### Department of Botany

30. Sr. Maria George Endowment scholarship instituted by her old students to the top student in B.Sc. Botany Core Course at the University practical examinations : Florips Thomas

31. Special prize awarded by Indian Trading Company to the top Student in B. Sc. Botany Core Course : Alphin Saji

32. Prize instituted in the name of Sr. Mary Caroline to the most deserving student in II DC Botany Core Course: Jayadurga J

33. Arun Jose Memorial Scholarship instituted by Ms. Philomena Mathew, retired Head, Dept of Botany to the top student in B Sc. Botany Taxonomy Course: Faiha Rahim M A

34. Scholarship instituted in the name of Prof. Sophiamma Johny retired Head of the Dept. Of Botany and Sr.Euphemia retired professor Dept. of Botany to the top student in Botany Core papers : Alphin Saji
35. Maliekkal Kunduparambil Antony Memorial prize instituted by Dr. Beena Anto K., Head, Dept. of Botany to the Best outgoing student from final year B.sc Botany Main : Jayadurga J
36. Prize awarded by Dr. Egy T Paul former head, Dept. of Botany to the top student in Genetics of B.Sc Botany core in the University examinations : Alphin Saji
37. Special prize awarded by Dr. Meena Thomas Irimpan, Former Head to the most deserving and meritorious student in IDC Botany : Aleena Thomas

### Department of Zoology

38. Geetha Devi memorial Cash Prize awarded to the top student in B.Sc. Zoology Core Course at the university examinations: Sneha Babu
39. Scholarship instituted in the name of Mrs. Omana Augustine retired Professor, Dept. of Zoology by the Zoology Dept. to the top student in Zoology Practical : Meenakshy KJ
40. Prize instituted in the name of Sr. Cabrini, Professor and Head of the Department of Zoology to the top student in Zoology Core Course at the university examinations : Sneha Babu
41. Scholarship instituted in the name of Prof. Rosily Abraham, Retired Head of the Department of Zoology to the top student in the Zoology Core Course: Sneha Babu
42. AchuthanPhalgunan Scholarship Prize for the B. Sc. Zoology student at the fifth and sixth semester university examinations: (most deserving student) : Josmy TJ
43. Scholarship instituted by Dr. Molly Johny to the most deserving student in Ist year B. Sc. Zoology Core Course : Jibi TB
44. Scholarship instituted in the name of Ms. Elsy C.D. to the most deserving student in I IDC Zoology Core course : Athira KR

### Department of Biotechnology

45. Special Scholarship instituted by Sr. Sobha in the year of her retirement as senior Supdt. to the most deserving student in B.Sc. Bio Technology : Jasmine Babu
46. Special Scholarship instituted by Sr. Karuna, in the year of her retirement as senior supdt. To the most deserving student in M. Sc Biotechnology: Meghna M.S
47. Scholarship instituted by Dr. Sr. Ranjana, on her retirement as principal to the top student in B. Sc Biotechnology University Examination : Sandhra Laiju

### Department of Economics

48. Sunny Thaliath Memorial Prize awarded to the top student in B.A. Economics Core Course : AATHIRA S MENON
49. Prize awarded by Prof. Rose Williams to the top student in B.A Economics Core Course : AATHIRA S MENON
50. Mr. & Mrs. Vareed Kuttikadan Memorial Prize instituted in honour of Dr. Sr. Vandana, Vice-Principal and Head of the Dept. of Economics to the top student in B.A Core Course Public Finance (most deserving):

BHADRA BALRAJ

51. Special prize in honour of the retirement of Mrs. Gracy Raphael instituted by her former students to the top student in Micro Economics of B.A Economics Core Course at the university Examination :  
AATHIRA S MENON
52. Prize awarded in the name of Sr. Rose Ann by her brother Dr. Jose Paul Chandy to the top student in B.A Economics at the fifth and sixth semester University examinations : ANAMIKA VENU
53. Special prize instituted by Dr. Valsa John C. in honour of Late Dr. M. A. Lissy, Alumnae and guest faculty of Economics Department to the top student in M.A Economics at the university examination :  
ANITTA JOSE
54. Prize instituted in the name of Sr. Sophy John to the top student in the course Macroeconomics of BA Economics Core Course : AATHIRA S MENON
55. Special prize instituted by Dr. Valsa John C. in honour of Late Dr. M. A. Lissy, Alumnae and guest faculty of Economics Department to the top student in M.A Economics at the university examination :  
ANITTA JOSE

### Department of Sociology

56. Prize instituted in the name of Sr. Bianca, Prof. of Sociology to the top student in Sociology : ANN MARY ANIL

### Department of History

57. Special Prize awarded by Janatha Textiles to the top student in B.A. History Core Course at the university examinations : ANANYA K.V
58. Scholarship awarded in the name of Mrs. Annie Jose, Head of the Dept. of History to the student who has secured the top marks in I & II year B.A History Core Course : THENNAL KRISHNA
59. Prize instituted in the name of Sr. Ambrose, Professor of History to a Deserving student in III DC History: ANANYA K.V
60. Scholarship awarded in the name of Sr. Clerissa Head of Dept. of History to the most deserving student in I DC History : GAYATHRI MANOJ
61. Professor Saradamma special prize instituted by her to the top student of B.A History Core Course at the university examinations: ANANYA K.V
62. Cash Award instituted in the Name of Dr. Sr. Lissitta by Ookken Family Unit, Poovathussery to the top student in History– Complementary Paper : Athira V.V & Jishila Shibu
63. Scholarship awarded by Rev. Fr. Jacob Manjooran to the top student in B. A. History Core Course at the university examination : ANANYA K.V
64. Cash prize awarded in the name of Dr. Sr. Resmi, Head of the department of History on her retirement by History students to the top student in History : ANANYA K.V
65. Scholarship instituted in the name of Sr. Celine A.L., Rtd. Prof. Dept. of History to the most deserving student in II DC History : THENNAL KRISHNA
66. Scholarship awarded by our alumnae Professor Devi E.H, Retired Principal, GOVT. KKTM college Pullut in honour of her mother late Mrs. Narayani Hariharan to the most deserving student in doing BA History : ANANYA K.V

## Department of English

67. Prize awarded by Mrs. Meenakshy Thampan to the top student in B. A English Literature Core Course at the university examinations : SIVAPRIYA S
68. Sr. Mary Pastor Endowment instituted by her old students to the most deserving student in English Core Course at the university examinations : AAYISHA NAZRIN C
69. Special prize awarded by the Guardians and Well Wishers Association to the top student in English in II year Degree University Examination : ANUVARNA PA
70. Thadikkaran Kunjuvareed Memorial Prize instituted by him to top student in B.A. English at the second-year university examination : ANUVARNA PA
71. Endowment for the best all rounder student instituted by English Department Alumnae in honour of Dr. Shali Anthappan, Associate Professor and Former Head of the Department of English on her retirement. (PG) : SNEHA P S
72. Prize awarded by Dr. Ann Mary K. Manavalan to the top student in Language and Linguistics paper of III B. A. English Literature : ANUVARNA P A
73. Provincial Superior Rev. Sr. Philo Ivantia Endowment Scholarship instituted for the top student in English for the third and fourth semester English Core Course at the University Examination : ANUVARNA PA
74. Special prize awarded by the former head of Department of English, Dr. Rani Paul Ukken and Sarala Joyce Christopher to the best all rounder among the English Main students : ANU JOSE CHAKKALAKKAL
75. Special prize awarded by Sri. Jose Kanichai to the two top students of M.A. English Literature in the University Examinations : ATHIRA T R & GANGA ANILKUMAR
76. Endowment scholarship instituted by Mrs. Marykutty George to the most deserving student from PG Literature : APARNA S P
77. English Department Silver Jubilee Scholarship (2008) to a deserving student of English Literature : ANJANA I G
78. Scholarship instituted by the Faculty of Dept. of English in memory of their colleague Late Sheena P.C., Asst. Professor, Department of English for the best outgoing student in PG (English main): VAISHNAVI RAMAN

