

**ST. JOSEPH'S COLLEGE (AUTONOMOUS)
IRINJALAKUDA, THRISSUR (DT)
KERALA-68012**

DEPARTMENT OF BOTANY



SYLLABUS

FOR

Certificate Course in Cosmetology & Beauty Parlour Management(CBPM)



NATIONAL SKILL DEVELOPMENT CORPORATION PROGRAM

CERTIFICATE COURSE IN COSMETOLOGY & BEAUTY PARLOUR MANAGEMENT(CBPM)

The course package covers the following Qualification Pack and provides the following NSDC certifications. The students who successfully complete the course program is entitled to get NSDC certification after undergoing the assessment process of NSDC as per the rules and regulations stipulated by NSDC from time to time.

SL. NO	ASSOCIATED NSDC QUALIFICATION PACK	QUALIFICATION PACK CODE
1	<u>ASSISTANT BEAUTY THERAPIST</u> Brief Job Description: A beauty therapist provides a range of cosmetic treatments and services to clients, such as skincare, makeup and hair removal	BWS/Qo1o1,

Course outcomes



The specific course outcomes for a beauty therapist may vary depending on the educational program or institution. However, here are some common course outcomes that a beauty therapist training program typically aims to achieve:

- ✓ **Skincare Knowledge:** Graduates should have a comprehensive understanding of various skin types, conditions, and how to assess and treat them effectively.
- ✓ **Makeup Application Skills:** Mastery of makeup techniques, including contouring, highlighting, and creating various looks for different occasions.
- ✓ **Hair Removal Expertise:** Proficiency in hair removal methods such as waxing, threading, and sugaring.
- ✓ **Nail Care Competence:** Ability to provide manicures and pedicures, including nail shaping, painting, and nail art.
- ✓ **Massage Techniques:** Knowledge of various massage techniques for relaxation and therapy, including anatomy and physiology basics.
- ✓ **Body Treatment Skills:** Proficiency in performing body treatments like body wraps, exfoliation, and cellulite reduction treatments.
- ✓ **Eyelash and Eyebrow Services:** Expertise in eyelash and eyebrow tinting, perming, extensions, and shaping.
- ✓ **Client Consultation and Communication:** The ability to effectively communicate with clients, assess their needs, and recommend suitable treatments and products.
- ✓ **Sanitation and Safety:** Understanding and practicing proper sanitation and safety procedures to maintain a clean and safe working environment.
- ✓ **Product Knowledge:** Familiarity with skincare and beauty products, their ingredients, and how to recommend and use them.
- ✓ **Business and Professionalism:** Knowledge of business practices, including customer service, ethics, and marketing for those who want to operate their own beauty businesses.
- ✓ **Continuing Education:** Awareness of the importance of staying updated on industry trends and advancements and a commitment to ongoing professional development.

COURSE OPPORTUNITIES

Certainly, here are some opportunities for beauty therapists:

- ✓ **Salon or Spa Employment:** Many beauty therapists work in salons or spas, offering a wide range of beauty treatments to clients.
- ✓ **Freelance or Mobile Services:** Some beauty therapists choose to offer their services independently, either by renting a space in a salon or providing mobile beauty services to clients at their homes.
- ✓ **Wellness Centers:** Beauty therapists may find employment in wellness centers that offer holistic beauty and wellness treatments.
- ✓ **Cruise Ships and Resorts:** Opportunities exist for beauty therapists to work on cruise ships or at luxury resorts, providing services to travelers and tourists.
- ✓ **Specialized Clinics:** Some beauty therapists specialize in medical esthetics and work in dermatology or plastic surgery clinics, assisting with pre- and post-operative skincare.
- ✓ **Product Sales:** With knowledge of beauty products, some therapists work in product sales and marketing roles for cosmetic companies.
- ✓ **Educational Roles:** Experienced beauty therapists may become educators, teaching aspiring beauty therapists in training programs or workshops.
- ✓ **Entrepreneurship:** Ambitious beauty therapists can start their own salons, spas, or mobile beauty businesses.
- ✓ **Event and Bridal Services:** Offering makeup and beauty services for weddings, special events, and photoshoots can be a lucrative niche.
- ✓ **International Opportunities:** Beauty therapists with the right qualifications and experience may explore opportunities to work in other countries.

COURSE DETAILS 

Course Name: CERTIFICATE COURSE IN COSMETOLOGY&BEAUTY PARLOUR MANAGEMENT(CBPM)	Course Code: SJCPBMC01
Duration: 60 Hrs.	Eligibility: SSLC

MODULES INCLUDED IN THIS COURSE 

SL.NO	MODULE NAME
1	Module 1: Introduction
2	Module 2: Prepare and Maintain work area
3	Module 3: Provide basic skincare services
4	Module 4: Basic depilation services (Basic waxing services and threading services)
5	Module 5: Perform manicure and pedicure services
6	Module 6: Perform simple makeup services

7	Module 7: Provide simple hair dressing services to produce common hair dos
8	Module 8: Carry out application of simple mehendi designs
9	Module 9: Maintain Health and Safety of work area
10	Module 10: Create positive impression at workplace (client care and communication in beauty industry)