## Department of Commerce

79. Francis Kokkatt Memorial Special prize awarded to the top student in B.Com Core Course at the university examination : GOPIKA K.S.
80. Jacob Mampilly Endowment by Commerce family to the Best Outgoing B. Com student based on her course at the university examinations : AKSHARA BALAKRISHNAN
81. Advocate A.P. George Endowment Scholarship Awarded to a deserving student in Final year B.Com: THANSILA
82. K. I. Thomas Endowment Scholarship instituted by Commerce family to the best out going M. Com student : THANUJA K THARUNBOS
83. Rev. Dr. Rose Bastin Endowment instituted by the Commerce family to the most deserving and proficient outgoing student of M.Com : SANJANA SREENI
84. Dr. Philo Francis Endowment instituted by the Commerce family to the top student in M.Com University examinations : ASWATHY P.A

85. Dr. Jancy Endowment instituted by the Commerce family to the top student in Corporate Accounting of B.Com. [Regular] Core Course at the university examination: AKSHARA BALAKRISHNAN & C.D. ANJANA  
86. Advocate Alphy Joseph Endowment scholarship awarded to the top student in Business Regulations and Corporate Regulations : GOWRI N.R.

87. Laya Memorial Endowment to the outgoing student for her selfless contribution towards the department, jointly instituted by the Research Department of Commerce and B.Com Batch 2019-22 : ANNA SHAJU

### Department of Commerce (Self-Financing)

88. Prize awarded by Sr. Anjali (Senior Supdt.) on her retirement to the top student in III B.Com Finance B :  
NANTHA SATHEESH

89. Prize awarded by Sr. Anjali (Senior Supdt.) on her retirement to the top student in III B.Com Finance A :  
SREELAKSHMI M M

90. Rev. Sr. Franco Memorial Endowment instituted by the Commerce family to the most deserving and proficient outgoing student of B.Com. with Finance (self- Financing) : SAVITHA M

91. Prize awarded by Sr. Anitha on her retirement to the top student in third B.Com C A: FATHIMA SHANAVAS

92. Jacob Mampilly Endowment instituted by the Commerce family to the most deserving and proficient outgoing student of the B.Com with Computer Application: PAVITHRA RAVEENDARAN

93. St. Mariam Thresia Endowment Prize instituted by Department of Commerce and Management Studies (Self financing) for the top students of B.COM self financing in various subjects of 5th and 6 th semester :

### 5<sup>th</sup> sem subjects as per current syllabus :

Accounting for Management : Sreelakshmi M M, Anitta Varghese

Business Research Methods : NADHIYA KM

Income Tax Law and Accounts : ANNA P J, ASWATHI K J

Financial Markets and Services : SREELAKSHMI M M

Fundamentals of Investment (Financial Management) : ANNA P J

Computer Applications in Business : NOWRIN YOUSAFALI

Business Information Systems : SNEHA THOMAS

### 6<sup>th</sup> sem subjects as per current syllabus :

Income Tax Law and Accounts : FATHIMA SHANAVAS

Auditing and Corporate Governance : FARHANA SHAKEER, ANAGHA JYOTHI, FATHIMA SHANAVAS, ANNA P J

Financial Derivatives : NANTHA SATHEESH

Financial Management : SREELAKSHMI M M

Office Automation Tools : FATHIMA SHANAVAS

Computerized Accounting with Tally : FARHANA SHAKEER

### Department of Hindi

94. Prize in honour of Sr. Annie Thottappilly to the top student in Hindi I B. Com. & Bio - tech. combination:  
NIRANJANA V GOPAN

95. Prize awarded by Prof. Mary Joseph, Head of the Dept. of Hindi to the top student in Hindi in second year degree examination: SAYANA P S

96. Sr. Franco Memorial Award to the top student in second year Hindi : SAYANA P S
97. Special Prize instituted by Sr. Alphonse Manjaly in the year of her retirement as Head of Hindi Department to the top Student in Hindi in I<sup>st</sup> year university examinations : NIRANJANA V GOPAN
98. Special prize awarded by Guardian and Well Wishers Associations to the top student in second year university examinations : SAYANA P S

### Department of Social Work

99. Endowment Awarded for Best Psychology Student 2015 By PSYCHOLOGY Association, Department Of Psychology : BLESSY BEJOHN

### Department of Journalism

100. Endowment Awarded for Best Student Journalist 2016 instituted by Communication Club, Department of Journalism and Mass Communication : HENNA ROSE JOHN
101. Cash prize awarded by Sr. Elsy John on her retirement to the top student in II MCJ : HENNA ROSE JOHN

### Department of Business Administration

102. Cash Prize awarded by Sr. Gracy (Librarian) on her retirement to the top student in BBA : ZAKIYA
103. Rev. Sr. Rose Bastin endowment award instituted by the Commerce family to the most deserving and proficient outgoing student of BBA : SREYA MADHU SUBRAMANYAN

### Department of Computer Science

104. Cash prize awarded by Sr. Lissuux on her retirement to the top student in III BCA : SREELAKSHMI V B
105. Cash award in loving memory of Dr. Sr. Isabel, our former principal to the best student from Department of computer Science : MEGHNA MANIYANKARA DINESAN

### Department of Physical Education

106. Cash award instituted in the name of Ms. Mary Joshy former HOD. of Physical Education to the best overall performance : ATHIRA M S (I BSc Zoology)
107. Award instituted in the name of Professor Kunjannam, Former Head of the Department of Physical Education to the best outgoing Sports Star : ANN MARIA JOHNY (II MA Economics)
108. Cash award instituted in loving memory of Sri. Aboobakkar, our former sports hostel volley ball coach to the best player in Volleyball : SHILPA SHAJI (I MA Economics)
109. Cash award instituted in the name of Miss Jessie Paul, former HOD of Physical Education to the outstanding sports person of the year : AJEESHA A (I MA English Literature)
110. Cash award instituted by Rev. Sr. Franco the founder principal in the name of her father late Sri. Joseph Ambooken to the individual champion in the annual athletic meet : AJA FATHIM (III BSc Physics)

### Library

111. Cash award instituted by Rev. Sr. Gracy, Librarian in her retirement for top readers of UG and PG : NIRANJANA PRASANTH (BSc Biotechnology) SHAMNA SHERIN (MSc Mathematics)

### Special Prizes

112. Special prize awarded by MS.K.P. Mary to the outgoing student for her services in the field OF FINE ARTS : OLIVIA LIMSON (III rd BA Economics)

113. Special prize awarded by Ms.Thressiamma.C.T to the best NSS Volunteer of the year: ANAMIKA (BSc Chemistry)
114. Best NCC cadet of the year: AJA FATHIM K (III rd BSc Physics)
115. Endowment instituted by CSA (Sunday Catechism students of St.Joseph's college Unit) to the best outgoing student for her services in the field of NSS: CHRISTINA K (Costume and Fashion Designing)
116. Endowment instituted by Sr. Jaisy Mariya in her retirement as Head Accountant to the best outgoing NCC Cadet : FATIMA M S (Botany)

### GENERAL PROFICIENCY 2023-24 –I DC

1.	I Bsc.Mathematics	Minna Joslin
2.	I B.Voc Mathematics And AI	Krishnanjana S
3.	I Bsc Physics	Athullya V L
4.	I Bsc Chemistry	Aiswarya Ramesh
5.	I Bsc Botany	Aleena Thomas
6.	I Bsc Zoology	Aayisha V B, Nisha Nadhiya
7.	I Bsc Biotechnology	Niranjana Gopan
8.	I BA Eng Literature(Aided)	Ahsana Mariyam Em
9.	I BA Economics	Sneha Maria Jacob
10.	I BA History	Gayathri Manoj
11.	I B.Com Finance (Aided)	Gayathri K.M
12.	I BBA	Anamika Jestin
13.	I B.Com (CA)(Self)	Najah Abdul Jaleel
14.	I BCA	Alna Babu
15.	I Bsc Psychology	Theresa Thomas
16.	I BSW	Neha Mariya M.R
17.	I Bcom Finance (Self)(A)	Dilsu Dileep
18.	I Bcom Finance (Self)(B)	Devika P
19.	I BA Eng Literature(Self)	Fasna Em
20.	I Bvoc(Applied Microbiology And Forensic Sciences)	Angel Tresa John
21.	I Bvoc Software Development	Sreya Shammy
22.	I Integrated Msc Biology	Arundhathy B
23.	I Costume And Fashion Designing	Amrutha EM

### GENERAL PROFICIENCY 2023-24 –II DC

1.	II BSc.Mathematics	Anna Grace Joe
2.	II BSc Physics	Pratheeksha Prakasan
3.	II Bsc Chemistry	Hanna Abdul Jabbar
4.	II BSc Botany	Jayadurga.J
5.	II BSc Zoology	Lavanya Menon
6.	II BSc Biotechnology	Nandana Raghunadhan
7.	II BA Eng literature(Aided)	Anuvarna PA
8.	II BA Economics	Anamika Venu
9.	II BA History	Thennal Krishna P

10.	II B.com Finance (Aided)	Akshara Balakrishnan
11.	II BBA	Akshara M R
12.	II B.Com (CA)(Self)	Pavithra Ravindran
13.	II BCA	Ardra Wilson
14.	II BSc Psychology	Gangothry Sunil
15.	II BSW	Sona N.S
16.	II Bcom Finance (self)(A)	Savitha M
17.	II Bcom Finance (self)(B)	K S Vaishnavi
18.	II BA Eng literature(self)	Akhila K A
19.	II Bvoc(Applied Microbiology and Forensic Sciences)	Shony Sunny
20.	II Bvoc Software Development	Devika Shaju
21.	II Integrated MSc Biology	Josna Maria Joseph
22.	II Costume and Fashion Designing	Riza Nasrin

### GENERAL PROFICIENCY 2023-24 –III DC

1.	III BSc.Mathematics	Anna Reejo Parayil
2.	III B.Voc Mathematics and AI	Sreelakshmi S
3.	III BSc Physics	Ansila N A
4.	III Bsc Chemistry	Ann Mariya Paul
5.	III BSc Botany	Alphin Saji
6.	III BSc Zoology	Aysha P M
7.	III BSc Biotechnology	Jasmine Babu
8.	III BA Eng literature(Aided)	Aayisha Nazrin C
9.	III BA Economics	Bhadra Balraj
10.	III BA History	Ananya K.V
11.	III B.com Finance (Aided)	Gopika K.S
12.	III BBA	Zakiya
13.	III B.Com (CA)(Self)	Fathima Shanavas
14.	III BCA	Sreelakshmi V B
15.	III BSc Psychology	Blessy Bejohn
16.	III BSW	Jayalakshmi.K.J
17.	III Bcom Finance (self)(A)	Sreelakshmi M M
18.	III Bcom Finance (self)(B)	Anna P J
19.	III BA Eng literature(self)	Jewell Mary Geevarghese
20.	III Bvoc(Applied Microbiology and Forensic Sciences)	Mithra K S
21.	III Bvoc Software Development	Megha Santhosh Kumar
22.	III Integrated MSc Biology	Meha Salju
23.	III Costume and Fashion Designing	Aneesha VD
24.	III B.Voc Malayalam &Manuscript Management	Indulekha

### GENERAL PROFICIENCY 2023-24 – I PG

1.	I M.Sc Mathematics	Blessy Paulson
2.	I M.Sc Chemistry	Jomol P J
3.	I M.Sc Physics	Megha P.M

4.	I M.Sc General Biotechnology	Sruthy M.R
5.	I M.A English Literature	Josemi Jose
6.	I M.S.W	Jesmi Mathew
7.	I M.S.J	Anupama K
8.	I M.Com Finance	Thanuja K Tharunboss
9.	I M.Sc Computer Science	Sruthi Sunil
10.	I M.A Economics	Gopika K
11.	I M.A Malayalam	Ayana Nandakumar
12.	I M.Sc Botany	Ninitha J.B
13.	I M.Sc Zoology	Silvy K J
14.	I M.Sc Data Analytics	Nidhiya T T
15.	I M.Sc Psychology	Twinkle Mariya Thomas

### GENERAL PROFICIENCY 2023-24 –II PG

1.	II M.Sc Mathematics	Nanditha Nandakumar
2.	II M.Sc Chemistry	Neema Sherin R M
3.	II M.Sc Physics	Avani K
4.	II M.Sc General Biotechnology	Meghna M.S
5.	II M.A English Literature	Gopika P
6.	II M.S.W	Shiyona Joy
7.	II M.S.J	Henna Rose John
8.	II M.Com Finance	Aswathy P.A
9.	II M.Sc Computer Science	Athira C S
10.	II M.A Economics	Anitta Jose
11.	II M.A Malayalam	Anulakshmi V S
12.	II M.Sc Botany	Shahala.K.T
13.	II M.Sc Zoology	Marymol T Meleth
14.	II M.Sc Data Analytics	Malavika A
15.	II M.Sc Psychology	Aysha Najeeb

**SPECIAL PRICE OUTGONE :** Special prize awarded by the Guardians and Well-Wishers Association to the top students & rank holders in the final year examination.

1.	M.Sc Mathematics	Nanditha Nandakumar
2.	M.Sc Chemistry	Neema Sherin R M
3.	M.Sc Physics	Avani K
4.	M.Sc General Biotechnology	Meghna M.S
5.	M.A English Literature	Athira T R
6.	M.S.W	Shiyona Joy
7.	M.S.J	Henna Rose John
8.	M.Com Finance	Aswathy P.A
9.	M.Sc Computer Science	Athira C S
10.	M.A Economics	Anitta Jose
11.	M.A Malayalam	Anulakshmi V S
12.	M.Sc Botany	Shahala.K.T
13.	M.Sc Zoology	Gayathry Ullas

14.	M.Sc Data Analytics	Malavika A
15.	M.Sc Psychology	Aysha Najeeb
16.	BSc.Mathematics	Anna Reejo Parayil
17.	B.Voc Mathematics and AI	Angel Mariya Sunny
18.	BSc Physics	Aparna Shaji
19.	Bsc Chemistry	Ann Mariya Paul
20.	BSc Botany	Alphin Saji
21.	BSc Zoology	Sneha Babu
22.	BSc Biotechnology	Sandhra Laiju
23.	BA Eng Literature(Aided)	Sivapriya S
24.	BA Economics	Aathira S Menon
25.	BA History	Ananya K.V
26.	B.com Finance (Aided)	Gopika K.S
27.	BBA	Thasni R B
28.	B.Com (CA)(Self)	Nadhiya K M
29.	BCA	Honey P S
30.	BSc Psychology	Blessy Bejohn
31.	BSW	Jayalakshmi.K.J
32.	Bcom Finance (Self)(A)	Sreelakshmi M M
33.	Bcom Finance (Self)(B)	Nantha Satheesh
34.	BA Eng Literature(Self)	Jewell Mary Geevarghese
35.	Bvoc(Applied Microbiology and Forensic Sciences)	Sumayya Shirin P H
36.	Integrated MSc Biology	Ann Mariya
37.	Costume and Fashion designing	Aneesha VD

**SPECIAL PRICE OUTGOING :** Special prize to the outgoing students initiated by the staff and students in the name of Sr.Franco on her retirement to the outgoing students for securing the highest marks in the End Semester Examinations.

1.	M.Sc Mathematics	Hridhya K B
2.	M.Sc Chemistry	Jomol P J
3.	M.Sc Physics	Gayathri
4.	M.Sc General Biotechnology	Sruthy M.R
5.	M.A English Literature	Vaishnavy Raman
6.	M.S.J	Anupama K
7.	M.Com Finance	Thanuja K Tharunboss
8.	M.Sc Computer Science	Sruthi Sunil
9.	M.A Economics	Gopika K
10.	M.A Malayalam	Ayana Nandakumar
11.	M.Sc Botany	Ninitha J.B
12.	M.Sc Zoology	Silvy K J
13.	M.Sc Data Analytics	Nidhiya T T
14.	M.Sc Psychology	Twinkle Mariya Thomas
15.	BSc.Mathematics	Aida
16.	BSc Physics	Pratheeksha Prakasan
17.	BSc Chemistry	Ann Treasa Xavier

18.	BSc Botany	Jayadurga.J
19.	BSc Zoology	Lavanya Menon
20.	BSc Biotechnology	Nandana Raghunadhan
21.	BA Eng Literature(Aided)	Anuvarna PA
22.	BA Economics	Anamika Venu
23.	BA History	Thennal Krishna P
24.	B.Com Finance (Aided)	Akshara Balakrishnan
25.	BBA	Sreya Madhu Subramanyan
26.	B.Com (CA)(Self)	Pavithra Ravindran
27.	BCA	Arora Wilson
28.	BSc Psychology	Gangothry Sunil
29.	BSW	Varsha V.S
30.	Bcom Finance (Self)(A)	Savitha M
31.	Bcom Finance (Self)(B)	K S Vaishanavi
32.	BA Eng Literature(Self)	Akhila K A
33.	BVoc(Applied Microbiology and Forensic Sciences)	Shony Sunny
34.	BVoc Software Development	Devika Shaju
35.	Integrated MSc Biology	Josna Maria Joseph
36.	Costume and Fashion designing	Riza Nasrin

### Department of Physical Education-Proficiency Prize 2023-24

1. AJEESHA A, I<sup>st</sup> MA English participated in World University Powerlifting Championship.
2. ANMARIYA JHONY, II MA Economics, represented Kerala basketball team for the 37<sup>th</sup> National Games and won gold medal , she is also the member of Calicut university basketball team for all India inter university basketball championship
3. ASHLIN SHIJU II BA Economics, represented Kerala basketball team for the 37<sup>th</sup> national games and won gold medal, she is also the member of Calicut University Basketball team for all India inter university basketball championship
4. ATHIRA M S, I BSC ZOOLOGY represented Kerala Pencaksilat team for the 37<sup>th</sup> national games and won silver medal , she also won silver medal in senior national pencaksilat championship and won silver medal in all India Inter university Pencaksilat Championship
5. LAKSHMIRAJ, II BA Economics represented Kerala team and won gold medal in senior national basketball championship and she is also member of Calicut University basketball team for all India inter university basketball championship
6. ANEESHA M, I BSW STUDENT, won gold medal in all India inter university powerlifting championship and she represented Kerala and won silver medal in senior national powerlifting championship and won
7. ANASHWARA P M, III BA History ,won silver medal in Khelo India University Boxing Championship. she also won silver medal in south zone inter university boxing championship and won gold medal in Calicut university Inter zone Boxing Championship
8. AVANTHIKA V B ,II BA History, represented Kerala team and won gold medal in Youth Nationals Soft Baseball Championship

9. ANEENA P, III BA History ,won third place in All India Inter University Sepak Takraw Championship. She was A member of Calicut University football team and won second place in Calicut University football and Tepak Takraw Championship
10. ANASHWARA P M, III BA History won bronze medal in Khelo India Inter University Boxing Championship. she won gold medal in calicut university inter zone boxing championship. She is also a member of Calicut University Boxing team for inter university championship
11. ABHIRAMI R, II MCJ, represented Kerala football team for Senior National Football Championship She won silver medal in Calicut University Inter zone Football Championship and member of Calicut University football team for All India Inter University Championship. She won second place in Calicut University Sepak Takraw Championship.
12. SANTHRA K, III BA History, Has Represented Kerala football team for senior national football championship. she won silver medal in Calicut university inter zone football championship and member of Calicut university football team for all India inter university championship. She won second place in Calicut university sepak Takraw championship.
13. ARATHI V, III BA History , represented Kerala football team for Senior National Football Championship. She won silver medal in Calicut University Inter Zone Football Championship and member of Calicut university football team for all India Inter University Championship
14. SONIYA JOSE, III BA History, represented Kerala football team for Senior National Football Championship she won silver medal in Calicut University football championship. She also won silver medal in Calicut University Inter Zone Sepak Takraw Championship,
15. ADITI PARMAR, I BA ENGLISH, represented Utharakhand Senior team for National Football Championship. She won silver medal in Calicut University Inter Zone Football Championship and member of Calicut university football team for all India Inter University Championship
16. PALLAVI RAWATH, I BA ENGLISH, represented Utharakhand Senior team for National Football Championship. She won silver medal in Calicut University Inter Zone Football Championship and member of Calicut University football team for All India Inter University Championship
17. SOORYAKRISHNA E ,I MCJ, elected as the captain of Kerala Senior soft tennis team and represented Kerala team for Senior National Soft tennis championship. She won bronze medal in Calicut University Inter zone Lawn Tennis Championship and also won bronze medal in Calicut University Inter zone Soft Tennis Championship
18. LAKSHMIPRIYA K K, I MSC Psychology, represented Kerala team for Senior National Kabaddi Championship. She won silver medal in Calicut University Inter zone Kabaddi Championship and member of Calicut University Kabaddi team for All India Inter University Championship.
19. AKLA P A, II BA English, represented Kerala team for Junior National Basketball Championship. She won gold medal in Calicut University Interzone Basketball Championship and member of Calicut university basketball team for all India inter university championship
20. AYLIN M J, II BSC Psychology, represented Kerala Team for Junior National Handball Championship. She represented Calicut University Handball Team for All India Inter University Championship, she won bronze medal in Calicut University Interzone Handball Championship
21. MIDHUNA K P, represented Kerala Senior Handball team for Senior National Handball Championship. She won third place in Calicut University Handball Championship
22. ARDRA ASHOKAN, I BBA ,Represented Kerala team for Junior National Handball Championship. She won bronze medal in Calicut University Inter zone Handball Championship.

23. SREYA SURENDRAN P, I BBA ,represented Kerala team for Junior National Handball Championship. She won bronze medal in Calicut University Inter zone Handball Championship.
24. BINSIYA K K, I B.Com, represented Kerala team for Junior National Handball Championship. She won bronze medal in Calicut University Inter zone Handball Championship.
25. ANNA BENNY, I BSC PSYCHOLOGY, represented Kerala team for Junior National Handball Championship. she won bronze medal in Calicut University Inter zone Handball Championship.
26. THEJA PRIYA BABU, I B.Com, Represented Kerala team for Junior National Handball Championship. She won bronze medal in Calicut university Inter zone Handball Championship.
27. LINET LAWRENCE, I BSC PSYCHOLOGY, represented Kerala team for Junior National Handball Championship . She won bronze medal in Calicut University Inter zone Handball Championship.
28. SHILPA SHAJI, I MA Economics, represented Calicut University Volleyball team for all India Inter University Championship. She won first place in Calicut University Inter zone Volleyball Championship
29. ROSE MARY TITUS, I MA Economics ,represented Calicut University Volleyball team for All India Inter University Championship. She won first place in Calicut University Inter zone Volleyball Championship
30. AISHWARYA V S, II MCJ, represented Calicut University Volleyball team for All India Inter University Championship. She won first place in Calicut University Inter zone Volleyball Championship
31. ALEENA BIJU ,I M.Com , represented Calicut University Volleyball team for All India Inter University Championship. She won first place in Calicut University Inter zone Volleyball Championship
32. NAVAMI V S, I MVJ, represented Calicut University Volleyball team for All India Inter University Championship. She won first place in Calicut University Inter zone Volleyball Championship
33. REBITTY JOSEPH, III B A History, represented Calicut University Volleyball Team for All India Inter University Championship. She won first place in Calicut University Inter Zone Volleyball Championship
34. ANUSHREE H V, III BSW, represented Calicut University Volleyball Team for All India Inter University Championship. She won first place in Calicut University Inter Zone Volleyball Championship
35. SONA SIMON, II BSC PSYCHOLOGY, represented Calicut University Volleyball Team For All India Inter University Championship. She won first place in Calicut University Inter Zone Volleyball Championship
36. AATHIRA RADHAKRISHNAN, II BSC PSYCHOLOGY, represented Calicut University Volleyball Team for All India Inter University Championship. She won first place in Calicut University Inter Zone Volleyball Championship
37. ABHIKA JAYARAJ, II MA Economics, represented Calicut University Basketball Team for All India Inter University Championship. She won first place in Calicut University Inter Zone Basketball Championship
38. SAMIYA T S, III BSC Chemistry, represented Calicut University Basketball Team for All India Inter University Championship. She won first place in Calicut
39. ALEENA ANTONY, III BA ECONOMICS, represented Calicut University Basketball Team for All India Inter University Championship. She won first place in Calicut University Inter Zone Basketball Championship
40. SARIGA D, III BA HISTORY, represented Calicut University Kabaddi Team For All India Inter University Championship. She won Second place in Calicut University Inter Zone Kabaddi Championship
41. JENNIFER DORDOE, II BA HISTORY, represented Calicut University Football Team for All India Inter University Championship. She won second place in Calicut University Inter Zone Football Championship. She also won third place in Calicut University Sepak Takraw Championship
42. PARVATHI P, III BA HISTORY, represented Calicut University Boxing Team for All India Inter University Championship. She won Gold Medal in Calicut University Inter Zone Boxing Championship and also won gold medal in Calicut ,

43. ANETT V RAJAN, I BSW, represented Calicut University Boxing Team for All India Inter University Championship. She won Gold Medal in Calicut University Inter Zone Boxing Championship
44. ASWATHI P, I BA HISTORY, represented Calicut University Boxing Team for All India Inter University Championship. She won Gold Medal in Calicut University Inter Zone Boxing Championship. She won Third place in Calicut University Rugby Championship
45. KARTHIKA E R, I MSW, represented Calicut University Rugby Team for All India Inter University Championship. She won Third Place in Calicut University Inter Zone Rugby Championship and also won second place in Calicut University Inter Zone Kabaddi Championship .
46. MANNYA C, II BA HISTORY, represented Calicut University Rugby Team for All India Inter University Championship. She won Third Place in Calicut University Inter Zone Rugby Championship, she also won second place in Calicut University Inter Zone Football Championship
47. ATHULIYA BHAI V M, I MCJ, represented Calicut University Rugby Team for All India Inter University Championship. She won Third Place in Calicut University Inter Zone Rugby Championship also won second place in Calicut University Inter Zone Football Championship
48. ANAGHA WILSON, III BCOM, represented Calicut University Handball Team For All India Inter University Championship. She won Third Place in Calicut University Inter Zone Handball Championship
49. SEEYA METILDA BAIJU, I MA ENGLISH, represented Calicut University Powerlifting Team for All India Inter University Championship. She also won gold medal In Calicut University Power Lifting Championship
50. ANJALI S, I MA ENGLISH, represented Calicut University Powerlifting Team for All India Inter University Championship. She also won gold medal in Calicut University Power Lifting Championship
51. AISHWARYA M S, II BA ECONOMICS, won gold medal in Calicut University Kick Boxing Championship. She also won bronze medal in Calicut University Taekwondo Championship
52. JYOTHILAKSHMI A S, I MSC CHEMISTRY, won silver medal in Calicut University Karate Championship
53. HARSHITHA A S, III B C.om, won first place in the Calicut University Volleyball Championship. She also won Bronze medal in Calicut University Inter Zone Wrestling Championship
54. ASHLY, III B Com, won first place in the Calicut University Volleyball Championship. She also won Bronze medal in Calicut University Inter Zone Boxing Championship
55. RENY JOSEPH, won first place in the Calicut University Volleyball Championship.
56. SHILPA P J, III BBA, won the first place in the Calicut University Basketball Championship.
57. ANANNYA RAJEESH, III BA HISTORY, won first place in the Calicut University Basketball Championship. She also won second place in Calicut University Sepak Takraw Championship
58. NELSA JOY, II BA ENGLISH, won the first place in the Calicut University Basketball Championship.
59. AISWARYA PRASAD, I B.Com, won first place in the Calicut University Basketball Championship.
60. SREEKUTTY K D, III BA ECONOMICS, won second place in the Calicut University Kabaddi Championship.
61. JENIFFER A, III BSW, won second place in the Calicut University Kabaddi Championship.
62. KRISHNENTHU SURENDRAN, won second place in the Calicut University Kabaddi Championship.
63. NIMMYA SREENIVASAN, III B.Com, won second place in the Calicut University Kabaddi Championship.
64. JENCY A, II BSW, won second place in the Calicut University Kabaddi Championship.
65. MONICA FELIX, III BSW, won second place in the Calicut University Kabaddi Championship.
66. JEENA S, III BSC BOTANY, won second place in the Calicut University Kabaddi Championship.
67. JASMINE J, II BSW, won second place in the Calicut University Kabaddi Championship.

68. ANMARIYA SEBASTIAN, I BSC MATHS, won second place in the Calicut University Kabaddi Championship.
69. PRARTHANA SHAIJU, I BA HISTORY, won silver medal in Calicut University. She won silver medal in Senior State Wrestling Championship and also won Silver medal in Calicut University Boxing Championship.
70. ANJITHA ANTONY, I BA HISTORY, won silver medal in Calicut University Inter Zone Wrestling Championship. She won bronze medal in Calicut University Boxing Championship
71. JISHILA SHIBU, III BA HISTORY, won second place in Calicut University Inter zone Football Championship. She also won second place in Calicut University Sepak Takraw Championship
72. ALEENA MATHEW, II MSW, won second place in Calicut University Interzone Football Championship. She also won second place in Calicut University Sepak Takraw Championship
73. PRISTY C A, III BA HISTORY, won second place in Calicut university Interzone Football Championship. She also won second place in Calicut University Sepak Takraw Championship
74. KRISHNENTHU O P, III BSC BOTANY, won second place in Calicut University Interzone Football Championship. She also won third place in Calicut University Inter Zone Rugby Championship, She also won second place in Calicut University Sepak Takraw Championship
75. ANANDHASHAYANA M B, III BA HISTORY, won second place in Calicut University Interzone Football Championship
76. DEVANJA K S, III BCOM, won second place in Calicut University Interzone Football Championship.
77. ASHMI ROBERT, II BSC ZOOLOGY, won second place In Calicut University Interzone Football Championship. She also won third place in Calicut University Inter Zone Rugby Championship, She also won second place in Calicut University Sepak Takraw Championship
78. ANGEL KURIAN, I BSW, won second place in Calicut University Interzone Football Championship
79. MANASA RATHISH, I BSC PSYCHOLOGY, won second place in Calicut University Interzone Football Championship
80. ANJANA M J, II BCOM, won second place in Calicut University Interzone Football Championship
81. ANUSHREE, I BA HISTORY, won second place in Calicut University Sepak Takraw Championship
82. HELNA JOSE, III BCOM, won Third place in Calicut University Handball Championship
83. PRAJITHA C, III BA HISTORY, won Third place in Calicut University Handball Championship
84. ARYENTHU K P, II BCOM, won Third place in Calicut University Handball Championship
85. ANANYA V R, II BSC Psychology, won Third place in Calicut University Handball Championship
86. SAI DHARSHANA, I BSC MATHS, won Third place in Calicut University Handball Championship
87. ABHINA SHEKAR, I BCA, won Third place in Calicut University Handball Championship
88. VISMAYA V V, I BBA won Third place in Calicut University Handball Championship
89. SANDHYAMOL S, III BA HISTORY, won Third place in Calicut University Rugby Championship
90. ARDRALAKSHMI, won Third place in Calicut University Rugby Championship
91. RAVEENA M R, won Third place in Calicut University Rugby Championship
92. GIFTY JERRY, I BA ECONOMICS, won Third place in Calicut University Rugby Championship
93. NEHA SURENDRAN, I BA ECONOMICS, won Third place in Calicut University Rugby Championship

# FINE ARTS PRIZES 2023-2024

## ESSAY WRITING (ENGLISH)

- 1<sup>st</sup> - Gayathri V (BCom Aided)  
2<sup>nd</sup>- Keziah Varghese (Biotechnology)  
3<sup>rd</sup>- Thanuja K Tharunkos (BCom aided)

## ESSAY WRITING (MALAYALAM)

- 1<sup>st</sup> - Sneha Maria Jacob (Economics)  
2<sup>nd</sup>- Anitta Stephan (BCom Aided)  
3<sup>rd</sup>- Niranjana V Gopan (Biotechnology)

## ESSAY WRITING (HINDI)

- 1<sup>st</sup> - AN Sana Fathima (Biotechnology)  
2<sup>nd</sup>- Neha Sadiq (English Aided)  
3<sup>rd</sup>- Aparna PP (Chemistry)

## SHORT STORY WRITING (ENGLISH)

- 1<sup>st</sup> - Durga Sidharth (BCom aided)  
2<sup>nd</sup>- Durgalakshmi KS (Physics)  
3<sup>rd</sup>- Lakshmipriya KS (Biotechnology)  
and Avya Madhu (BCom aided)

## SHORT STORY WRITING (MALAYALAM)

- 1<sup>st</sup> - Arya Gopakumar (Psychology)  
2<sup>nd</sup>- Sreepriya VS (Biotechnology)  
3<sup>rd</sup>- Jayakrishna KJ (Physics)

## SHORT STORY WRITING (HINDI)

- i. AN Sana Fathima (Biotechnology)  
ii. Aparna PP (Chemistry)  
iii. Akshara Balakrishna (BCom aided)

## VERSIFICATION (ENGLISH)

- 1<sup>st</sup> - Aasya Raheem (Physics)  
2<sup>nd</sup>- VS Nandana (English Aided)  
3<sup>rd</sup>- Nandana Raghunadhan (Biotechnology)

## VERSIFICATION (MALAYALAM)

- 1<sup>st</sup> - Archana SP (History)  
2<sup>nd</sup>- Jayakrishna (Physics)  
3<sup>rd</sup>- Anjana P (Physics)

## VERSIFICATION (HINDI)

- 1<sup>st</sup> - Angel VP (Physics)  
2<sup>nd</sup>- Aneja VA (Mathematics)  
3<sup>rd</sup>- Aswathy TP (BCom aided)

## SPEECH (ENGLISH)

- 1<sup>st</sup> - Olivia Limson (Economics)  
2<sup>nd</sup>- Anjali Dilraj (Chemistry) and Diya Siji  
(Biotechnology)  
3<sup>rd</sup> - Angeline Sunny (BCom Aided)

## SPEECH (MALAYALAM)

- 1<sup>st</sup> - Diya Siji (Biotechnology)  
2<sup>nd</sup>- Anusha Paul (Biotechnology)  
3<sup>rd</sup> - Sr. Elizabeth (Mathematics)

## DEBATE

- 1<sup>st</sup> - Rithika T Vinayan and Dona KJ  
(BCom aided)  
2<sup>nd</sup>- Olivia Limson and Cymantha Jinto  
(Economics)  
3<sup>rd</sup> - Christina Thangachan and Nandana  
Raghunadan (Biotechnology)

## WATER COLOUR PAINTING

- 1<sup>st</sup> - Anugraha NJ (Mathematics)  
2<sup>nd</sup>- Aswathi CD (Mathematics)  
3<sup>rd</sup> - Sneha Jose (BCom SF)

## CARTOON DRAWING

- 1<sup>st</sup> - Serena Rose (BCom Aided)  
2<sup>nd</sup>- Fathima MS (BCom Aided)  
3<sup>rd</sup> - Farsana KN (Economics) and Anjana PR  
(English Aided)

## PENCIL DRAWING

- 1<sup>st</sup> - Fathima Nasmi PN (Mathematics)  
2<sup>nd</sup>- Fathima MS (BCom Aided)  
3<sup>rd</sup> - Sneha Jose (BCom SF)

# FINE ARTS PRIZES 2023-2024

## CLAY MODELLING

- 1<sup>st</sup> - Sivapriya MS (Physics)  
2<sup>nd</sup>- Gayathri VP (Physics)  
3<sup>rd</sup> - Aparna Joy (English Aided)

## COLLAGE MAKING

- 1<sup>st</sup> - Isha (BCom SF)  
2<sup>nd</sup>- Anly Rose Antu (Biotechnology)  
3<sup>rd</sup> - Dhanusha R Nair (Physics)

## EMBROIDERY

- 1<sup>st</sup> - Devika KP (BCom aided)  
2<sup>nd</sup>- Eva Biju (Chemistry)  
3<sup>rd</sup> - Agna Baby (Chemistry)

## POSTER MAKING

- 1<sup>st</sup> - Meenakshi Manoj (Physics)  
2<sup>nd</sup>- Anusree PA (Physics)  
3<sup>rd</sup> - Anjitha PV (Mathematics)

## RANGOLI

- 1<sup>st</sup> - Devaprabha KP (BCom aided)  
2<sup>nd</sup>- Sivapriya MS (Physics)  
3<sup>rd</sup> - Gayathri VP (Physics)

## PHOTOGRAPHY

- i. Theertha VP (Biotechnology)  
ii. Nelsa Joy (English Aided)  
iii. Uthara PS (Economics)

## LIGHT MUSIC

- 1<sup>st</sup> - Parvathy Krishna (BCom SF)  
2<sup>nd</sup>- Nandana TM (Economics)  
3<sup>rd</sup> - Harshima TH (Biotechnology)

## MAPPILAPATTU

- 1<sup>st</sup> - Nazeen Fathima P (Mathematics)  
2<sup>nd</sup>- Hadeejathul Rukzana (Biotechnology)  
3<sup>rd</sup> - Ima KR (Mathematics) and Reda  
(Psychology)

## WESTERN SOLO

- 1<sup>st</sup> - Arya Gopakumar (Psychology)  
2<sup>nd</sup>- Cymantha Jinto (Economics)  
3<sup>rd</sup> - Chemmnie Rubeena Jacob (Chemistry)

## SEMI-CLASSICAL MUSIC

- 1<sup>st</sup> - Shree Parvathy Krishna (BCom Self)  
2<sup>nd</sup>- Gopika P Jyothiraj (Economics)  
3<sup>rd</sup> - Arya MD (Psychology)

## RECITATION (ENGLISH)

- 1<sup>st</sup> - Megha Felix (Physics)  
2<sup>nd</sup>- Sivapriya MS (Physics)  
3<sup>rd</sup> - Diya Siji (Biotechnology)

## RECITATION (MALAYALAM)

- 1<sup>st</sup> - Niranjana OM (Chemistry)  
2<sup>nd</sup>- Arya MD (Psychology)  
3<sup>rd</sup> - Gourikrishna NR (BCom Aided)

## BHARATANATYAM

- 1<sup>st</sup> - Devika C Dileep (BCom Aided)  
2<sup>nd</sup>- Varsha S Nair (Psychology)  
3<sup>rd</sup> - Devika N Namboothiri (BSW) and  
Sreelakshmi CG (Mathematics)

## MOHINIYATTAM

- 1<sup>st</sup> - Sahela Azees (English SF)  
2<sup>nd</sup>- Abhinandana Sunil (BBA)  
3<sup>rd</sup> - Gopika CP (Zoology)

## KUCHIPUDI

- 1<sup>st</sup> - Varsha S Nair (Psychology)  
2<sup>nd</sup>- Devika C Dileep (BCom Aided)  
3<sup>rd</sup> - Nandhini P (Chemistry)

## FOLK DANCE

- 1<sup>st</sup> - Devika C Dileep (BCom aided)  
2<sup>nd</sup>- Varsha S Nair (Psychology)  
3<sup>rd</sup> - Devapriya (Chemistry)

# FINE ARTS PRIZES 2023-2024

## KERALANADANAM

- 1<sup>st</sup> - Devika C Dileep (BCom aided)  
2<sup>nd</sup>- Durgapriya (BCom SF)  
3<sup>rd</sup> - Abhinandana Sunil (BBA)

## MONOACT

- 1<sup>st</sup> - Esther N Roy (BCom SF)  
2<sup>nd</sup>- Agria (English Aided)  
3<sup>rd</sup> - Mariya (English Aided)

## GROUP EVENTS

### DEBATE

- 1<sup>st</sup> -Rithika T Vinayan and Dona KJ (BCom aided)  
2<sup>nd</sup>- Olivia Limson and Cymantha Jinto (Economics)  
3<sup>rd</sup> - Christina Thangachan and Nandana Raghunadan (Biotechnology)

### QUIZ

- 1<sup>st</sup> - Ananya R, AM Adithya, Sneha Mariya Jacob (Economics)  
2<sup>nd</sup>- Abhirami N, Ananya Santhosh, Pournami KS (Botany)  
3<sup>rd</sup> - Vinta MV, Asna, Sree Priya VS (Biotechnology)

### PATRIOTIC SONG

- 1<sup>st</sup> - Commerce (Self)  
2<sup>nd</sup>- Mathematics  
3<sup>rd</sup> - Biotechnology

### SKIT (MALAYALAM)

- 1<sup>st</sup> - Physics  
2<sup>nd</sup>- Mathematics  
3<sup>rd</sup> - Commerce (aided)

### MIME

- 1<sup>st</sup> - Commerce (Self)  
2<sup>nd</sup>- Biotechnology  
3<sup>rd</sup> - Commerce (Aided)

### MARGAMKALI

- 1<sup>st</sup> - Physics  
2<sup>nd</sup>- Commerce (Aided)  
3<sup>rd</sup> -Commerce (Self)

## OPPANA

- 1<sup>st</sup> - Biotechnology  
2<sup>nd</sup>- Commerce (Self)  
3<sup>rd</sup> - Physics

## THIRUVATHIRA

- 1<sup>st</sup> - Chemistry  
2<sup>nd</sup>- Commerce (Aided)  
3<sup>rd</sup> - Commerce (Self)

## FOLK DANCE (GROUP)

- 1<sup>st</sup> - Biotechnology  
2<sup>nd</sup>- Commerce (Aided)  
3<sup>rd</sup> - Physics

## MAPPILAPATTU (GROUP)

- 1<sup>st</sup> - Biotechnology  
2<sup>nd</sup>- Mathematics  
3<sup>rd</sup> - Chemistry

## GROUP SONG (INDIAN)

- 1<sup>st</sup> - Chemistry  
2<sup>nd</sup>- Mathematics  
3<sup>rd</sup> - Commerce (Self)

## GROUP SONG (WESTERN)

- 1<sup>st</sup> -Physics  
2<sup>nd</sup>- Biotechnology  
3<sup>rd</sup> - Mathematics

## UNION REPORT 2023-2024

College Union Yuktha 2023-2024 orchestrated a series of engaging events, showcasing academic orientations, cultural celebrations, and community engagements, all aimed at enriching the college experience.

The Civil Service Orientation, organised by the History Department in association with Union Yuktha on October 10, 2023, aimed to provide valuable insights into civil service careers.

The Department of Integrated Biology, in association with Union Yuktha, organised "Beyond the Pink Ribbon" on October 25, 2023, focusing on breast cancer awareness. Dr. Mithun Chacko John (MDDM, a consultant medical oncologist) was the resource person, and all the participants wore pink to show support.

On November 1st, 2023, the Department of Malayalam, in association with Union Yuktha, organised "Malayalee Nimisham," an intercollegiate and inter-school event, including Higher Secondary Schools (HSS), which aimed to help students understand the importance of the Malayalam language by conducting a competition that required participants to speak only in Malayalam.

On November 6th, 2023, a press meet was held at Thrissur Press Club, attended by Chairperson Aswathy and General Secretary Sabi Baiju. Additionally, the Chairperson attended a General Chairpersons' Meet at Mathrubhumi, further enhancing the union's outreach and engagement.

On November 6, 2023, an Indo-German cultural exchange was organised, welcoming esteemed guests including Mr. Helmut Eschenberg, Mr. Peter Kaulard, Mr. Bernd Massen, Mr. George Kaulen, Mr. Frank Schade, Mrs. Massen, and Mrs. Kaulen. Following the official function, an interactive session was held between the students and the guests, fostering cultural exchange.

On November 8th, 2023, the Kerala Yuvajena Commission meeting was held at the Collector's Office, attended by Vice Chairperson Esther N Roy and UUC Ahla V A. The meeting focused on discussing the purpose of the Yuvajena Commission and welcoming suggestions to enhance its practices and effectiveness.

On November 12th, 2023, Diwali celebrations were held in the college hostel, organised by Union Yuktha in collaboration with hostel members and warden, Dr. Sr. Josephine David.

On November 17<sup>th</sup> and 18<sup>th</sup>, 2023, Union Yuktha organised a vibrant Jubilee Carnival - Food Fest, offering a wide array of delicious vegetarian and nonvegetarian food options. The event, held on the college premises, featured stalls showcasing culinary delights, attracting a large crowd of students and faculty members.

On December 6th, 2023, Union Yuktha members participated in volunteer work for the Nava Kerala Sadas event organised by the Government of Kerala. This initiative demonstrated the union's commitment to community engagement and support for governmental efforts.

On December 8th, 2023, Union Yuktha kicked off its Fine Arts events with competitions in Malayalam speech, embroidery, English, and Hindi versification.

On December 12th, 2023, Union Yuktha celebrated Union Day along with the Fine Arts inauguration. The event was graced by DYSP Mr. T.K Shaiju as the chief guest, featuring cultural events by union members. SJC Bazar was inaugurated in the afternoon session of December 12th, 2023, by Lioness Rency John Nithin, the President of Lion Lady Circle. The bazaar aimed to support small entrepreneurs within the college community.

On December 13th, 2023, Union Yuktha organised Ethnic Day "Anokha" for the first time in the college. The event, which featured an ethnic dance competition, a food fest competition, and a spot dance choreography competition, was inaugurated by Sarath Krishna and Geethamma, renowned travel Vloggers. Additionally, several fine arts events were also conducted.

The Fine Arts events held from 14th to 19th December 2023, under the title "Kalagni," were a resounding success, with enthusiastic participation and excellent performances from students showcasing their artistic talents.

On December 22nd, 2023, Union Yuktha organised a Christmas cake sale named "Joyful Bites" to celebrate the holiday season.

Sports Day, named "Urjja 2k24," was celebrated on January 18<sup>th</sup>, 2024, under the guidance of Sports Captain Samiya T S, with preliminary events held on January 15<sup>th</sup> and 16<sup>th</sup>.

On January 22<sup>nd</sup>, 2024, a Health Walk was organised by the college management in association with Union Yuktha, aiming to promote better health among students.

On January 31<sup>st</sup> and February 1<sup>st</sup> Chairperson Aswathy, General Secretary Sabi Biju, and Fine Arts Secretary Olivia Limson attended National Youth Seminar in Trivandrum.

On February 16<sup>th</sup>, Chairperson Aswathy and Vice Chairperson Esther Roy attended the delegate pass distribution of the 5th International Film Festival in Irinjalakuda, conducted At the Rotary Club Irinjalakuda.

On February 21<sup>st</sup>, the "Shilpa Shala" event, organised by the Calicut University Union, was held at Sri C. Achutha Menon Government College, Thrissur. The event was attended by Gayathri Manoj and Ahla V. A. (UUCs) along with Joint Secretary Twinkle Mariya.

On February 22<sup>nd</sup>, union coordinated the Student of the Year programme - A recognition ceremony honouring outstanding students for their achievements and contributions.

On February 26<sup>th</sup>, 2023, Union Yuktha organised a Youth Parliament session with T. N. Prathapan, Member of Parliament, and P. V. Sreenijin, Member of the Legislative Assembly, as chief guests, which was a platform for students to discuss and debate important topics.

# UNION ACTIVITIES



**ഇരിങ്ങാലക്കുട അന്താരാഷ്ട്ര ചലച്ചിത്രോത്സവം:**  
**പോസ്റ്റർ പ്രകാശനവും ഡെലിഗേറ്റ് പാസ് വിതരണോദ്ഘാടനവും**

ഇരിങ്ങാലക്കുട : ഫെബ്രുവരി മാസം ആസന്നമാകുന്നതിനോടനുബന്ധിച്ച് ഇരിങ്ങാലക്കുടയിൽ ഫിലിം ഫോറത്തിൽ പ്രവേശനം ചെയ്ത ഇരിങ്ങാലക്കുടയിൽ നിന്നുള്ളവർ പങ്കെടുത്തു. ഇരിങ്ങാലക്കുടയിൽ ഫിലിം ഫോറത്തിൽ പങ്കെടുത്ത 14 വയസ്സിലധികമുള്ളവർക്ക് അതിർത്തിയിൽ സൗജന്യമായി വിതരണം ചെയ്ത പോസ്റ്റർ പ്രകാശനവും പാസ് വിതരണോദ്ഘാടനവും സംഘടിപ്പിച്ചു. ഇരിങ്ങാലക്കുടയിൽ ഫിലിം ഫോറത്തിൽ പങ്കെടുത്തവർക്ക് അതിർത്തിയിൽ സൗജന്യമായി വിതരണം ചെയ്ത പോസ്റ്റർ പ്രകാശനവും പാസ് വിതരണോദ്ഘാടനവും സംഘടിപ്പിച്ചു.

ഇരിങ്ങാലക്കുട അന്താരാഷ്ട്ര ചലച്ചിത്രോത്സവത്തിന്റെ ഉദ്ദേശ്യ പ്രകാരം സൗജന്യമായി വിതരണം ചെയ്ത പോസ്റ്റർ പ്രകാശനവും പാസ് വിതരണോദ്ഘാടനവും സംഘടിപ്പിച്ചു. ഇരിങ്ങാലക്കുടയിൽ ഫിലിം ഫോറത്തിൽ പങ്കെടുത്തവർക്ക് അതിർത്തിയിൽ സൗജന്യമായി വിതരണം ചെയ്ത പോസ്റ്റർ പ്രകാശനവും പാസ് വിതരണോദ്ഘാടനവും സംഘടിപ്പിച്ചു.





# Magazine Team

GOPIKA C S, SAHITHYA K S, SIKHASHIRAG R, AMANI ANWAR,  
ANGELINE SUNNY, NAJIYA T N, GAYATHRI MANOJ

An indomitable resolve to speak up against unjust acts sparked the creation of *Ablaze*. It would have remained a dream if it weren't for a dedicated group of individuals who believed in me wholeheartedly and worked tirelessly to bring this vision to life.

I thank divine providence for all graces.

A big thank you to our principal, Dr. Sr. Blessy, Vice Principals, Dr. Sr. Eliaza, Dr. Sr. Flowerette, and Self - Financing Coordinator, Dr. Sr. Rose Bastin, for their support and guidance.

I am deeply indebted to our staff editor, Ms. Sameena Thomas, for her strong mentorship and motivation in every step of this journey, which makes *Ablaze* shine.

I thank Ms. Maneesha, Ms. Nina, Ms. Priya, Dr. Ursula and Mrs. Priya for helping me throughout the process.

A bouquet of gratitude to our magazine coordinator, Gayathri Manoj, and talented illustrators, Amani, Najiya, Gopika, Shikashirag, and Sahithya—for their phenomenal work.

And to every contributor and reader, your involvement has made this edition see the light of the day. As we turn this final page, may the stories within *Ablaze* continue to fuel discussions and induce change, reminding us that together we can keep the flame of awareness burning brightly.

-Student Editor

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